

Supplemental Guide: Pediatric Otolaryngology



May 2022

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Milestones Supplemental Guide

This document provides additional guidance and examples for the Pediatric Otolaryngology Milestones. This is not designed to indicate any specific requirements for each level, but to provide insight into the thinking of the Milestone Work Group.

Included in this document is the intent of each Milestone and examples of what a Clinical Competency Committee (CCC) might expect to be observed/assessed at each level. Also included are suggested assessment models and tools for each subcompetency, references, and other useful information.

Review this guide with the CCC and faculty members. As the program develops a shared mental model of the Milestones, consider creating an individualized guide (Supplemental Guide Template available) with institution/program-specific examples, assessment tools used by the program, and curricular components.

Additional tools and references, including the Milestones Guidebook, Clinical Competency Committee Guidebook, and Milestones Guidebook for Residents and Fellows, are available on the Resources page of the Milestones section of the ACGME website.

Patient Care 1: Pediatric Chronic Airway Management	
Overall Intent: To diagnose and treat the spectrum of chronic airway conditions, including sleep, voice, and laryngology that affect infants,	
children, and adolescents, in both with no como	rbidity as well as complex comorbidities Examples
Level 1 Performs an age-appropriate history and physical examination in patients with airway conditions	Elicits history of stridor that occurs shortly after birth when assessing for laryngomalacia
Provides routine peri-operative care for pediatric patients with airway conditions	Knows when bedside fiberoptic exam is appropriate
Recognizes common complications	Recognizes risk factors for vocal cord palsy
Level 2 Formulates developmentally appropriate diagnostic and treatment plans for patients with airway conditions	Develops a working diagnosis of sleep apnea with management plan that varies by age of the patient
Performs routine operative airway procedures	"Procedures" include surgical and non-surgical procedures, such as drug-induced sleep endoscopy in a two-year-old child to evaluate for levels of obstruction
Initiates work-up of common complications	Initiates work-up of vocal fold palsy, eliciting history of medical problems, including voice or feeding or speech issues
Level 3 Explains the risks, benefits, and alternatives of medical and surgical interventions for airway conditions	Performs pre-operative counseling for adenotonsillectomy in a child with mild obstructive sleep apnea, as well as medical options
Performs routine operative airway procedures in patients with complex conditions	Performs drug-induced sleep endoscopy with tonsillectomy, adenoidectomy, and supraglottoplasty in a child with Trisomy 21
Manages common complications; recognizes uncommon/infrequent complications	Recognizes that torticollis after adenoidectomy may be due to atlantoaxial subluxation
Level 4 Implements a standard treatment plan that includes the interdisciplinary team	Identifies a child with history of aspiration who may need multidisciplinary evaluation by pulmonary and gastroenterology
Performs advanced operative airway procedures	Performs endoscopic laryngeal cleft repair
Manages uncommon/infrequent complications	Uses fiberoptic bronchoscopy at bedside to manage tracheal dilation as a complication of tracheotomy with chronic ventilation

Level 5 Adapts standard treatment plans and interventions to special circumstances	Describes potential additional airway procedures to treat a child with cerebral palsy with seizure disorder to manage severe obstructive sleep apnea
Performs advanced operative airway procedures in patients with complex conditions, including revision	Performs cricotracheal resection in a child who has failed laryngotracheal reconstruction
Serves as a peer resource for managing uncommon/infrequent complications	Serves on an American Society for Pediatric Otolaryngology (ASPO) panel for managing failed airway reconstruction
Assessment Models or Tools	 Case-based discussion Direct observation Medical record (chart) review Multisource feedback Presentation Reflection Simulation Standardized oral examination
Curriculum Mapping	•
Notes or Resources	 American Academy of Otolaryngology. OTOSource. https://www.otosource.org/. Accessed 2021. Nguyen LHP, Bank I, Fisher R, Mascarella M, Young M. Managing the airway catastrophe: longitudinal simulation-based curriculum to teach airway management. <i>J Otolaryngol Head Neck Surg</i>. 2019;48(1):10. https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6381681/pdf/40463 2019 Article 332.pdf. Accessed 2021. Mitchell RB, Hussey HM, Setzen G, et al. Clinical consensus statement: tracheostomy care. <i>Otolaryngol Head Neck Surg</i>. 2013;148(1):6-20. https://journals.sagepub.com/doi/10.1177/0194599812460376?url_ver=Z39.88-2003𝔯 id=ori:rid:crossref.org𝔯 dat=cr_pub%20%200pubmed.

Patient Care 2: Pediatric Acute Airway Management	
Overall Intent: To diagnose and treat the spectrum of acute airway conditions that affect infants, children, and adolescents, in patients with	
or without comorbidities Milestones	Examples
Level 1 Identifies potential airway emergencies in neonates and children with risk factors for difficult airway	Recognizes a neonate with Robin sequence and possible airway difficulty due to micrognathia and glossoptosis
Escalates care of emergency airway (e.g., alerts operating room)	Recognizes airway distress in child while performing a consultation and calls attending to alert of possible airway emergency
Level 2 Performs airway assessment and ageappropriate focused history and physical	 Recognizes stridor versus stertor in exam, elevated pCO₂ on a capillary blood gas, and impending respiratory failure due to neonate Robin sequence and obstructive airway events
Describes the age-appropriate airway management algorithm from least to most invasive	Determines the need to escalate treatment from positioning to nasal trumpet to intubation in a patient with micrognathia
Level 3 Performs straightforward ageappropriate airway emergency procedures	Performs direct laryngoscopy in an emergency situation to assist in airway management
Implements an age-appropriate airway management algorithm from least to most invasive	Performs management of a neonate with micrognathia by trying prone position, placing a nasal trumpet, and escalating to intubation
Level 4 Performs advanced airway emergency procedures	Performs direct laryngoscopy and bronchoscopy for foreign body in a child in acute airway distress
Implements an age-appropriate airway management plan in complex patients	On a neonate with arthrogryposis, tries conservative airway management with positioning, non-invasive positive pressure ventilation, and escalates to flexible fiberoptic intubation
Level 5 Performs complex airway emergency procedures in complex patients	Performs bronchoscopy and intervention in a patient who recently underwent a slide tracheoplasty with acute decompensation
Develops age-appropriate and patient-specific anticipatory airway management plans	Develops an acute airway management plan for a slide tracheoplasty patient to be posted at the bedside for critical care team to access
Assessment Models or Tools	 Case-based discussion Direct observation Medical record (chart) review

	 Multisource feedback Presentation Reflection Simulation Standardized oral examination
Curriculum Mapping	
Notes or Resources	 American Academy of Otolaryngology. OTOSource. https://www.otosource.org/. Accessed 2021. Mitchell RB, Hussey HM, Setzen G, et al. Clinical consensus statement: tracheostomy care. Otolaryngol Head Neck Surg. 2013;148(1):6-20. https://journals.sagepub.com/doi/10.1177/0194599812460376?url_ver=Z39.88-2003𝔯_id=ori:rid:crossref.org𝔯_dat=cr_pub%20%200pubmed. Nguyen LHP, Bank I, Fisher R, Mascarella M, Young M. Managing the airway catastrophe: longitudinal simulation-based curriculum to teach airway management. J Otolaryngol Head Neck Surg. 2019;48(1):10. https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6381681/pdf/40463_2019_Article_332.pdf

Patient Care 3: Pediatric Head and Neck Mass/Lesion Overall Intent: To accurately evaluate and effectively manage children with masses of the head and neck **Milestones Examples** Level 1 Performs a history and physical • Obtains appropriate history and accurate physical exam for a patient with a thyroglossal examination in patients with head and neck duct cyst mass/lesion Provides routine peri-operative care for patients • Prepares a patient for surgery of a neck mass including appropriate orders with head and neck mass/lesion, with guidance Recognizes common complications Discusses common complications, like scarring, wound infection, or cyst recurrence associated with a Sistrunk procedure • Identities appropriate pre-operative testing including imaging for a patient with a Level 2 Formulates a diagnostic plan for patients with head and neck mass/lesion thyroglossal duct cyst • Performs a routine Sistrunk procedure Performs routine operative procedures for head and neck mass/lesion Initiates work-up of common complications • Distinguishes a seroma from a post-operative infection after a Sistrunk procedure Level 3 Explains the risks and benefits of • Accurately describes the risks of leaving a thyroglossal duct cyst in situ versus removing it treatment plans for head and neck mass/lesion • Performs Sistrunk procedure in a patient with bleeding disorder Performs routine operative procedures for head and neck mass/lesion in patients with complex conditions Manages common complications: recognizes Resolves a post-operative seroma successfully following a Sistrunk procedure uncommon/infrequent complications **Level 4** Implements a treatment plan that Participates in a pediatric tumor board includes the interdisciplinary team Performs advanced operative procedures for • Completes Sistrunk procedure in a patient who has previously undergone incision and head and neck mass/lesion drainage of an infected thyroglossal cyst Devises a plan and carries it out to control bleeding following head and neck surgery Manages uncommon/infrequent complications

Level 5 Adapts typical treatment plans and techniques to special circumstances	Plans peri-operative management of a child with a thyroglossal duct cyst and a bleeding disorder
Performs advanced operative procedures for complex or recurrent head and neck mass/lesion	Completes a revision Sistrunk procedure
Serves as a peer resource for managing uncommon/infrequent complications	Gives a presentation on the management of differentiated thyroid carcinoma identified in a thyroglossal duct cyst
Assessment Models or Tools	Case-based discussion
	Direct observation
	Medical record (chart) review
	Multisource feedback Draggerateries
	Presentation Perfection
	Reflection Simulation
	Simulation Standardized oral examination
Curriculum Mapping	• Standardized oral examination
Notes or Resources	American Academy of Otolaryngology. OTOSource. https://www.otosource.org/ . Accessed
140163 01 1463041063	2021.
	Ho M. Pediatric neck masses: imaging guidelines and recommendations. Radiol Clin N
	Am. 2022. 60:1-14. https://doi.org/10.1016/j.rcl.2021.08.001

Patient Care 4: Pediatric Otologic Disease Overall Intent: To accurately evaluate and manage children with ear disorders, including inner, middle, and external ear	
Milestones	Examples
Level 1 Performs a history and physical examination; interprets routine behavioral audiograms in patients	Accurately documents ear examination in a child
Provides routine peri-operative care for patients with ear disease and/or hearing loss	Obtains consent, including discussion of nature of procedure, benefits, risks, and alternatives and writes appropriate orders for a child undergoing ear surgery
Recognizes common complications	• Identifies tympanic membrane perforation after pressure equalizer (PE) tube extrusion
Level 2 Provides age-appropriate diagnostic and treatment plans for patients with ear disease and/or hearing loss	Accurately counsels parents whose newborn has failed hearing screening
Performs routine otologic operative procedures	Completes a routine tympanoplasty independently
Initiates work-up of common complications	Manages post-tympanoplasty infection
Level 3 Explains the risks, benefits, and alternatives of interventions for ear disease, hearing loss, or vestibular disorders	Accurately counsels families regarding pros and cons of tympanoplasty versus hearing aid for a child with a tympanic membrane perforation and conductive hearing loss
Performs routine otologic operative procedures in patients with complex conditions	Devises a management plan for peri-operative management of a child undergoing tympanoplasty who also has a bleeding disorder/seizure disorder
Manages common complications; recognizes uncommon/infrequent complications	Identifies facial nerve weakness in a child following ear surgery
Level 4 Implements standard treatment plans for otologic and vestibular conditions; centralizes multidisciplinary care for treatment plans	For an infant with congenital cytomegalovirus (CMV)-related hearing loss, appropriately includes infectious disease and audiology services in a comprehensive plan to manage and monitor hearing
Performs advanced otologic operative procedures	Performs ossicular chain reconstruction
Manages uncommon/infrequent complications	Devises a management plan for vertigo following tympanoplasty

Level 5 Adapts standard treatment plans and interventions to special circumstances; promotes family-centered care	Devises a plan, with patient and family input, for management of bilateral tympanic membrane perforations in a child with sensorineural hearing loss
Performs advanced otologic operative procedures in patients with complex conditions; performs revision procedures; teaches otologic surgery	Performs cochlear implant in a patient with severe cochlear malformation
Serves as a peer resource for managing uncommon/infrequent complications	Serves as a resource for management of patient with cerebral spinal fluid (CSF) leak and meningitis after a cochlear implant surgery
Assessment Models or Tools	 Case-based discussion Direct observation Medical record (chart) review Multisource feedback Presentation Reflection Simulation Standardized oral examination
Curriculum Mapping	
Notes or Resources	 American Academy of Otolaryngology. OTOSource. https://www.otosource.org/. Accessed 2021. Jenks CM, Mithal LB, Hoff SR. Early identification and management of congenital cytomegalovirus. Oto Clin N Am 2021:54(6);1117-1127. 27 https://doi.org/10.1016/j.otc.2021.06.006

Patient Care 5: Pediatric Rhinologic Diseases Overall Intent: To accurately evaluate and manage children with rhinologic disorders and skull base disease	
Milestones	Examples
Level 1 Performs a history and physical examination in patients with rhinologic disease	Obtains pertinent historical information from patients/caregivers presenting with sinonasal complaints and performs endoscopic examination when appropriate
Provides routine peri-operative care for patients with rhinologic disease	Adequately prepares and positions patients for rhinological surgery, including navigation
Recognizes common complications	Identifies post-operative sinus infection after endoscopic sinus surgery
Level 2 Formulates developmentally appropriate diagnostic and treatment plans for patients with rhinologic disease	Recommends appropriate medical work-up in patients presenting with sinonasal complaints
Performs routine rhinologic operative procedures	Performs endoscopic anterior/posterior ethmoidectomy, maxillary antrostomy, sphenoidotomy and frontal sinusotomy
Initiates work-up of common complications associated with rhinologic disease	Consults appropriate services for patients with orbital complications of sinus disease
Level 3 Explains the risks, benefits, and alternatives of medical and surgical interventions for rhinologic disease	Counsels patients/families about risks of endoscopic sinus surgery
Performs routine rhinologic operative procedures in patients with complex conditions	Performs endoscopic sinus surgery on a patient with cystic fibrosis
Manages common complications; recognizes uncommon/infrequent complications	Recognizes indications for neurosurgical consultation and emergent endoscopic sinus surgery for patients with intracranial complications of sinus disease
Level 4 Implements a standard treatment plan that includes the multidisciplinary team	Communicates effectively with ophthalmologists for management of patients with sinus conditions affecting the orbit
Performs advanced endoscopic rhinologic operative procedures in patients with complex conditions	Performs endoscopic choanal atresia repair in an infant with coloboma, heart defects, atresia choanae, growth retardation, genital abnormalities, and ear abnormalities (CHARGE) syndrome

Manages uncommon/infrequent complications associated with rhinologic disease	Localizes and manages orbital complications of sinus disease
Level 5 Adapts standard treatment plans and interventions to special circumstances	Considers complex comorbidities in managing patients with skull base lesions
Performs advanced endoscopic rhinologic and skull base surgical care in patients with complex conditions, including revision	Collaborates with neurosurgeons in surgical extirpation of skull base lesions such as juvenile nasopharyngeal angiofibroma
Serves as a peer resource for managing uncommon/infrequent complications	Participates in multidisciplinary conferences to discuss patients with complications of skull base surgery
Assessment Models or Tools	 Case-based discussion Direct observation Medical record (chart) review Multisource feedback Presentation Reflection Simulation Standardized oral examination
Curriculum Mapping	•
Notes or Resources	 American Academy of Pediatrics. Subcommittee on Management of Sinusitis and Committee on Quality Improvement. Clinical practice guideline: management of sinusitis. Pediatrics. 2001 Sep;108(3):798-808. doi: 10.1542/peds.108.3.798. Erratum in: Pediatrics 2001 Nov;108(5):A24. Erratum in: Pediatrics 2002 May;109(5):40. PMID: 11533355. Chan KH, Winslow CP, Levin MJ, Abzug MJ, Shira JE, Liu AH, Simoes EA, Strain JD, Stool SE. Clinical practice guidelines for the management of chronic sinusitis in children. Otolaryngol Head Neck Surg. 1999 Mar;120(3):328-34. doi: 10.1016/S0194-5998(99)70270-6. PMID: 10064633.

Patient Care 6: Pediatric Craniofacial, Plastic, and Reconstructive Surgery Overall Intent: To accurately evaluate and manage children	
Milestones	Examples
Level 1 Performs a history and physical examination in patients with craniofacial conditions and trauma	Obtains pertinent history, including airway, feeding, hearing and speech, for patients with cleft lip and palate presenting for otolaryngological evaluation
Provides routine peri-operative care for patients with craniofacial conditions and trauma	Writes developmentally appropriate post-operative orders for patients undergoing cleft palate repair
Recognizes common complications	Recognizes post-palatoplasty bleeding that requires surgical intervention
Level 2 Formulates developmentally appropriate diagnostic and treatment plans for patients with craniofacial conditions and trauma	Recommends developmentally appropriate audiological assessment of patients with craniofacial conditions
Performs routine craniofacial and trauma operative procedures	Performs reduction and stabilization of facial fractures
Initiates work-up of common complications	Initiates work-up of malocclusion after stabilization of facial fracture
Level 3 Explains the risks, benefits, and alternatives of medical and surgical interventions for craniofacial conditions and trauma	Explains options and attendant risks for management of microtia, including autologous rib and alloplastic reconstructions
Performs routine craniofacial and trauma operative procedures in patients with complex conditions	Performs repair of complex lacerations from a dog bite
Manages common complications; recognizes uncommon/infrequent complications	Manages new obstructive sleep apnea in a patient who has had surgery for velopharyngeal insufficiency
Level 4 Implements a standard treatment plan that includes the multidisciplinary team	Develops treatment plan in collaboration with multidisciplinary craniofacial team for management of comorbidities (feeding, speech, sleep, breathing issues) in patients with syndromic craniosynostosis
Performs advanced craniofacial and trauma operative procedures	Collaborates with craniofacial team to perform Lefort II/III distraction osteogenesis in patients with Pfeiffer syndrome

Manages uncommon/infrequent complications	Identifies and manages patients with neurologic and skull base complications including CSF leaks after midface distraction
Level 5 Adapts standard treatment plans and interventions to special circumstances (rare cases)	Leads the multidisciplinary team discussion for management of patients with Tessier midline clefts
Performs advanced craniofacial and trauma operative procedures in patients with complex condition, including revision	Collaborates with the multidisciplinary team to perform bone graft and soft tissue flap reconstruction of craniofacial clefts for a patient with holoprosencephaly
Serves as a peer resource for managing uncommon/infrequent complications	Discusses management of nasal obstruction and obstructive sleep apnea in setting of encephalocele
Assessment Models or Tools	 Case-based discussion Direct observation Medical record (chart) review Multisource feedback Presentation Reflection Simulation Standardized oral examination
Curriculum Mapping	
Notes or Resources	 Allori AC, Kelley T, Meara JG, et al. A Standard Set of Outcome Measures for the Comprehensive Appraisal of Cleft Care. The Cleft Palate-Craniofacial Journal. 2017;54(5):540-554. doi:10.1597/15-292

Medical Knowledge 1: Head and Neck Developmental Anatomy and Embryology Overall Intent: To demonstrate and apply knowledge of the treatment of congenital anomalies	
Milestones	Examples
Level 1 Demonstrates knowledge of normal growth and developmental milestones	Describes speech developmental milestones
Describes normal embryologic development of face and neck	Describes the branchial apparatus and normal structures derived from the branchial arches, clefts, and pouches
Level 2 Recognizes atypical growth or development	Identifies patients with speech delay
Diagnoses common patterns of abnormal embryology and resultant diseases	Correctly diagnoses second branchial cleft cyst, and describes natural history and common presentation of this cyst
Level 3 Describes treatment for otolaryngological disease impacting growth or development	Describes the impact and pathophysiology of treating Eustachian tube dysfunction on speech delay
Describes detailed embryology of all head and neck structures	Describes in detail the development of inner ear structures, larynx, or paranasal sinuses
Level 4 Incorporates growth and development outcomes into complex treatment plans	Assesses speech development of patients with craniofacial conditions
Applies knowledge of congenital anomalies to treatment planning	Describes embryologic pathway of congenital nasal dermoids, encephaloceles, and gliomas and can describe surgical management options
Level 5 Serves as a peer resource for growth and developmental outcomes	Gives grand rounds on the diagnosis and treatment of a recurrent saccular cyst in a three-month-old
Participates in multidisciplinary treatment planning for fetal anomalies	Participates in multidisciplinary conference for management of fetuses with congenital high airway obstruction syndrome
Assessment Models or Tools	Case-based discussion
	Direct observation Medical record (chart) review
	Medical record (chart) review Multisource feedback
	Presentation
	• Reflection
	Standardized oral examination

Curriculum Mapping	
Notes or Resources	• American Academy of Otolaryngology. OTOSource. https://www.otosource.org/ . Accessed
	2021.
	• Hills SE, Maddalozzo J. Congenital lesions of epithelial origin. <i>Otolaryngol Clin North Am.</i>
	2015;48(1):209-23.
	 Netter FH. Atlas of Human Anatomy. 7th Edition. Philadelphia, PA: Elsevier; 2018.
	ISBN:978-0323393225
	Posser JD, Myer CM. Branchial cleft anomalies and thymic cysts. Otolaryngol Clin North
	<i>Am</i> .2015;48(1): 1-14.

Medical Knowledge 2: Syndromes and Complex Comorbidities Impacting Otolaryngologic Care, including Genetics Overall Intent: To demonstrate and apply knowledge of craniofacial syndromes and conditions and their comorbidities **Milestones Examples** Level 1 Recognizes features of common • Recognizes and describes the facial features of a child with Trisomy 21 craniofacial syndromes • Identifies potential comorbidities, such as congenital heart disease and cervical spine Identifies comorbid conditions that impact instability, in a child with Trisomy 21 management • Describes the type of hearing loss in patients with 22g11.2 deletion syndrome Level 2 Discusses developmental implications of common craniofacial syndromes Discusses implications of comorbidities on • Describes risk of velopharyngeal insufficiency after adenoidectomy in a patient with management 22q11.2 deletion syndrome Level 3 Recognizes less-common features and • Describes the spectrum of features in patients with 22q11.2 deletion syndrome nuances of craniofacial syndromes Develops comprehensive knowledge of complex • Discusses the complex airway lesions in patients with Aperts syndrome comorbidities Level 4 Diagnoses craniofacial syndromes and Recommends genetic testing for a patient with features of CHARGE* syndrome conditions Applies knowledge of complex comorbidities to • Works with hematology to develop a peri-operative plan to manage bleeding in a patient treatment planning with von Willebrand's disease **Level 5** Recognizes uncommon or newly • Recognizes features of auriculocondylar syndrome defined syndromes Develops recommendations or guidelines for Works with the multidisciplinary team to develop hospital protocols for airway management of patients with complex management of patients with bleeding disorders comorbidities Assessment Models or Tools Case-based discussion Direct observation Medical record (chart) review Multisource feedback Presentation

Reflection

Standardized oral examination

Curriculum Mapping	•
Notes or Resources	Bassett EC, Musso MF, Otolaryngologic management of Down syndrome patients: what is
	new? Curr Opin Otolaryngol Head Neck Surg. 2017 Dec;25(6):493-497.
	https://pubmed.ncbi.nlm.nih.gov/28915135/
	Weyand AC, Flood VH. Von Willebrand Disease: Current status of diagnosis and
	management. Hematol Oncol Clin North Am. 2021 Dec;35(6):1085-1101. doi:
	10.1016/j.hoc.2021.07.004. Epub 2021 Aug 13.
	https://pubmed.ncbi.nlm.nih.gov/34400042/
	CHARGE is an abbreviation for several of the features common in the disorder: coloboma,
	heart defects, atresia choanae (also known as choanal atresia), growth retardation, genital
	abnormalities, and ear abnormalities.

Systems-Based Practice 1: Patient Safety and Quality Improvement	
Overall Intent: To engage in the analysis and management of patient safety events, including relevant communication with patients,	
families, and health care professionals; to cond Milestones	uct a quality improvement project Examples
Level 1 Demonstrates knowledge of common patient safety events	Lists patient misidentification or medication errors as common patient safety events
Demonstrates knowledge of how to report patient safety events	Describes how to report errors in your environment
Demonstrates knowledge of basic quality improvement methodologies and metrics	Describes a debriefing protocol
Level 2 Identifies system factors that lead to patient safety events	Identifies growth and measurement tools for pediatric dosing safety
Reports patient safety events through institutional reporting systems (simulated or actual)	Reports lack of updated height and weight for pediatric dosing
Describes local quality improvement initiatives	Summarizes protocols with appropriate size and dosing charts
Level 3 Participates in analysis of patient safety events (simulated or actual)	Participates in morbidity and mortality conference
Participates in disclosure of patient safety events to patients and patients' families (simulated or actual)	Participates in a family discussion regarding a patient safety event
Participates in local quality improvement initiatives	Participates in project identifying obstacles to discharging complex patients
Level 4 Conducts analysis of patient safety events and offers error prevention strategies (simulated or actual)	Collaborates with a team to conduct the analysis of medication administration errors and can effectively communicate with patients/families about those events
Discloses patient safety events to patients and patients' families (simulated or actual)	

Demonstrates the skills required to identify, develop, implement, and analyze a quality improvement project	Participates in the completion of a quality improvement project to improve childhood vaccination rates with regards to cochlear implantation within the practice, including assessing the problem, articulating a broad goal, developing a SMART (Specific, Measurable, Attainable, Realistic, Time-bound) objective plan, and monitoring progress and challenges
Level 5 Actively engages teams and processes to modify systems to prevent patient safety events	Assumes a leadership role at the departmental or institutional level for a patient safety event
Role models or mentors others in the disclosure of patient safety events	Conducts a simulation for disclosing patient safety events
Creates, implements, and assesses quality improvement initiatives at the institutional or community level	Initiates and completes a quality improvement project to improve county childhood vaccination rates regarding cochlear implantation in collaboration with the county health department and shares results with stakeholders
Assessment Models or Tools	 Direct observation E-module multiple choice tests Medical record (chart) audit Multisource feedback Portfolio Reflection Simulation
Curriculum Mapping	•
Notes or Resources	• Institute of Healthcare Improvement. http://www.ihi.org/Pages/default.aspx . Accessed 2021.

Systems-Based Practice 2: System Navigation for Patient-Centered Care			
Overall Intent: To effectively navigate the health care system, including the interdisciplinary team and other care providers, to adapt care to			
	a specific patient population to ensure high-quality patient outcomes		
Milestones	Examples		
Level 1 Demonstrates knowledge of care coordination	For a patient with tracheostomy, identifies medical home and multi-disciplinary members of the team		
Identifies key elements for safe and effective transitions of care and hand-offs	Lists the essential components of a standardized sign-out tool for care transition and hand-offs		
Demonstrates knowledge of population and community health needs and inequities	Identifies the different needs of patients living in rural versus urban settings		
Level 2 Coordinates care of patients in routine clinical situations effectively using the roles of interprofessional team members	Coordinates care with pulmonary and/or aerodigestive team at the time of discharge from the hospital		
Performs safe and effective transitions of care/hand-offs in routine clinical situations	Routinely uses a standardized sign-out tool for a stable patient during night float sign-out		
Identifies specific population and community health needs and inequities for the local population	Identifies that limited home health options may be a factor in rural patients		
Level 3 Coordinates care of patients in complex clinical situations effectively using the roles of interprofessional team members	Works with the social worker to coordinate care for a patient in foster care that will ensure follow-up after discharge from the hospital		
Performs safe and effective transitions of care/hand-offs in complex clinical situations	Routinely uses a standardized sign-out tool when transferring a patient to the intensive care unit (ICU)		
Uses local resources effectively to meet the needs of a patient population and community	Refers patients to local early intervention services for patients in need		
Level 4 Role models effective coordination of patient-centered care among different disciplines and specialties	During inpatient rounds, leads team members in managing consultations		
Role models and advocates for safe and effective transitions of care/hand-offs within and	Prior to going on vacation, proactively informs the covering resident about a plan of care for a post-operative slide tracheoplasty patient		

across health care delivery systems, including outpatient settings	
Participates in changing and adapting practice to provide for the needs of specific populations Level 5 Analyzes the process of care coordination and leads in the design and implementation of improvements	Assists in the design of post-operative pain management protocols for patients to reduce variations in opioid prescribing habits Leads a program to create standardized tracheostomy teaching for family members of pediatric airway patients
Improves quality of transitions of care within and across health care delivery systems to optimize patient outcomes	Develops a protocol to improve transitions to home health teams
Leads innovations and advocates for populations and communities with health care inequities	Identifies and advocates for patients who need telehealth services
Assessment Models or Tools	 Direct observation Medical record (chart) audit Multisource feedback Quality metrics and goals mined from electronic health records (EHR) Review of sign-out tools, use and review of checklists
Curriculum Mapping	
Notes or Resources	 Center for Disease Control and Prevention (CDC). Population Health Training. https://www.cdc.gov/pophealthtraining/whatis.html. Skochelak SE, Hawkins RE, Lawson LE, Starr SR, Borkan J, Gonzalo JD. Health Systems Science. 1st ed. Philadelphia, PA: Elsevier; 2016. ISBN:9780702070372.

Systems-Based Practice 3: Physician Role in Health Care Systems Overall Intent: To understand the physician's role in the complex health care system and how to optimize the system to improve patient care and the health system's performance	
Milestones	Examples
Level 1 Identifies key components of the complex health care system (e.g., hospital, skilled nursing facility, finance, personnel, technology)	Articulates differences between skills needed for home tracheostomy care by parents or home health care providers
Describes basic health payment systems, including government, private, public, uninsured care, and practice models	Understands the impact of health plan coverage on prescription drugs for individual patients
Identifies basic knowledge domains for effective transition to practice (e.g., information technology, legal, billing and coding, financial, personnel)	Identifies coding requirements for consult notes
Level 2 Describes how components of a complex health care system are interrelated, and how they impact patient care	Explains improving patient/family satisfaction impacts patient compliance
Delivers care with consideration of each patient's payment model (e.g., insurance type)	Takes into consideration patient's prescription drug coverage when choosing ototopical regimen for treatment of tube otorrhea
Describes core administrative knowledge needed for transition to practice (e.g., contract negotiations, malpractice insurance, government regulation, compliance)	Recognizes that appropriate documentation can influence the severity of illness determination upon discharge
Level 3 Discusses how individual practice affects the broader system (e.g., length of stay, readmission rates, clinical efficiency)	Ensures that patient comorbidities are addressed at time of discharge to reduce readmission rate
Engages with patients in shared decision- making, informed by each patient's payment models	Discusses risks and benefits of repeat surveillance swallow studies for aspiration

stands the core elements of insurance deductibles es proper documentation for observation versus inpatient admission
s proper documentation for observation versus inpatient admission
collaboratively to improve patient assistance resources for a patient with ostomy and limited resources
vely compiles procedure log in anticipation of applying for hospital privileges
with community or professional organizations to advocate for better individual ion plan/program (IEP) or 504 plan/program services in schools
es informed consent process for non-English-speaking patients requiring interpreter is
nates a discussion for peers about transition to practice residents on board certification preparation
observation Il record (chart) audit
satisfaction data o
r for Healthcare Research and Quality (AHRQ). Measuring the Quality of Physician https://www.ahrq.gov/professionals/quality-patient-talkingquality/create/physician/challenges.html. Accessed 2021. Major Physician Measurement Sets: https://www.ahrq.gov/professionals/quality-safety/talkingquality/create/physician/measurementsets.html. Accessed 2021. Ommonwealth Fund. Health System Data Center. datacenter.commonwealthfund.org/#ind=1/sc=1. Accessed 2021.
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• Dzau VJ, McClellan M, Burke S, et al. Vital directions for health and health care: priorities
form a national academy of medicine initiative. <i>JAMA</i> . 2017;317(14):1461-1470.
https://nam.edu/vital-directions-for-health-health-care-priorities-from-a-national-academy-
of-medicine-initiative/.
The Kaiser Family Foundation. <u>www.kff.org</u> . Accessed 2021.
• The Kaiser Family Foundation. Topic: health reform. https://www.kff.org/topic/health-
reform/. Accessed 2021.

Practice-Based Learning and Improvement 1: Evidence-Based and Informed Practice Overall Intent: To incorporate evidence and patient values into clinical practice	
Milestones	Examples
Level 1 Demonstrates how to access available evidence, and incorporate the patient's and patient's family's preferences and values to the care of a routine patient	Identifies evidence-based guidelines for tonsillectomy from American Academy of Otolaryngology – Head and Neck Surgery (AAO-HNSF)
Level 2 Articulates clinical questions and elicits the patient's and patient's family's preferences and values to guide evidence-based care	 In a patient with sleep apnea symptoms, appropriately selects a management plan with input from the child's guardians
Level 3 Locates and applies the best available evidence, integrated with the patient's and patient's family's preference, to the care of complex patients	Obtains, discusses, and applies evidence for the treatment of a patient with obstructive sleep apnea (OSA) and complex comorbidities
Level 4 Critically appraises and applies evidence, even in the face of uncertainty and conflicting evidence, to guide care to the individual patient	Evaluates the primary literature to identify surgical and medical treatments for a child with persistent OSA after tonsillectomy
Level 5 Coaches others to critically appraise and apply evidence for complex patients, and/or participates in the development of guidelines	Leads clinical teaching on critical appraisal of management options for children with OSA and comorbidities
Assessment Models or Tools	 Direct observation Oral or written examinations Presentation evaluation Research portfolio
Curriculum Mapping	
Notes or Resources	 Institutional Review Board (IRB) guidelines National Institutes of Health. Write Your Application. https://grants.nih.gov/grants/how-to-apply-application-guide/format-and-write/write-your-application.htm. Accessed 2021. U.S. National Library of Medicine. PubMed Tutorial. https://www.nlm.nih.gov/bsd/disted/pubmedtutorial/cover.html. Accessed 2021. Various journal submission guidelines AAOHNS Clinical Practice Guidelines. https://www.entnet.org/quality-practice/quality-products/clinical-practice-guidelines/

Practice-Based Learning and Improvement 2: Reflective Practice and Commitment to Personal Growth	
Overall Intent: To seek clinical performance information with the intent to improve care; reflects on all domains of practice, personal	
interactions, and behaviors, and their impact on colleagues and patients (reflective mindfulness); develop clear objectives and goals for	
improvement in some form of a learning plan	
Milestones	Examples
Level 1 Accepts responsibility for personal and professional development by establishing goals	Sets a personal goal of comprehensively managing post-operative course after airway reconstruction
Identifies the factors that contribute to gap(s) between expectations and actual performance	Identifies the need to seek evidence about complications of airway reconstruction
Level 2 Demonstrates openness to performance data (feedback and other input) to inform goals	Integrates feedback about communication skills and how they impact ICU team interactions and patient care
Analyzes and reflects on the factors that contribute to gap(s) between expectations and actual performance	Evaluates published literature to identify best practices in airway reconstruction management
Level 3 Seeks performance data episodically, with adaptability	Reviews charts of patients who underwent airway reconstruction to evaluate the consistency and quality of care provided
Analyzes, reflects on, and institutes behavioral change(s) to narrow the gap(s) between expectations and actual performance	Develops reliable methods to communicate care decisions with patient, family, ICU team, and otolaryngology teams to optimize post-operative care for complex patients
Level 4 Intentionally seeks performance data consistently, with adaptability	Participates in quality improvement projects to periodically evaluate the quality of care in patients who underwent airway reconstruction
Challenges assumptions and considers alternatives in narrowing the gap(s) between expectations and actual performance	Debriefs with the attending and other patient care team members to optimize future collaboration in the care of the patient and family
Level 5 Role models consistently seeking performance data with adaptability	Models practice improvement and adaptability
Coaches others on reflective practice	Discusses new evidence from recent publication or conference and works with the team to improve practice
Assessment Models or Tools	Direct observation
	Multisource feedback
	Presentation feedback
	Review of learning plan

Curriculum Mapping	
Notes or Resources	Burke AE, Benson B, Englander R, Carraccio C, Hicks PJ. Domain of competence:
	Practice-based learning and improvement. <i>Acad Pediatr.</i> 2014;14:S38-S54.
	https://linkinghub.elsevier.com/retrieve/pii/S1876-2859(13)00333-1.
	Hojat M, Veloski JJ, Gonnella JS. Measurement and correlates of physicians' lifelong
	learning. Academic Medicine. 2009;84(8):1066-1074.
	https://journals.lww.com/academicmedicine/fulltext/2009/08000/Measurement_and_Correl
	ates of Physicians Lifelong.21.aspx.
	• Lockspeiser TM, Schmitter PA, Lane JL, Hanson JL, Rosenberg AA, Park YS. Assessing
	residents' written learning goals and goal writing skill: validity evidence for the learning
	goal scoring rubric. <i>Academic Medicine</i> . 2013;88(10):1558-1563.
	https://journals.lww.com/academicmedicine/fulltext/2013/10000/Assessing_Residents_W
	ritten Learning Goals and.39.aspx.

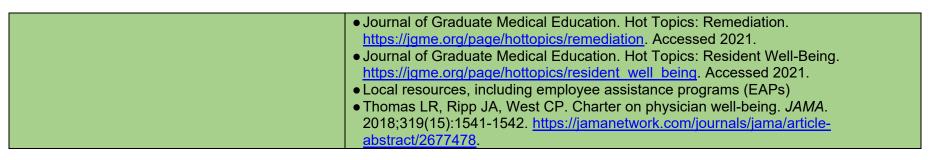
Professionalism 1: Professional Behavior and Ethical Principles	
Overall Intent: To recognize and address lapses in ethical and professional behavior, demonstrates ethical and professional behaviors, and use appropriate resources for managing ethical and professional dilemmas	
Milestones	Examples
Level 1 Identifies and describes potential triggers for professionalism lapses	Identifies fatigue as a potential cause for a lapse in professionalism
Demonstrates knowledge of the ethical principles underlying patient care, including informed consent, surrogate decision making, advance directives, confidentiality, error disclosure, stewardship of limited resources, and related topics	Articulates how the principle of "do no harm" applies to a patient who may not need a procedure even though the training opportunity exists
Level 2 Demonstrates insight into professional behavior in routine situations and how to appropriately report professionalism lapses	Communicates directly and respectfully with a team member who is late to rounds/signout about the importance of being on time
Analyzes straightforward situations using ethical principles	Identifies and applies ethical principles involved in informed consent when the resident is unclear of all the risks
Level 3 Demonstrates professional behavior in complex or stressful situations	Appropriately responds to a distraught family member following a complication of medical or surgical care
Analyzes complex situations using ethical principles and recognizes the need to seek help in managing and resolving complex ethical situations	Explores goals of care for a medically complex patient with patients and their family members and colleagues, while recognizing own limitations, and consistently honoring the patient/family's choice and considers talking with the ethics team
Level 4 Recognizes situations that may trigger professionalism lapses and intervenes to prevent lapses in oneself and others	Models respect for patients and promotes the same from colleagues when a patient/family is angry after waiting an excessively long time to be seen
Recognizes and uses appropriate resources for managing and resolving ethical dilemmas as needed	Recognizes and uses ethics consults, literature, risk-management/legal counsel to resolve ethical dilemmas
Level 5 Coaches others when their behavior fails to meet professional expectations	Assists others in creating a performance improvement plan to prevent recurrence of patterns of unprofessional behavior

Identifies and seeks to address system-level factors that induce or exacerbate ethical problems or impede their resolution	Engages stakeholders to address excessive wait times in the clinic to decrease patient and provider frustrations that lead to unprofessional behavior
Assessment Models or Tools	 Direct observation Global evaluation Multisource feedback Oral or written self-reflection Simulation
Curriculum Mapping	•
Notes or Resources	 American Board of Internal Medicine (ABIM). ABIM Foundation. Medical professionalism in the new millennium: a physician charter. Annals of Internal Medicine. 2002;136(3):243-246. https://annals.org/aim/fullarticle/474090/medical-professionalism-new-millennium-physician-charter. Accessed 2021. American Medical Association. Ethics. https://www.ama-assn.org/delivering-care/ama-code-medical-ethics. Accessed 2021. Bynny RL, Paauw DS, Papadakis MA, Pfeil S, Alpha Omega Alpha. Medical Professionalism Best Practices: Professionalism in the Modern Era. Menlo Park, CA: Alpha Omega Alpha Honor Society; 2017. https://alphaomegaalpha.org/pdfs/Monograph2018.pdf. Levinson W, Ginsburg S, Hafferty FW, Lucey CR. Understanding Medical Professionalism. 1st ed. New York, NY: McGraw-Hill Education; 2014. https://accessmedicine.mhmedical.com/book.aspx?bookID=1058.

Professionalism 2: Accountability/Conscientiousness Overall Intent: To take responsibility for one's own actions and the impact on patients and other members of the health care team	
Milestones	Examples
Level 1 Takes responsibility for failure to complete tasks and responsibilities, identifies potential contributing factors, and describes strategies for ensuring timely task completion in the future	Describes plan to complete delinquent case logs
Responds promptly to requests or reminders to complete tasks and responsibilities	Responds promptly to reminders from program administrator to complete work hour logs
Level 2 Performs tasks and responsibilities in a timely manner with appropriate attention to detail in routine situations	Completes administrative tasks, documents safety modules, procedure review, and licensing requirements by specified due date
Recognizes situations that may impact one's own ability to complete tasks and responsibilities in a timely manner	Before going out of town, completes tasks in anticipation of lack of computer access while traveling
Level 3 Performs tasks and responsibilities in a timely manner with appropriate attention to detail in complex or stressful situations	Effectively manages multiple competing demands on call, appropriately triages tasks, and asks for assistance from other residents, fellows, or faculty members as needed
Proactively implements strategies to ensure that the needs of patients, teams, and systems are met	Considers other team member's absence when scheduling vacation or other time away
Level 4 Recognizes situations that may impact others' ability to complete tasks and responsibilities in a timely manner	Takes responsibility for omitting key patient information during sign-out
Level 5 Leads system change	Leads a team to develop a standardized discharge protocol to optimize discharges
Assessment Models or Tools	Compliance with deadlines and timelinesDirect observation
	Global evaluations
	Multisource feedback
	Self-evaluations and reflective toolsSimulation
Curriculum Mapping	
Notes or Resources	Code of conduct from fellow/resident institutional manual
	Expectations of residency program regarding accountability and professionalism

Professionalism 3: Knowledge of Systemic and Individual Factors of Well-Being Overall Intent: To identify, use, manage, improve, or seek help for personal and professional growth within self and others	
Milestones	Examples
Level 1 Recognizes the importance of getting help when needed to address personal and professional well-being	After concerns are expressed by a program leader regarding well-being or burnout, is receptive to considering options for assistance
Level 2 Lists resources to support personal and professional well-being	In annual advisor meeting, discusses institutional resources that support personal and professional well-being
Recognizes institutional factors that affect well- being	• Identifies aspects of the clinical learning environment that seem to impact personal well-being, including absence of sleeping area for nights when it's unsafe to drive home
Level 3 With prompting, reflects on how personal and professional well-being may impact one's clinical practice	After several months of a challenging schedule, responds to feedback from a nurse by recognizing that a recent patient interaction lacked necessary empathy, and seeks support and advice from the attending physician
Describes institutional factors that affect well- being	Describes institutional acceptance of mistreatment and microaggressions committed by the interprofessional team and patients as negatively impacting well-being
Level 4 Reflects on actions in real time to proactively respond to the inherent emotional challenges of physician work	Identifies fear of leading airway emergencies as a "stress point" in education and seeks advice from an experienced physician
Suggests potential solutions to institutional factors that affect well-being	Participates in graduate medical education (GME) round table discussion on the experience of microaggressions particularly felt by women and marginalized and/or minoritized learners in medicine and its association with burnout in residency/fellowship and offers constructive feedback on mitigating burnout
Level 5 Participates in institutional changes to promote personal and professional well-being	Advocates with hospital leadership as a Well-Being Committee leader to provide educational interventions and mental health services to address experiences of shame during fellowship and residency education
Assessment Models or Tools	 Direct observation Group interview or discussions for team activities Individual interview Institutional online training modules Reflective writing Self-assessment and personal learning plan Semi-annual evaluation

This subcompetency is not intended to evaluate a fellow's well-being. Rather, the
intent is to ensure each fellow has the fundamental knowledge of factors that affect well-being, the mechanism by which those factors affect well-being, and available resources and tools to improve well-being. ACGME. Tools and Resources. https://dl.acgme.org/pages/well-being-tools-resources . Accessed 2022. American College of Physicians (ACP). Imposter Syndrome: Break on Through to the Other Side. <a 2021.="" <a="" about-acp="" about-internal-medicine="" accessed="" acp.="" and="" career-paths="" fellows.="" for="" href="https://www.acponline.org/meetings-courses/acp-courses-recordings/acp-leadership-academy/acp-leadership-academy/acp-leadership-academy/acp-leadership-academy/acp-leadership-academy-webinars/physician-well-being-for-residents-and-fellows. Accessed 2021. ACP. Physician Well-Being and Professional Fulfillment. https://www.acponline.org/practice-resources/physician-well-being-and-professional-fulfillment . Accessed 2021. Bynum WE 4th, Artino AR Jr, Uijtdehaage S, Webb AMB, Varpio L. Sentinel emotional events: The nature, triggers, and effects of shame experiences in medical residents. https://www.acponline.org/practice-resources/physician-well-being-and-professional-fulfillment. https://www.acponline.org/p



Interpersonal and Communication Skills 1: Patient- and Family-Centered Communication	
Overall Intent: To use language and behaviors deliberately to form constructive relationships with patients and families, to identify	
communication barriers including self-reflection on personal biases, and minimize them in the doctor-patient relationships; organize and lead	
communication around shared decision making	
Milestones	Examples in the second of the
Level 1 Uses language and non-verbal behavior to demonstrate respect and establish rapport	• Introduces self and faculty member, identifies patient and others in the room, and engages all parties in health care discussion
Identifies common barriers to effective communication (e.g., language, disability) while accurately communicating one's own role within the health care system	• Identifies need for trained interpreter with non-English-speaking patients and families
Identifies the need to adjust communication strategies based on assessment of a patient's/patient's family's expectations and understanding of their health status and treatment options	Uses age-appropriate language when discussing procedures/surgery with pediatric patients
Level 2 Establishes a therapeutic relationship in straightforward encounters using active listening and clear language	Avoids medical jargon and restates patient and family perspective when discussing therapeutic options
Identifies complex barriers to effective communication (e.g., health literacy, cultural differences)	Recognizes the need for handouts with diagrams and pictures to communicate information to a patient who is unable to read
Organizes and initiates communication with a patient/patient's family by introducing stakeholders, setting the agenda, clarifying expectations, and verifying understanding of the clinical situation	Reviews and verifies the patient's and patient family members' understanding of the diagnosis and treatment plan
Level 3 Establishes a therapeutic relationship in challenging patient encounters	Acknowledges parent's request to remove tonsils without clinical indication, explains why the surgery is not indicated, and develops a follow-up plan of care
When prompted, reflects on personal biases while attempting to minimize communication barriers	• In a discussion with the faculty member, acknowledges discomfort in caring for a child with chronic ear fluid with parents who continue to smoke around the child

With guidance, sensitively and compassionately delivers medical information; elicits a patient's/patient's family's values, goals, and	Organizes a family meeting to determine a plan for care of a medically complex child with multiple other services (tracheostomy tube placement, airway management, etc.)
preferences; and acknowledges uncertainty and conflict	
Level 4 Easily establishes therapeutic relationships, with attention to a patient's/patient's family's concerns and context, regardless of complexity	Continues to engage representative family members with disparate goals in the care of a patient who may require surgery due to severe obstructive sleep apnea
Independently recognizes personal biases while attempting to proactively minimize communication barriers	Recognizes and manages personal bias when treating a patient with post-meningitic hearing loss and is unvaccinated, and professionally discusses the patient's care with the parents
Independently, uses shared decision making to align the patient's/patient's family's values, goals, and preferences with treatment options to make a personalized care plan	Uses patient and family input and values to engage pastoral care and develop a plan for palliative care in a medically complex child
Level 5 Mentors others in situational awareness and critical self-reflection to consistently develop positive therapeutic relationships	Leads a discussion group on personal experience of moral distress
Role models self-awareness while identifying a contextual approach to minimize communication barriers	Develops a residency/fellowship curriculum on social justice that addresses unconscious bias
Role models shared decision making in communication with patients/patients' families, including those situations with a high degree of uncertainty/conflict	Serves on a hospital bioethics committee
Assessment Models or Tools	Direct observation
	Kalamazoo Essential Elements Communication Checklist (Adapted)
	Self-assessment including self-reflection exercises
	• Skills needed to Set the state, Elicit information, Give information, Understand the patient,
	and End the encounter (SEGUE) ● Standardized patients
Curriculum Mapping	•

Notes or Resources	• Laidlaw A, Hart J. Communication skills: an essential component of medical curricula. Part
	I: Assessment of clinical communication: AMEE Guide No. 51. <i>Med Teach</i> . 2011;33(1):6-
	8.
	https://www.researchgate.net/publication/49706184 Communication skills An essential
	component of medical curricula Part I Assessment of clinical communication AMEE
	<u>Guide No 511</u> .
	Makoul G. Essential elements of communication in medical encounters: The Kalamazoo
	consensus statement. Acad Med. 2001;76(4):390-393.
	https://www.researchgate.net/publication/264544600 Essential elements of communicat
	ion in medical encounters The Kalamazoo Consensus Statement.
	Makoul G. The SEGUE Framework for teaching and assessing communication skills.
	Patient Educ Couns. 2001;45(1):23-34.
	https://www.researchgate.net/publication/11748796_The_SEGUE_Framework_for_teachi
	ng and assessing communication skills.
	● Symons AB, Swanson A, McGuigan D, Orrange S, Akl EA. A tool for self-assessment of
	communication skills and professionalism in residents. <i>BMC Med Educ.</i> 2009;9:1.
	https://bmcmededuc.biomedcentral.com/articles/10.1186/1472-6920-9-1

Interpersonal and Communication Skills 2: Interprofessional and Team Communication Overall Intent: To communicate effectively with the health care team, including consultants, in both straightforward and complete the communication of the c

Overall Intent: To communicate effectively with the health care team, including consultants, in both straightforward and complex situations **Milestones Examples** Level 1 Respectfully requests/receives a • Receives consult request for a patient with Down syndrome and snoring, asks clarifying questions politely, and expresses gratitude for the consult consultation Uses language that values all members of the Acknowledges the contribution of each member of the ICU team to the patient health care team Level 2 Clearly and concisely • Communicates diagnostic evaluation recommendations clearly and concisely in an requests/responds to a request for consultation organized and timely manner Communicates information effectively with all • Performs debrief in the post-anesthesia care unit (PACU) health care team members Respectfully receives feedback on performance Makes improvements in peri-operative management based on feedback from the PACU as a member of the health care team team Level 3 Receives follow-up and feedback on the Asks if the consult addressed the needs of the primary team outcome of the consultation Uses active listening to adapt communication When receiving treatment recommendations from a consulting team, repeats back the style to fit team needs plan to ensure understanding • Asks for feedback from operating room nurses or anesthesiologists on communication in Solicits feedback on performance as a member of the health care team the operating room • Initiates a multidisciplinary meeting to develop a shared care plan for a child who may Level 4 Coordinates recommendations from different members of the health care team to need a tracheostomy optimize patient care States that family members were hoping to meet with attending surgeon after the surgery Communicates feedback and constructive criticism to superiors ended Communicates concerns and provides feedback • Asks other members of the health care team to repeat back recommendations to ensure to peers and learners understanding **Level 5** Role models flexible communication Mediates a conflict resolution between different members of the health care team. strategies that value input from all health care team members, resolving conflict when needed

Facilitates health care team-based feedback in complex situations Facilitates teaching of team-based communication and feedback Assessment Models or Tools	 Runs debrief after performance of emergency tracheotomy in a code Direct observation Global assessment Medical record (chart) audit Multisource feedback Simulation
Curriculum Mapping	•
Notes or Resources	 Braddock CH, Edwards KA, Hasenberg NM, Laidley TL, Levinson W. Informed decision making in outpatient practice: time to get back to basics. <i>JAMA</i> 1999;282(24):2313-2320. https://jamanetwork.com/journals/jama/fullarticle/192233. Dehon E, Simpson K, Fowler D, Jones A. Development of the faculty 360. <i>MedEdPORTAL</i>. 2015;11:10174. https://www.mededportal.org/doi/10.15766/mep 2374-8265.10174. Fay D, Mazzone M, Douglas L, Ambuel B. A validated, behavior-based evaluation instrument for family medicine residents. <i>MedEdPORTAL</i>. 2007. https://www.mededportal.org/doi/10.15766/mep 2374-8265.622. François, J. Tool to assess the quality of consultation and referral request letters in family medicine. <i>Can Fam Physician</i>. 2011;57(5):574-575. https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3093595/pdf/0570574.pdf. Green M, Parrott T, Cook G. Improving your communication skills. <i>BMJ</i>. 2012;344:e357. https://www.bmj.com/content/344/bmj.e357. Henry SG, Holmboe ES, Frankel RM. Evidence-based competencies for improving communication skills in graduate medical education: a review with suggestions for implementation. <i>Med Teach</i>. 2013;35(5):395-403. https://www.tandfonline.com/doi/full/10.3109/0142159X.2013.769677. Lane JL, Gottlieb RP. Structured clinical observations: a method to teach clinical skills with limited time and financial resources. <i>Pediatrics</i>.2000;105:973-7. https://pediatrics.aappublications.org/content/pediatrics/105/Supplement 3/973.full.pdf. Roth CG, Eldin KW, Padmanabhan V, Freidman EM. Twelve tips for the introduction of emotional intelligence in medical education. <i>Med Teach</i>. 2018:1-4. https://www.tandfonline.com/doi/full/10.1080/0142159X.2018.1481499.

Interpersonal and Communication Skills 3: Communication within Health Care Systems Overall Intent: To communicate effectively using a variety of methods	
Milestones	Examples
Level 1 Accurately records information in the patient record	Documentation of guardian is accurate
Safeguards patients' personal health information	Shreds patient list after rounds; avoids talking about patients in the elevator
Level 2 Demonstrates organized diagnostic and therapeutic reasoning through notes in the patient record	Creates organized and accurate documentation outlining clinical reasoning supporting the treatment plan
Documents required data in formats specified by institutional policy	Uses approved institutional templates to capture all required data elements
Level 3 Concisely reports diagnostic and therapeutic reasoning in the patient record	Concisely documents complex clinical thinking but may not contain anticipatory guidance at discharge
Appropriately selects direct (e.g., telephone, in- person) and indirect (e.g., progress notes, text messages) forms of communication based on context	Communicates with patient's care team immediately about potentially critical test result
Level 4 Communicates clearly, concisely, timely, and in an organized written form, including anticipatory guidance	Creates consistently accurate, organized, and concise documentation and frequently incorporates anticipatory guidance at discharge
Produces written or verbal communication (e.g., patient notes, email) that serves as an example for others to follow	Speaks directly to referring physicians and ensures recommendations are clear and understood
Level 5 Models feedback to improve others' written communication	Coaches other learners on written communication
Guides departmental or institutional communication around policies and procedures	Leads a task force established by the hospital quality improvement committee to develop a plan to improve house staff hand-offs
Assessment Models or Tools	 Direct observation Medical record (chart) audit Multisource feedback
Curriculum Mapping	

Notes or Resources	 Bierman JA, Hufmeyer KK, Liss DT, Weaver AC, Heiman HL. Promoting responsible electronic documentation: validity evidence for a checklist to assess progress notes in the electronic health record. <i>Teach Learn Med.</i> 2017;29(4):420-432. https://www.tandfonline.com/doi/full/10.1080/10401334.2017.1303385. Haig KM, Sutton S, Whittington J. SBAR: a shared mental model for improving communication between clinicians. <i>Jt Comm J Qual Patient Saf.</i> 2006;32(3)167-175. https://www.ncbi.nlm.nih.gov/pubmed/16617948. Starmer AJ, Spector ND, Srivastava R, et al. I-PASS, a mnemonic to standardize verbal handoffs. <i>Pediatrics</i>. 2012;129(2):201-204. https://ipassinstitute.com/wp-
	content/uploads/2016/06/I-PASS-mnemonic.pdf.

To help programs transition to the new version of the Milestones, the ACGME has mapped the original Milestones 1.0 to the new Milestones 2.0. Indicated below are where the subcompetencies are similar between versions. These are not exact matches, but are areas that include similar elements. Not all subcompetencies map between versions. Inclusion or exclusion of any subcompetency does not change the educational value or impact on curriculum or assessment.

Milestones 1.0	Milestones 2.0
PC1: Salivary Disease	
PC2: Aerodigestive Tract Lesions	
PC3: Sleep Disordered Breathing	
PC4: Facial Trauma	
PC5: Rhinosinusitis	
PC6: Nasal Deformity	
PC7: Chronic Ear	
PC8: Pediatric Otitis Media	
	PC1: Pediatric Chronic Airway Management
	PC2: Pediatric Acute Airway Management
	PC3: Pediatric Head and Neck Mass/Lesion
	PC4: Pediatric Otologic Disease
	PC5: Pediatric Rhinologic Diseases
	PC6: Pediatric Craniofacial, Plastic, and Reconstructive Surgery
MK1: Upper Aerodigestive Tract Malignancy	
MK2: Hearing Loss	
MK3: Dysphagia-Dysphonia	
MK4: Inhalant Allergy	
	MK1: Head and Neck Developmental Anatomy and Embryology
	MK2: Syndromes and Complex Comorbidities Impacting
	Otolaryngologic Care
SBP1: Patient Safety	SBP1: Patient Safety and Quality Improvement
SBP2: Resource Utilization	SBP3: Physician Role in Health Care Systems
	SBP2: System Navigation for Patient-Centered Care
PBLI: The ability to investigate and evaluate the care of	PBLI1: Evidence-Based and Informed Practice
patients, to appraise and assimilate scientific evidence,	PBLI2: Reflective Practice and Commitment to Personal Growth
and to continuously improve patient care based on	
constant self-evaluation and life-long learning	
PROF: Professionalism	PROF1: Professional Behavior and Ethical Principles
	PROF2: Accountability/Conscientiousness

	PROF3: Knowledge of Systemic and Individual Factors of Well-
	Being
ICS: Interpersonal Communication Skills	ICS1: Patient- and Family-Centered Communication
	ICS2: Interprofessional and Team Communication
	ICS3: Communication within Health Care Systems

Available Milestones Resources

Milestones 2.0: Assessment, Implementation, and Clinical Competency Committees Supplement, new 2021 - https://meridian.allenpress.com/jgme/issue/13/2s

Clinical Competency Committee Guidebook, updated 2020 -

https://www.acgme.org/Portals/0/ACGMEClinicalCompetencyCommitteeGuidebook.pdf?ver=2020-04-16-121941-380

Clinical Competency Committee Guidebook Executive Summaries, new 2020 - https://www.acgme.org/What-We-Do/Accreditation/Milestones/Resources - Guidebooks - Clinical Competency Committee Guidebook Executive Summaries

Milestones Guidebook, updated 2020 - https://www.acgme.org/Portals/0/MilestonesGuidebook.pdf?ver=2020-06-11-100958-330

Milestones Guidebook for Residents and Fellows, updated 2020 -

https://www.acgme.org/Portals/0/PDFs/Milestones/MilestonesGuidebookforResidentsFellows.pdf?ver=2020-05-08-150234-750

Milestones for Residents and Fellows PowerPoint, new 2020 - https://www.acgme.org/Residents-and-Fellows/The-ACGME-for-Residents-and-Fellows

Milestones for Residents and Fellows Flyer, new 2020 https://www.acgme.org/Portals/0/PDFs/Milestones/ResidentFlyer.pdf

Implementation Guidebook, new 2020 - https://www.acgme.org/Portals/0/Milestones%20Implementation%202020.pdf?ver=2020-05-20-152402-013

Assessment Guidebook, new 2020 -

https://www.acgme.org/Portals/0/PDFs/Milestones/Guidebooks/AssessmentGuidebook.pdf?ver=2020-11-18-155141-527

Milestones National Report, updated each Fall -

https://www.acgme.org/Portals/0/PDFs/Milestones/2019MilestonesNationalReportFinal.pdf?ver=2019-09-30-110837-587 (2019)

Milestones Bibliography, updated twice each year -

https://www.acgme.org/Portals/0/PDFs/Milestones/MilestonesBibliography.pdf?ver=2020-08-19-153536-447

Developing Faculty Competencies in Assessment courses - https://www.acgme.org/Meetings-and-Educational-Activities/Other-Educational-Activities/Courses-and-Workshops/Developing-Faculty-Competencies-in-Assessment

Assessment Tool: Direct Observation of Clinical Care (DOCC) - https://dl.acgme.org/pages/assessment

Assessment Tool: <u>Teamwork Effectiveness Assessment Module</u> (TEAM) - <u>https://dl.acgme.org/pages/assessment</u>

Learn at ACGME has several courses on Assessment and Milestones - https://dl.acgme.org/