Psychiatry and Neurology (combined) programs must

annually report on **each** set of Milestones.



Psychiatry Milestones

The Accreditation Council for Graduate Medical Education



Implementation Date: July 1, 2021 Second Revision: March 2020 First Revision: November 2013



Neurology Milestones

The Accreditation Council for Graduate Medical Education



Implementation Date: July 1, 2021 Second Revision: December 2020 First Revision: July 2013



Psychiatry Milestones

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Implementation Date: July 1, 2021 Second Revision: March 2020 First Revision: November 2013

Psychiatry Milestones

The Milestones are designed only for use in evaluation of residents in the context of their participation in ACGME-accredited residency or fellowship programs. The Milestones provide a framework for the assessment of the development of the resident in key dimensions of the elements of physician competence in a specialty or subspecialty. They neither represent the entirety of the dimensions of the six domains of physician competence, nor are they designed to be relevant in any other context.

Psychiatry Milestones Work Group

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The ACGME would like to thank the following organizations for their continued support in the development of the Milestones:

American Association of Directors of Psychiatric Residency Training American Board of Psychiatry and Neurology American College of Osteopathic Neurologists and Psychiatrists American Osteopathic Board of Psychiatry and Neurology ACGME Review Committee for Psychiatry

Understanding Milestone Levels and Reporting

This document presents the Milestones, which programs use in a semi-annual review of resident performance, and then report to the ACGME. Milestones are knowledge, skills, attitudes, and other attributes for each of the ACGME Competencies organized in a developmental framework. The narrative descriptions are targets for resident performance throughout their educational program.

Milestones are arranged into levels. Tracking from Level 1 to Level 5 is synonymous with moving from novice to expert resident in the specialty or subspecialty. For each reporting period, the Clinical Competency Committee will review the completed evaluations to select the milestone levels that best describe each learner's current performance, abilities, and attributes for each subcompetency.

These levels *do not* correspond with post-graduate year of education. Depending on previous experience, a junior resident may achieve higher levels early in his/her educational program just as a senior resident may be at a lower level later in his/her educational program. There is no predetermined timing for a resident to attain any particular level. Residents may also regress in achievement of their milestones. This may happen for many reasons, such as over scoring in a previous review, a disjointed experience in a particular procedure, or a significant act by the resident.

Selection of a level implies the resident/fellow substantially demonstrates the milestones in that level, as well as those in lower levels (see the diagram on page vi).

Additional Notes

Level 4 is designed as a graduation *goal* but *does not* represent a graduation *requirement*. Making decisions about readiness for graduation and unsupervised practice is the purview of the program director. Furthermore, Milestones 2.0 include revisions and changes that preclude using Milestones as a sole assessment in high-stakes decisions (i.e., determination of eligibility for certification or credentialing). Level 5 is designed to represent an expert resident whose achievements in a subcompetency are greater than the expectation. Milestones are primarily designed for formative, developmental purposes to support continuous quality improvement for individual learners, education programs, and the specialty. The ACGME and its partners will continue to evaluate and perform research on the Milestones to assess their impact and value.

Examples are provided for some milestones within this document. Please note: the examples are not the required element or outcome; they are provided as a way to share the intent of the element.

Some milestone descriptions include statements about performing independently. These activities must occur in conformity to ACGME supervision guidelines as described in the Program Requirements, as well as to institutional and program policies. For example, a resident who performs a procedure independently must, at a minimum, be supervised through oversight.

A Supplemental Guide is also available to provide the intent of each subcompetency, examples for each level, assessment methods or tools, and other available resources. The Supplemental Guide, like examples contained within the Milestones, is designed only to assist the program director and Clinical Competency Committee, and is not meant to demonstrate any required element or outcome.

Additional resources are available in the <u>Milestones</u> section of the ACGME website. Follow the links under "What We Do" at <u>www.acgme.org</u>.

The diagram below presents an example set of milestones for one sub-competency in the same format as the ACGME Report Worksheet. For each reporting period, a resident's performance on the milestones for each sub-competency will be indicated by selecting the level of milestones that best describes that resident's performance in relation to those milestones.

Systems-based Practice 2: System Navigation for Patient Centered Care					
A: Coordinates patient c B: Safely transitions car					
	care to meet community n	eeds			
Level 1	Level 2	Level	3	Level 4	Level 5
Demonstrates knowledge of care coordination	Coordinates care of patients in routine clinical situations effectively utilizing the roles of the interprofessional teams	patier clinica effect roles	dinates care of nts in complex al situations ively utilizing the of their rofessional teams	Role models effective coordination of patient- centered care among different disciplines and specialties	Analyzes the process of care coordination and leads in the design and implementation of improvements
Identifies key elements for safe and effective transitions of care and handoffs	Performs safe and effective transitions of care/handoffs in routine clinical situations	effect care/	rms safe and ive transitions of nandoffs in complex al situations	Role models and serves as a patient advocate for safe and effective transitions of care/handoffs within and across healthcare delivery systems including outpatient settings	Improves quality of transitions of care within and across healthcare delivery systems to optimize patient outcomes
Demonstrates knowledge of population and community health needs and disparities	Identifies specific population and community health needs and inequities for their local population	Uses local resources effectively to meet the needs of a patient population and community		Participates in changing and adapting practice to provide for the needs of specific populations	Leads innovations and advocates for populations and communities with health care inequities
		Z			
Comments:				Not Yet	Completed Level 1
	/ \	_		<u></u>	
Selecting a respon	se box in the		Selecting a re	sponse box on the I	ine in
middle of a level im	plies that		between level	ls indicates that mile	stones
milestones in that l	evel and in lower		in lower levels	s have been substar	ntially
levels have been s	ubstantially		demonstrated	l as well as some	
demonstrated.			milestones in	the higher level(s).	

Version 2

Patient Care 1: Psychiate	ric Evaluation			
	es findings from the patient i	nterview and mental status	examination	
	es data from collateral source		Chammation	
	integrates risk assessment i			
Level 1	Level 2	Level 3	Level 4	Level 5
Collects general medical	Efficiently acquires an	Uses hypothesis-driven	Elicits and observes	
and psychiatric history	accurate and relevant	information gathering to	subtle and unusual	
and completes a mental	history and performs a	obtain complete,	findings	
status examination	targeted examination	accurate, and relevant		Serves as a role model
	customized to the	history		for gathering subtle and
	patient's presentation			accurate findings from
Collects relevant	Selects appropriate	Interprets collateral	Interprets collateral	the patient and collateral sources
information from	laboratory and diagnostic	information and test	information and test	sources
collateral sources	tests	results to determine	results to determine	
		necessary additional	necessary additional	
		steps	steps in the evaluation of	
			complex conditions	
Screens for risk of harm	Engages in a basic risk	Incorporates risk and	Incorporates risk and	Serves as a role model
to self, to others, or by	assessment and basic	protective factors into	protective factors into the	for risk assessment
others	safety planning	the assessment of	assessment of complex	
		imminent, short, and	patient presentations,	
		long-term patient	including eliciting	
		safety and the safety of others	information not readily offered by the patient	
Comments:				
				Completed Level 1
			Not Yet A	Assessable

Patient Care 2: Powehistr	ic Formulation and Differe	antial Diagnosia		
-	izes findings and generates	—		
		es and creates a formulation	1	
		ent as diagnostic information		
Level 1	Level 2	Level 3	Level 4	Level 5
Organizes and accurately summarizes information obtained from the patient evaluation to develop a clinical impression	Integrates information from the most relevant sources to develop a basic differential diagnosis for common patient presentations	Develops a thorough and prioritized differential diagnosis while avoiding premature closure for a range of patient presentations	Develops differential diagnoses in complex cases and incorporates subtle, unusual, or conflicting findings	Serves as a role model in the development of accurate and complete differential diagnoses and formulations
Recognizes that biological, psychosocial, and developmental/life cycle factors play a role in a patient's presentation	Identifies the biological, psychosocial, and developmental/life cycle factors that contribute to a patient's presentation	Synthesizes all information into a concise but comprehensive formulation, taking into account biological, psychosocial, and developmental/life cycle factors	Develops formulations based on multiple conceptual models	
Recognizes that clinicians have emotional responses to patients	Recognizes that clinicians' emotional responses have diagnostic value	Begins to use the clinician's emotional responses to the patient to aid formulation	Integrates clinician's and patient's emotional responses into the diagnosis and formulation	
Comments:				
				Completed Level 1

Level 1	Level 2			L	evel 3			Lev	el 4			L	_evel 5
Identifies potential biopsychosocial treatment options	Engages t the selecti evidence-t biopsycho treatment, that comor and side e treatment	on of based socia reco rbid c	ł I gnizing onditions	u p: ai co m	nd medi omorbid	nding ic, nei cal ities ii nent c	urologic,	trea com inte mod in a	itment nplex p grates	plan reser multi and	ntations; ple provider	p le n	Supervises treatment blanning of other earners and nultidisciplinary providers
Recognizes that acuity affects level of care and treatment monitoring	Selects the appropriat based on a monitors tr adherence	e leve acuity reatm	el of care and ent	ai in tr ac in ba of	commo	ite ons, is, and nts in on pre cons	d treatment sentations ideration	app inte trea adju in co bas	omplex ed on atient	e ons, s, and its in k pres consi	treatmer sentatior deration	าร	
Gives examples of community resources	Coordinate community			a	icorpora dvocacy eatment	grou		pati reso	ents to ources	com in co	nnects munity mplex iations	c a c	Participates in the creation or administration of community-based programs
				<u> </u>) (ſ				

Level 1	Level 2	Level 3	Level 4	Level 5
Establishes a working relationship with patients demonstrating interest and empathy	Establishes a bounded therapeutic alliance with patients with uncomplicated problems	Establishes and maintains a therapeutic alliance with patients with uncomplicated problems, and can recognize and avoid boundary violations	Establishes and maintains therapeutic alliance with patients with complicated problems, and can anticipate and appropriately manage boundary violations	Assesses and can help repair troubled alliances and/or boundary difficulties between junior residents and their patients
Lists the three core psychotherapies	Uses the common factors of psychotherapy in providing supportive therapy to patients	Provides selected psychotherapies (including supportive, psychodynamic, and cognitive-behavioral), sets goals and integrates therapy with other treatment modalities	Selects appropriate psychotherapeutic modality based on case formulation, tailors the therapy to the patient, and provides psychotherapy (at least supportive and one of psychodynamic or cognitive-behavioral) to complex patients	Tailors psychotherapeutic treatment based on awareness of own skill sets, strengths, and limitations
Accurately identifies patient emotions, particularly sadness, anger, and fear	Identifies and reflects the core feelings and key issues for the patient during the session	Identifies and reflects the core feelings, key issues and what the issues mean to the patient during the session, while managing the emotional content and feelings elicited	Identifies and reflects the core feelings, key issues, and what the issues mean to the patient within and across sessions	Links feelings, recurrent/central themes/schemas and their meaning to the patient as they shift within and across sessions

Level 1	Level 2	nent Level 3	Level 4	Level 5
Lists commonly used somatic therapies and their indications to target specific psychiatric symptoms	Appropriately prescribes commonly used somatic therapies and understands their mechanism of action	Researches, cites, and starts to apply the evidence base when developing treatment plans that include somatic therapies	Consistently applies the evidence base when developing treatment plans that include somatic therapies, including with complex or treatment-refractory cases	Manages complex combinations of somatic therapies and considers novel approaches
Reviews with the patient general indications and common adverse effects for commonly prescribed drugs and other somatic treatments	Appropriately uses educational and other resources to support the patient and optimize understanding and adherence	Explains mechanisms of action and the body's response to commonly prescribed drugs and other somatic treatments (including drug metabolism) to patients/families	Explains less common somatic treatment choices to patients/families in terms of proposed mechanisms of action, potential risks and benefits, and the evidence base	Leads the development of novel patient educational processes or materials
Lists key baseline assessments necessary before initiating somatic treatments to ensure patient safety	Obtains baseline assessments necessary before initiating treatment with commonly used somatic therapies	Monitors relevant assessments and adverse effects throughout treatment and incorporates findings from the literature into treatment strategy	Manages adverse effects and safety concerns in complex or treatment refractory cases	Incorporates new developments in the evidence base into treatment to optimize safety, minimize adverse effects, and improve response

Patient Care 6: Clinical (Consultation			
Level 1	Level 2	Level 3	Level 4	Level 5
Respectfully requests a consultation	Clearly and concisely requests a consultation	Applies consultant recommendations judiciously to patient care	Critically appraises and integrates diverse recommendations	Contributes to identifying and rectifying flaws of consultation system
Respectfully receives a consultation request	Clearly and concisely responds to a consultation request	Assists consulting team in identifying unrecognized clinical care issues and provides relevant recommendations, checking for understanding	Manages complicated and challenging consultation requests	Leads consultation- liaison psychiatry teams
	Demonstrates understanding of the consultation model, including liaison function	Demonstrates understanding of models of integrated multidisciplinary mental health and primary care	Collaborates skillfully with practitioners from other disciplines in medical settings	Serves as a leader of integrated care teams or implementation projects
Comments:				Completed Level 1

Version 2

Development and Develo A: Knowledge of human d	evelopment through the Li opment on the Expression evelopment ical and environmental influe	of Psychopathology)	pact of Psychopathology	on the Trajectory of
Level 1	Level 2	Level 3	Level 4	Level 5
Conceptualizes development as occurring in stages throughout the life cycle	Describes the basic stages of typical biological, sociocultural, sexual, and cognitive development throughout the life cycle	Explains developmental tasks and transitions throughout the life cycle, using multiple conceptual models	Articulates an integrated understanding of typical development	Incorporates new knowledge into own understanding of typical and atypical development
Recognizes major deviations from typical development	Gives examples of biological, psychological, sociocultural, cognitive, and sexual factors that contribute to a shift towards an atypical developmental trajectory	Describes the influence of biological, psychological, sociocultural, cognitive, and sexual factors on atypical personality development and psychopathology	Describes how acquiring and losing specific capacities can influence the expression of psychopathology	
Comments:				Completed Level 1

Version 2

 Medical Knowledge 2: Psychopathology (includes Knowledge of Diagnostic Criteria, Epidemiology, Pathophysiology, Course of Illness, Comorbidities, and Differential Diagnosis of Psychiatric Disorders, including Substance Use Disorders and Presentation of Psychiatric Disorders across the Life Cycle and in Diverse Patient Populations) A: Knowledge to identify and treat psychiatric conditions B: Knowledge at the interface of psychiatry and the rest of medicine 							
Level 1	Level 2	Level 3	Level 4	Level 5			
Identifies the major psychiatric diagnostic categories	Demonstrates sufficient knowledge to identify and assess common psychiatric conditions	Demonstrates sufficient knowledge to identify and treat common psychiatric conditions throughout the life cycle	Demonstrates sufficient knowledge to identify and treat atypical and complex psychiatric conditions throughout the life cycle				
Gives examples of interactions between medical and psychiatric symptoms and disorders	Demonstrates sufficient knowledge to identify common medical conditions in psychiatric patients	Applies knowledge to identify and treat common psychiatric symptoms due to other medical illness	Applies knowledge to identify and treat a wide range of psychiatric conditions in patients with comorbid medical disorders and ensures treatment of medical conditions in psychiatric patients	Applies knowledge to identify and manage uncommon conditions at the interface of psychiatry and medicine			
Comments:	Comments: Not Yet Completed Level 1						

and Relevant Neuroscier A: Neurodiagnostic and ne B: Neuropsychiatric comor			ogy, Neuropsychiatry, Ne	urodiagnostic Testing,
Level 1	Level 2	Level 3	Level 4	Level 5
Lists commonly available neuroimaging, neurophysiologic, and neuropsychological tests	Describes indications for common neuroimaging, neurophysiologic, and neuropsychological tests	Identifies the significance of findings in routine neuroimaging, neurophysiologic, and neuropsychological tests	Correlates the significance of neuroimaging, neurophysiological, and neuropsychological testing results to case formulation and treatment planning	Integrates recent neuroimaging, neurophysiologic, and neuropsychological tests research into understanding of psychopathology
Describes basic components and functions of the nervous system	Describes major neurobiological processes underlying common psychiatric illness	Explains how neurobiological processes are included in a case formulation	Correlates neurobiological processes into case formulation and treatment planning	Engages in scholarly activity related to neuroscience and psychiatric disorders
Describes basic features of common neurologic disorders	Describes with the interplay between psychiatric and neurologic disorders	Identifies common comorbidities of between psychiatric and neurologic disorders	Synthesizes knowledge of psychiatric and neurologic comorbidities for case formulation and treatment	Integrates recent research into understanding of the interface between neurology and psychiatry
Comments:				Completed Level 1

Medical Knowledge 4: Ps A: Fundamentals B: Practice and indications C: Evidence base							
Level 1	Level 2	Level 3	Level 4	Level 5			
Identifies psychotherapy as an effective modality of treatment	Describes the common elements across psychotherapeutic modalities	Identifies the central theoretical principles across the three core psychotherapeutic modalities: supportive, psychodynamic, cognitive-behavioral	Explains the theoretical mechanisms of therapeutic change in each of the three core modalities	Incorporates new theoretical developments into knowledge base			
Describes the basic framework of a psychotherapeutic experience	Lists the basic indications and benefits of using psychotherapy	Identifies the techniques of the three core individual psychotherapies	Compares the selection criteria and potential risks, and benefits of the three core individual psychotherapies	Demonstrates sufficient evidence-based knowledge of core individual therapies to teach others			
Lists the three core psychotherapy modalities	Describes the evidence for one core psychotherapy modality	Summarizes the evidence base for the three core individual psychotherapies	Analyzes the evidence base for combining psychotherapy and pharmacotherapy				
Comments:	Comments: Not Yet Completed Level 1						

Systems-Based Practice A: Analyzes patient safety B: Appropriately discloses C: Participates in quality in	patient safety events	lity Improvement				
Level 1	Level 2	Level 3	Level 4	Level 5		
Demonstrates knowledge of common patient safety events	Identifies system factors that lead to patient safety events	Participates in analysis of patient safety events (simulated or actual)	Conducts analysis of patient safety events and offers error prevention strategies (simulated or actual)	Actively engages teams and processes to improve systems to prevent patient safety events		
Demonstrates knowledge of how to report patient safety events	Reports patient safety events through institutional reporting systems (simulated or actual)	Participates in disclosure of patient safety events to patients and families (simulated or actual)	Discloses patient safety events to patients and families (simulated or actual)	Role models or mentors others in the disclosure of patient safety events		
Demonstrates knowledge of basic quality improvement methodologies and metrics	Describes local quality improvement initiatives (e.g., reduced restraint rates, falls risk, suicide rates)	Participates in local quality improvement initiatives	Demonstrates the skills required to identify, develop, implement, and analyze a quality improvement project	Creates, implements, and assesses quality improvement initiatives at the institutional or community level		
Comments:	Comments:					

Systems-Based Practice 2: System Navigation for Patient-Centered Care A: Coordinates patient care B: Safely transitions care C: Population and community health needs						
Level 1	Level 2	Level 3	Level 4	Level 5		
Demonstrates knowledge of care coordination	Coordinates care of patients in routine clinical situations effectively using the roles of the interprofessional teams	Coordinates care of patients in complex clinical situations effectively using the roles of their interprofessional teams	Role models effective coordination of patient- centered care among different disciplines and specialties	Analyzes the process of care coordination and leads in the design and implementation of improvements		
Identifies key elements for safe and effective transitions of care and hand-offs	Performs safe and effective transitions of care/hand-offs in routine clinical situations	Performs safe and effective transitions of care/hand-offs in complex clinical situations	Role models and serves as a patient advocate for safe and effective transitions of care/hand- offs within and across health care delivery systems including outpatient settings	Improves quality of transitions of care within and across health care delivery systems to optimize patient outcomes		
Demonstrates knowledge of population and community health needs and disparities	Identifies specific population and community health needs and inequities for their local population	Uses local resources effectively to meet the needs of a patient population and community	Participates in changing and adapting practice to provide for the needs of specific populations	Leads innovations and advocates for populations and communities with health care inequities		
Comments:			Not Yet (Completed Level 1		

B: Health care financing and advocacy C: Transition to practice						
Level 1	Level 2	Level 3	Level 4	Level 5		
Identifies key components of the complex health care system	Describes how components of a complex health care system are interrelated, and how this impacts patient care	Discusses how individual practice affects the broader system	Manages various components of the complex health care system to provide high- value, efficient, and effective patient care and transition of care	Advocates for or leads systems change that enhances high-value, efficient, and effective patient care and transition of care		
Describes practice models and basic mental health payment systems	Identifies barriers to care in different health care systems	Engages with patients in shared decision making and advocates for appropriate care and parity	Advocates for patient care needs including mobilizing community resources	Participates in advocacy activities for access to care in mental health and reimbursement		
Identifies basic knowledge domains for effective transition to residency	Demonstrates use of information technology and documentation required for medical practice	Describes core administrative knowledge needed for transition to practice	Analyzes individual practice patterns and professional requirements in preparation for practice	Educates others to prepare them for transition to practice		

Practice-Based Learning and Improvement 1: Evidence-Based and Informed Practice					
Level 1	Level 2	Level 3	Level 4	Level 5	
Demonstrates how to access and summarize available evidence for routine conditions	Articulates clinical questions and initiates literature searches to provide evidence-based care	Locates and applies the best available evidence to the care of patients applying a hierarchy of evidence	Critically appraises and applies evidence even in the face of uncertainty and conflicting evidence to guide care, tailored to the individual patient	Coaches others to critically appraise and apply evidence for complex patients; and/or participates in the development of guidelines	
Comments:			Not Yet	Completed Level 1	

Level 1	Level 2	Level 3	Level 4	Level 5
Accepts responsibility for personal and professional development by establishing goals	Demonstrates openness to performance data (feedback and other input) in order to inform goals	Seeks performance data episodically, with openness and humility	Intentionally seeks performance data consistently with openness and humility	Role models consistently seeking performance data with openness and humility
Identifies the factors which contribute to gap(s) between one's expected and actual performance	Analyzes and reflects on the factors which contribute to gap(s) between one's expected and actual performance	Analyzes, reflects on, and institutes behavioral change(s) to narrow the gap(s) between one's expected and actual performance	Challenges one's own assumptions and considers alternatives in narrowing the gap(s) between their expected and actual performance	Coaches others on reflective practice
Actively seeks opportunities to improve	Designs and implements a learning plan, with prompting	Independently creates and implements a learning plan	Uses performance data to measure the effectiveness of the learning plan and when necessary, improves it	Facilitates the design and implementation of learning plans for others

Professionalism 1: Professional Behavior and Ethical Principles										
Level 1	Level 2	L	evel 3			Level 4		Level 5		
Identifies and describes core professional behavior	Demonstrates professional behavior routine situations	rin pi co		ites al behavior i ^r stressful	n	Recognizes situa that may trigger professionalism and intervenes to prevent lapses in and others	apses		lels nal behavic al principles	
Recognizes that one's behavior in professional settings affects others	Takes responsibility f own professionalism lapses and responds appropriately	tc p o st c	appropri rofession thers, incl	for addressir	in	Responds appro to professionalis lapses of colleag	m	address s factors th exacerba	or impede	el r
Demonstrates knowledge of core ethical principles	Analyzes straightforw situations using ethic principles	al si pi re	rinciples a	using ethical		Recognizes and appropriate reso managing and re ethical dilemmas needed. (e.g., et consultations, lite review, risk management/leg consultation)	urces for esolving as hics erature			
) (
Comments:							Not Yet	Completed	Level 1	

Level 1	Level 2	Level 3	Level 4	Level 5
Takes responsibility to complete tasks and responsibilities, identifies potential contributing factors for lapses, and describes strategies for ensuring timely task completion in the future	Performs tasks and responsibilities in a timely manner with appropriate attention to detail in routine situations	Performs tasks and responsibilities in a timely manner with appropriate attention to detail in complex or stressful situations	Recognizes when others are unable to complete tasks and responsibilities in a timely manner and assists in problem solving	Takes ownership of system outcomes
Introduces self as patient's resident physician	Accepts the role of the patient's physician and takes responsibility (under supervision) for ensuring that the patient receives the best possible care	Is recognized by self, patient, patient's family, and medical staff members as the patient's primary psychiatric provider	Displays increasing autonomy and leadership in taking responsibility for ensuring the patients receive the best possible care	Serves as a role model in demonstrating responsibility for ensuring that patients receive the best possible care

Level 1	Level 2	Level 3	Level 4	Level 5
Recognizes the mportance of addressing personal and professional well-being	Lists available resources for personal and professional well-being Describes institutional	With assistance, proposes a plan to promote personal and professional well-being	Independently develops a plan to promote personal and professional well-being	Creates institutional leve interventions that promote colleagues' well-being
	resources designed to promote well-being	Recognizes which institutional factors affect well-being	Describes institutional factors that positively and/or negatively affect well-being	Describes institutional programs designed to examine systemic contributors to burnout

e of factors that affect well-being, the mechanisms by which those factors affect well-being, and available resources and tools to improve well-being.

Interpersonal and Communication Skills 1: Patient- and Family-Centered Communication					
Level 1	Level 2	Level 3	Level 4	Level 5	
Uses language and nonverbal communication to demonstrate empathic curiosity, respect, and to establish rapport	Establishes a therapeutic relationship in straightforward encounters using active listening and clear language	Establishes a therapeutic relationship in challenging patient encounters; uses nonverbal communication skills effectively	Effectively establishes and sustains therapeutic relationships, with attention to patient/family concerns and context, regardless of complexity	Mentors others in situational awareness and critical self-reflection to consistently develop positive therapeutic relationships	
Identifies common barriers to effective communication; accurately communicates own role within the health care system	Identifies complex barriers to effective communication	When prompted, reflects on personal biases that may contribute to communication barriers	Independently recognizes personal biases and attempts to proactively minimize their contribution to communication barriers	Role models self- awareness practice while identifying and teaching a contextual approach to minimize communication barriers	
Recognizes communication strategies may need to be adjusted based on clinical context	Organizes and initiates communication with patient/family by introducing stakeholders, setting the agenda, clarifying expectations, and verifying understanding of the clinical situation	With guidance, sensitively and compassionately delivers medical information, elicits patient/family values, goals and preferences; acknowledges uncertainty and conflict	Independently, uses shared decision making to align patient/family values, goals, and preferences with treatment options to make a personalized care plan	Role models shared decision making in patient/family communication including those with a high degree of uncertainty/conflict	
Comments:			Not Yet	Completed Level 1	

Level 1	Level 2	Level 3	Level 4	Level 5
Uses language that values all members of the health care team	Communicates information effectively with all health care team members	Uses active listening to adapt communication style to fit team needs	Coordinates recommendations from different members of the health care team to optimize patient care	Role models flexible communication strategies that value input from all health care team members, resolving conflict when needed
Recognizes the need for ongoing feedback with the health care team	Solicits feedback on performance as a member of the health care team	Communicates concerns and provides feedback to peers and learners	Respectfully communicates feedback and constructive criticism to superiors	Facilitates regular health care team-based feedback in complex situations

Interpersonal and Communication Skills 3: Communication within Health Care Systems					
Level 1	Level 2	Level 3	Level 4	Level 5	
Accurately records information in the patient record	Demonstrates organized diagnostic and therapeutic reasoning through notes in the patient record	Concisely reports diagnostic and therapeutic reasoning in the patient record	Communicates clearly and concisely, in an organized written form, including anticipatory guidance	Contributes to departmental or organizational initiatives to improve communication systems	
Safeguards patient personal health information	Uses documentation shortcuts accurately and appropriately to enhance efficiency of communication	Appropriately selects forms of communication based on context	Achieves written or verbal communication that serves as an example for others to follow		
Communicates about administrative issues through appropriate channels, as required by institutional policy	Respectfully communicates concerns about the system	Uses appropriate channels to offer clear and constructive suggestions to improve the system	Initiates difficult conversations with appropriate stakeholders to improve the system	Facilitates dialogue regarding systems issues among larger community stakeholders	
Comments:			Not Yet (Completed Level 1	



Neurology Milestones

The Accreditation Council for Graduate Medical Education



Implementation Date: July 1, 2021 Second Revision: December 2020 First Revision: July 2013

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Neurology Milestones

Work Group

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Level 4 is designed as a graduation *goal* but *does not* represent a graduation *requirement*. Making decisions about readiness for graduation and unsupervised practice is the purview of the program director. Furthermore, Milestones 2.0 include revisions and changes that preclude using Milestones as a sole assessment in high-stakes decisions (i.e., determination of eligibility for certification or credentialing). Level 5 is designed to represent an expert resident whose achievements in a subcompetency are greater than the expectation. Milestones are primarily designed for formative, developmental purposes to support continuous quality improvement for individual learners, education programs, and the specialty. The ACGME and its partners will continue to evaluate and perform research on the Milestones to assess their impact and value.

Examples are provided for some milestones within this document. Please note: the examples are not the required element or outcome; they are provided as a way to share the intent of the element.

Some milestone descriptions include statements about performing independently. These activities must occur in conformity to ACGME supervision guidelines as described in the Program Requirements, as well as to institutional and program policies. For example, a resident who performs a procedure independently must, at a minimum, be supervised through oversight.

A Supplemental Guide is also available to provide the intent of each subcompetency, examples for each level, assessment methods or tools, and other available resources. The Supplemental Guide, like examples contained within the Milestones, is designed only to assist the program director and Clinical Competency Committee, and is not meant to demonstrate any required element or outcome.

Additional resources are available in the <u>Milestones</u> section of the ACGME website. Follow the links under "What We Do" at <u>www.acgme.org</u>.

The diagram below presents an example set of milestones for one sub-competency in the same format as the ACGME Report Worksheet. For each reporting period, a resident's performance on the milestones for each sub-competency will be indicated by selecting the level of milestones that best describes that resident's performance in relation to those milestones.

Systems-based Practice 1: Patient Safety and Quality Improvement					
Level 2	Level 3	Level 4	Level 5		
Identifies system factors that lead to patient safety events	Participates in analysis of patient safety events (simulated or actual)	Conducts analysis of patient safety events and offers error prevention strategies (simulated or actual)	Actively engages teams and processes to modify systems to prevent patient safety events		
Reports patient safety events through institutional reporting systems (simulated or actual)	Participates in disclosure of patient safety events to patients and families (simulated or actual)	Discloses patient safety events to patients and families (simulated or actual)	Role models or mentors others in the disclosure of patient safety events		
Describes local quality improvement initiatives (e.g., community vaccination rate, infection rate, smoking cessation)	Participates in local quality improvement initiatives	Demonstrates skills required to identify, develop, implement, and analyze a quality improvement project	Designs,, implements, and assesses quality improvement initiatives at the institutional or community level		
Comments: Not Yet Completed Level 1					
Selecting a response box in the middle of a level implies that milestones in that level and in lower levels have been substantially		between levels ind in lower levels hav demonstrated as v			
	Level 2 Identifies system factors that lead to patient safety events Reports patient safety events through institutional reporting systems (simulated or actual) Describes local quality improvement initiatives (e.g., community vaccination rate, infection rate, smoking cessation) nse box in the mplies that I level and in lower	Level 2Level 3Identifies system factors that lead to patient safety eventsParticipates in analysis of patient safety events (simulated or actual)Reports patient safety events through institutional reporting systems (simulated or actual)Participates in disclosure of patient safety events to patients and families (simulated or actual)Describes local quality improvement initiatives (e.g., community vaccination rate, infection rate, smoking cessation)Participates in local quality improvement initiativesnse box in the mplies that clevel and in lowerImage: State st	Level 2Level 3Level 4Identifies system factors that lead to patient safety eventsParticipates in analysis of patient safety events (simulated or actual)Conducts analysis of patient safety events and offers error prevention strategies (simulated or actual)Reports patient safety events through institutional reporting systems (simulated or actual)Participates in disclosure of patient safety events to patient safety events to patient safety events to patients and families (simulated or actual)Discloses patient safety events to patients and families (simulated or actual)Describes local quality improvement initiatives (e.g., community vaccination rate, infection rate, smoking cessation)Participates in local quality improvement initiativesDemonstrates skills required to identify, develop, implement, and analyze a quality improvement projectNot Yet C setween levels ind inleven levels and in lowerNot Yet C setween levels ind in lower levels have		

Patient Care 1: History						
Level 1	Level 2	Level 3	Level 4	Level 5		
Obtains a basic neurologic history	Obtains a complete and relevant neurologic history	Obtains an organized neurologic history, including collateral information as appropriate	Efficiently obtains an organized hypothesis- driven neurologic history	Serves as a role model in obtaining a hypothesis- driven neurologic history		
Comments:	Comments: Not Yet Completed Level 1					

Patient Care 2: Neurologic Exam				
Level 1	Level 2	Level 3	Level 4	Level 5
Performs some components of a neurologic exam	Performs a standard neurologic exam accurately	Performs a relevant neurologic exam incorporating additional appropriate maneuvers	Performs a hypothesis- driven neurologic exam	Serves as a role model for performing a hypothesis-driven, complete, relevant, and organized neurologic exam
Comments: Not Yet Completed Level 1				

Patient Care 3: Formulation					
Level 1	Level 2	Level 3	Level 4	Level 5	
Summarizes history and exam findings	Generates a broad differential diagnosis based on history, exam, and localization	Synthesizes relevant information to focus and prioritize diagnostic possibilities	Continuously reconsiders diagnosis in response to changes in clinical circumstances and available data	Serves as a role model for clinical reasoning by demonstrating sophisticated formulation in complex presentations	
Comments: Not Yet Completed Level 1 Not Yet Assessable					

Patient Care 4: Diagnosis and Management of Neurologic Disorders in the Outpatient Setting				
Level 1	Level 2	Level 3	Level 4	Level 5
Identifies typical presentations of commonly encountered neurologic conditions	Diagnoses commonly encountered neurologic conditions	Identifies atypical presentations of commonly encountered neurologic conditions	Diagnoses uncommon neurologic conditions	Identifies atypical presentations of uncommon neurologic conditions
	Develops an initial treatment plan for commonly encountered neurologic disorders	Individualizes management and follow- up plan for commonly encountered neurologic disorders, considering risks, benefits, and non- pharmacologic strategies	Adapts management plan based upon patient response and complications of therapy; identifies when to change acuity of care	Longitudinally manages uncommon neurologic conditions
Comments: Not Yet Completed Level 1				

Patient Care 5: Diagnosis and Management of Neurologic Disorders in the Inpatient Setting				
Level 1	Level 2	Level 3	Level 4	Level 5
Identifies typical presentations of commonly encountered neurologic conditions	Diagnoses commonly encountered neurologic conditions	Identifies atypical presentations of commonly encountered neurologic conditions	Diagnoses uncommon neurologic conditions	Identifies atypical presentations of uncommon neurologic conditions
	Develops an initial treatment plan for commonly encountered neurologic disorders	Individualizes management plan, ensuring the appropriate level of care throughout hospitalization and upon discharge	Adapts management plan based upon treatment response, disease progression, and complications of therapy	Leads the management of patients with complex and uncommon neurologic conditions
Comments: Not Yet Completed Level 1				

Patient Care 6: Diagnosis and Management of Neurologic Emergencies				
Level 1	Level 2	Level 3	Level 4	Level 5
Describes the typical presentation of neurologic emergencies	Recognizes when a patient's presentation is a neurologic emergency	Diagnoses neurologic emergencies, using appropriate diagnostic testing	Re-appraises diagnostic considerations based on treatment response, disease progression, and complications of therapy	Serves as a role model for management of neurologic emergencies
Seeks assistance and conveys pertinent details during a neurologic emergency	Initiates management for a neurologic emergency	Manages patients with common neurologic emergencies	Manages complex neurologic emergencies	
Comments: Not Yet Completed Level 1				

Patient Care 7: Determination of Death by Neurologic Criteria					
Level 1	Level 2	Level 3	Level 4	Level 5	
Demonstrates knowledge of medical and legal significance of death by neurologic criteria	Lists the components for determining death by neurologic criteria	Describes supplemental testing used to determine death by neurologic criteria	Accurately performs determination of death by neurologic criteria	Educates others in the determination of death by neurologic criteria, including appropriate use of supplemental testing, as well as controversies	
Comments:				ompleted Level 1	

Patient Care 8: Interpretation of Neuroimaging				
Level 1	Level 2	Level 3	Level 4	Level 5
Identifies basic neuroanatomy on brain and vascular anatomy of the head and neck magnetic resonance (MR) and computed tomography (CT)	Identifies major abnormalities of the brain and cerebrovascular system on MR and CT Identifies basic anatomy of the spine and spinal cord on MR and CT	Interprets typical abnormalities of the brain and cerebrovascular system on MR and CT Identifies abnormalities of the spine and spinal cord on MR and CT	Interprets subtle abnormalities of brain and cerebrovascular system on MR and CT Interprets MR and CT of the spine	Interprets advanced neuroimaging
Comments:				ompleted Level 1

Patient Care 9: Electroencephalogram (EEG)					
Level 1	Level 2	Level 3	Level 4	Level 5	
Identifies patients for whom EEG is appropriate	Recognizes normal EEG features, including common artifacts, in children and adults	Recognizes patterns of status epilepticus, normal EEG variants, and common abnormalities in children and adults	Interprets common EEG abnormalities and patterns that could represent status epilepticus	Interprets uncommon EEG abnormalities and creates a report	
Comments:			Not Yet Co Not Yet As	ompleted Level 1	

Patient Care 10: Nerve Conduction Study/Electromyogram (NCS/EMG)				
Level 1	Level 2	Level 3	Level 4	Level 5
Identifies patients for whom NCS/EMG is appropriate	Identifies NCS/EMG findings for common disorders	Correlates NCS/EMG results to patient presentation, including identification of potential study limitations	Formulates basic NCS/EMG plan and interprets data for common clinical presentations	Performs, interprets, and creates a report for NCS/EMG
Comments:				ompleted Level 1

Patient Care 11: Lumbar Puncture				
Level 1	Level 2	Level 3	Level 4	Level 5
Lists the indications, contraindications, and complications for lumbar puncture	Performs lumbar puncture under direct supervision	Performs lumbar puncture without direct supervision and manages complications	Performs lumbar puncture on patients with challenging anatomy	Performs lumbar puncture using image guidance
Comments:			Not Yet C Not Yet A	ompleted Level 1

Patient Care 12: Psychiatric and Functional Aspects of Neurology					
Level 1	Level 2	Level 3	Level 4	Level 5	
Recognizes contributions of common psychiatric disorders and their treatment to neurologic diseases	Develops a treatment plan that considers psychiatric comorbidities and side effects of psychiatric medications	Accurately differentiates psychiatric or functional contributions to neurologic symptoms	Leads a discussion with a patient and/or caregiver that explains the psychiatric or functional contribution to the patient's neurologic symptoms	Develops a shared management plan that addresses the psychiatric or functional contribution to neurologic symptoms	
Comments:			Not Yet C Not Yet A	ompleted Level 1	

Medical Knowledge 1: Localization					
Level 1	Level 2	Level 3	Level 4	Level 5	
Recognizes the role of localization in neurologic diagnosis	Localizes lesions to general regions of the nervous system	Localizes lesions to specific regions of the nervous system	Localizes lesions to discrete structures of the nervous system	Consistently demonstrates sophisticated and detailed knowledge of neuroanatomy in localizing lesions	
Comments:				ompleted Level 1	

Medical Knowledge 2: Diagnostic Investigation				
Level 1	Level 2	Level 3	Level 4	Level 5
Discusses a general diagnostic approach appropriate to clinical presentation	Lists indications, contraindications, risks, and benefits of diagnostic testing	Prioritizes and interprets diagnostic tests appropriate to clinical urgency and complexity	Uses complex diagnostic approaches in uncommon situations	Demonstrates sophisticated knowledge of diagnostic testing and controversies
Comments: Not Yet Completed Level 1				

Systems-Based Practice 1: Patient Safety					
Level 1	Level 2	Level 3	Level 4	Level 5	
Demonstrates knowledge of commonly reported patient safety events	Identifies system factors that lead to patient safety events	Participates in analysis of patient safety events	Conducts analysis of patient safety events and offers error prevention strategies	Actively engages teams and processes to modify systems to prevent patient safety events	
Demonstrates knowledge of how to report patient safety events	Reports patient safety events through institutional reporting systems	Participates in disclosure of patient safety events to patients and patients' families	Discloses patient safety events to patients and patients' families	Role models or mentors others in the disclosure of patient safety events	
Comments:	Comments:				

Systems-Based Practice 2: Quality Improvement				
Level 1	Level 2	Level 3	Level 4	Level 5
Demonstrates knowledge of basic quality improvement methodologies and metrics	Describes local quality improvement initiatives (e.g., community vaccination rate, infection rate, smoking cessation)	Participates in local quality improvement initiatives	Demonstrates the skills required to identify, develop, implement, and analyze a quality improvement project	Creates, implements, and assesses quality improvement initiatives at the institutional or community level
Comments:			Not Yet C	ompleted Level 1

Level 1	Level 2	Level 3	Level 4	Level 5
Demonstrates knowledge of care coordination	Coordinates care of patients in routine clinical situations effectively using the roles of the interprofessional team members	Coordinates care of patients in complex clinical situations effectively using the roles of the interprofessional team members	Role models effective coordination of patient- centered care among different disciplines and specialties	Improves quality of transitions of care within and across health care delivery systems to
Performs safe and effective transitions of care/hand-offs in routine clinical situations	Performs safe and effective transitions of care/hand-offs in complex clinical situations	Supervises transitions of care by other team members	Role models safe and effective transitions of care/hand-offs within and across health care delivery systems, including outpatient settings	optimize patient outcomes
Demonstrates knowledge of population and community health needs and disparities	Identifies specific population and community health needs and inequities for the local population and community	Effectively uses local resources to meet the needs of a patient population and community	Adapts practice to provide for the needs of specific populations	Leads innovations in adapting practice and systems for populations and communities with health care disparities

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Systems-Based Practice 4: Physician Role in Health Care Systems				
Level 1	Level 2	Level 3	Level 4	Level 5
Describes basic health care payment systems, (e.g., government, private, public, uninsured care) and practice models	Delivers patient-centered care, considering the patient's economic constraints	Engages with patients in shared decision making, informed by each patient's payment models	Uses available resources to promote optimal patient care (e.g., community resources, patient assistance resources) considering each patient's payment model	Advocates for systems change that enhances high-value, efficient, and effective patient care
Identifies basic knowledge domains for effective transition to practice (e.g., information technology, legal, billing and coding, financial, personnel)	Demonstrates use of information technology required for medical practice (e.g., electronic health record, documentation required for billing and coding)	Consistently demonstrates timely and accurate documentation, including coding and billing requirements	Implements changes in individual practice patterns in response to professional requirements and in preparation for practice	Educates others to prepare them for transition to practice
Comments: Not Yet Completed Level 1				

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Practice-Based Learning and Improvement 1: Evidence-Based and Informed Practice				
Level 1	Level 2	Level 3	Level 4	Level 5
Demonstrates how to access and use available evidence, and to incorporate patient preferences and values to care for a routine patient	Articulates clinical questions and elicits patient preferences and values to guide evidence- based care	Locates and applies the best available evidence, integrated with patient preference, to the care of complex patients	Critically appraises and applies evidence, even in the face of uncertainty, and interprets conflicting evidence to guide care, tailored to the individual patient	Coaches others to critically appraise and apply evidence for complex patients, and/or participates in the development of guidelines
Comments: Not Yet Completed Level 1				

Level 1	Level 2	Level 3	Level 4	Level 5
Accepts responsibility for personal and professional development by establishing goals	Demonstrates openness to performance data (feedback and other input) to inform goals	Seeks performance data sporadically, with adaptability and humility	Seeks performance data consistently	Role models seeking performance data, with adaptability and humility
Identifies the factors that contribute to gap(s) between expectations and actual performance	Analyzes and reflects on the factors that contribute to gap(s) between expectations and actual performance	Institutes behavioral change(s) to narrow the gap(s) between expectations and actual performance	Challenges assumptions and considers alternatives in narrowing the gap(s) between expectations and actual performance	Coaches others on reflective practice
Actively seeks opportunities to improve	Designs and implements a learning plan, with prompting	Independently creates and implements a learning plan	Uses performance data to measure the effectiveness of the learning plan, and, when necessary, improves it	Facilitates the design and implementation of learning plans for others

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Level 1	Level 2	Level 3	Level 4	Level 5
Identifies and describes potential triggers for professionalism lapses and how to report	Demonstrates insight into professional behavior in routine situations and takes responsibility	Demonstrates professional behavior in complex or stressful situations	Intervenes to prevent professionalism lapses in oneself and others	Coaches others when their behavior fails to meet professional expectations
Demonstrates knowledge of ethical principles related to patient care	Analyzes straightforward situations using ethical principles	Analyzes complex situations using ethical principles	Recognizes and uses appropriate resources for managing and resolving ethical dilemmas as needed	Identifies and seeks to address system-level factors that induce or exacerbate ethical problems or impede their resolution

Professionalism 2: Accountability/Conscientiousness				
Level 1	Level 2	Level 3	Level 4	Level 5
Takes responsibility for failure to complete tasks and responsibilities, identifies potential contributing factors, and describes strategies for ensuring timely task completion in the future	Performs tasks and responsibilities in a timely manner with appropriate attention to detail in routine situations	Performs tasks and responsibilities in a timely manner with appropriate attention to detail in complex or stressful situations	Recognizes situations in which one's own behavior may impact others' ability to complete tasks and responsibilities in a timely manner	Develops or implements strategies to improve system-wide problems to improve ability for oneself and others to complete tasks and responsibilities in a timely fashion
Responds promptly to requests or reminders to complete tasks and responsibilities	Recognizes situations that may impact own ability to complete tasks and responsibilities in a timely manner	Proactively implements strategies to ensure that the needs of patients, teams, and systems are met		
Comments:				

Professionalism 3: Well-	Being			
Level 1	Level 2	Level 3	Level 4	Level 5
Recognizes sense of personal and professional well-being, with assistance	Independently recognizes status of personal and professional well-being	With assistance, proposes a plan to optimize personal and professional well-being	Independently develops a plan to optimize personal and professional well-being	Coaches others when emotional responses or limitations in knowledge/ skills do not meet professional expectations
Comments:				ompleted Level 1

factors that affect well-being, the mechanisms by which those factors affect well-being, and available resources and tools to improve well-being.

Interpersonal and Communication Skills 1: Patient- and Family-Centered Communication				
Level 1	Level 2	Level 3	Level 4	Level 5
Uses language and non- verbal behavior to demonstrate respect and establish rapport	Establishes a therapeutic relationship in straightforward encounters using active listening and clear language	Establishes a therapeutic relationship in challenging patient encounters	Easily establishes therapeutic relationships, with attention to the patient's/patient's family's concerns and context, regardless of complexity	Mentors others in situational awareness and critical self-reflection to consistently develop positive therapeutic relationships
Identifies the need to individualize communication strategies based on the patient's/patient's family's expectations and understanding	Communicates compassionately with the patient/patient's family to clarify expectations and verify understanding of the clinical situation	Communicates medical information in the context of the patient's/patient's family's values, uncertainty and conflict	Uses shared decision making to align the patient's/patient's family's values, goals, and preferences with treatment options	Role models shared decision making in the context of the patient's/patient's family's values, uncertainty and conflict
Comments:				

Interpersonal and Comn	nunication Skills 2: Barrier	and Bias Mitigation		
Level 1	Level 2	Level 3	Level 4	Level 5
Identifies common barriers to effective patient care (e.g., language, disability)	Identifies complex barriers to effective patient care (e.g., health literacy, cultural)	Recognizes personal biases and mitigates barriers to optimize patient care, when prompted	Recognizes personal biases and proactively mitigates barriers to optimize patient care	Mentors others on recognition of bias and mitigation of barriers to optimize patient care
Comments:			Not Yet C	ompleted Level 1

Interpersonal and Communication Skills 3: Interprofessional and Team Communication				
Level 1	Level 2	Level 3	Level 4	Level 5
Respectfully requests a consultation	Confirms understanding of consultant recommendations	Clearly and concisely formulates a consultation request	Coordinates recommendations from different members of the health care team to optimize patient care	Role models and facilitates flexible communication strategies that value input from all health care team
Recognizes the role of a neurology consultant	Respectfully accepts a consultation request	Clearly and concisely responds to a consultation request		members, resolving conflict when needed
Uses language that values all members of	Communicates information effectively	Uses active listening to adapt communication	Solicits and communicates feedback	
the health care team	with all health care team members	style to fit team needs	to other members of the health care team	
Comments: Not Yet Completed Level 1				

Interpersonal and Communication Skills 4: Communication within Health Care Systems				
Level 1	Level 2	Level 3	Level 4	Level 5
Documents accurate and up-to-date patient information	Demonstrates diagnostic reasoning through organized and timely notes	Communicates the diagnostic and therapeutic reasoning	Demonstrates concise, organized written and verbal communication, including anticipatory guidance	Guides departmental or institutional communication policies and procedures
Communicates in a way that safeguards patient information	Communicates through appropriate channels as required by institutional policy	Selects optimal mode of communication based on clinical context		
Comments: Not Yet Completed Level 1				