

Supplemental Guide: Epilepsy



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Milestones Supplemental Guide

This document provides additional guidance and examples for the Epilepsy Milestones. This is not designed to indicate any specific requirements for each level, but to provide insight into the thinking of the Milestone Work Group.

Included in this document is the intent of each Milestone and examples of what a Clinical Competency Committee (CCC) might expect to be observed/assessed at each level. Also included are suggested assessment models and tools for each subcompetency, references, and other useful information.

Review this guide with the CCC and faculty members. As the program develops a shared mental model of the Milestones, consider creating an individualized guide (Supplemental Guide Template available) with institution/program-specific examples, assessment tools used by the program, and curricular components.

Additional tools and references, including the Milestones Guidebook, Clinical Competency Committee Guidebook, and Milestones Guidebook for Residents and Fellows, are available on the <u>Resources</u> page of the Milestones section of the ACGME website.

Patient Care 1: History

Overall Intent: To efficiently obtain, communicate, and document an epilepsy specific history

Milestones	Examples
Level 1 Obtains a relevant and organized seizure history and interval history, including from external sources	 Obtains a detailed description of the seizure semiology including localizing and lateralizing signs Obtains the age of seizure onset, seizure frequency, longest seizure free interval, seizure
	duration, and longest seizure durationInterviews all relevant sources including the patient, family members, and other witnesses
Level 2 Obtains a relevant and organized history, recognizing seizure risk factors, seizure	 Obtains history regarding febrile seizures, intracranial infections, stroke, head trauma, and seizures in other family members
mimics, and adverse treatment effects	 Asks about seizure triggers and diurnal patterns Asks about common adverse effects of antiseizure medications including those unique to each medication
	 Discusses risk factors for sudden unexpected death in epilepsy (SUDEP)
Level 3 Efficiently obtains a relevant and organized history, including neuropsychiatric symptoms, relevant to patient's acuity and clinical setting (e.g., clinic, emergency room)	 For patients in the emergency department, uses a focused history to determine a potential reason for an acute exacerbation of seizures such as poor adherence to the medical regimen, illness, or sleep deprivation Uses screening tools for depression, anxiety, and neurocognitive dysfunction
Level 4 Consistently obtains a history sufficient to guide subsequent examination, investigation, and treatment in complex cases, including unusual causes of seizures and epilepsy	 Obtains history necessary to assess if a patient has drug-responsive or drug-resistant epilepsy and to recommend the best treatment option to consider for those with drug-resistant epilepsy whether surgery, neurostimulation, or dietary therapy Obtains history necessary to assess for the possibility of an autoimmune epilepsy or a specific genetic or metabolic epilepsy
Level 5 Serves as a role model for obtaining a neurological history related to seizures and epilepsy	 Teaches medical students, residents, physician extenders, and non-neurologists how to obtain a seizure history
Assessment Models or Tools	 Direct observation Medical record (chart) audit
Curriculum Mapping	
Notes or Resources	 Patel AD, Baca C, Franklin G, et al. Quality improvement in neurology: Epilepsy Quality Measurement Set 2017 update. <i>Neurology</i>. 2018;91(18):829-836. <u>https://pubmed.ncbi.nlm.nih.gov/30282773/</u>. 2020.

• Sirven JI. Diagnosing and localizing seizures at the bedside and in clinic. In: Miller JW,
Goodkin HP. Epilepsy (NIP – Neurology in Practice). West Sussex, UK: John Wiley &
Sons; 2014: 35-41. ISBN:978-1118456941.

Patient Care 2: Neurologic Examination

Overall Intent: To efficiently obtain, communicate, and document a developmentally appropriate and epilepsy-focused physical examination

Milestones	Examples
Level 1 Performs a complete neurologic examination, including a relevant systemic and treatment side-effect examination	 Identifies neurological examination findings associated with a patient's underlying epilepsy Recognizes clinical examination findings associated with antiseizure medications and or surgical interventions
Level 2 Performs a complete neurologic examination accurately, incorporating all maneuvers (e.g., hyperventilation) appropriate to the patient, and relevant screening for psychiatric comorbidities	 Recognizes abnormalities associated with epilepsy related disorders and epilepsy syndromes Performs appropriate maneuvers such as hyperventilation in the appropriate clinical setting Utilizes objective measures for assessment of underlying psychiatric illnesses such as Beck depression inventory (BDI) etc. Performs appropriate examination in the ictal and post ictal state
Level 3 Consistently performs a complete neurologic examination to efficiently guide and prioritize subsequent investigation and treatment	 Recognizes stigmata of neurocutaneous and other systemic disorders associated with epilepsy Identifies abnormalities associated with genetic and or metabolic syndromes Correlates clinical findings with additional data including imaging, electroencephalography (EEG), and laboratory studies Correlates clinical examination findings in the ictal and post ictal state with localization of the seizure focus
Level 4 Performs a neurologic and systemic examination to identify unusual and rare causes of seizures or epilepsy	 Recognizes clinical features of rare and unusual neurological disorders and identifies appropriate diagnostic tools for assessment Identifies rare examination findings including retinal abnormalities associated with underlying disease or treatment
Level 5 Serves as a role model for performing a complete and relevant neurologic and systemic examination of patients with seizures and epilepsy	• Teaches medical students, residents, non-neurologists, and advanced practice providers relevant techniques and nuances of the neurological examination relevant to the patient with epilepsy
Assessment Models or Tools	 Direct observation Medical record (chart) audit Simulation
Curriculum Mapping	
Notes or Resources	 DeMyer WE. <i>Technique of the Neurological Examination</i>. 5th ed. New York; NY: McGraw Hill; 2004. Engel J, Pedley T, Aicardi J, Dichter MA, Peruca E. <i>Epilepsy: A Comprehensive Textbook</i>. 2nd ed. LWW; 2008: 287-788.

• Larsen PD, Stensaas SS. PediNeurologic Exam: A Neurodevelopmental Approach.
https://neurologicexam.med.utah.edu/pediatric/html/home_exam.html. 2020.

	Patient Care 3: Medical Management	
Overall Intent: To effectively diagnose and manage epilepsy and its comorbidities medically using pharmacological and non- pharmacological treatments		
Milestones	Examples	
Level 1 Provides anti-seizure medication treatment for patients with common seizure disorders	 Understands which antiseizure medications are appropriate selections for partial and generalized epilepsies Understands difference in drug formulations 	
Manages common side-effects of pharmacologic therapy	 Describes life-threatening antiseizure medication adverse effects 	
Level 2 Provides anti-seizure medication treatment for patients with uncommon seizure disorders, incorporating genetic background, age, gender, and relevant demographic variables	 Avoids use of valproic acid in young females Avoids use of sodium blockers in patients with sodium channel neuronal type 1α subunit (SCN1A) mutations 	
Manages pharmacokinetics and drug interactions of anti-seizure medications	 Adjusts doses and dosing frequency by age and metabolism Understands the interaction between antiepileptic medications and other medications 	
Level 3 Provides anti-seizure medications for special circumstances such as pregnancy and underlying medical complications	 Understands the relative risks of antiseizure medications during pregnancy and their impact on the fetus Adjusts antiseizure medications dosing and frequency for a patient on dialysis 	
Identifies uncommon and rare side-effects of pharmacologic therapy	 Changes antiseizure medications appropriate for chemotherapy Orders visual field testing for patients taking vigabatrin 	
Level 4 Provides medical management, including nonpharmacologic treatments, of patients with seizure disorders	 Manages treatment with dietary therapies 	
Manages uncommon anti-seizure medications, rare side-effects of pharmacologic therapy and complex drug interactions	 Adjusts dosing for patients on antiseizure medications with multiple drug interactions 	
Level 5 Engages in scholarly activity (e.g., teaching, participating in clinical trials, authorship) related to medical management of patients with seizure disorders	 Presents abstract on efficacy of antiseizure medications at a national meeting 	

Assessment Models or Tools	Direct observation
	Medical record (chart) audit
Curriculum Mapping	
Notes or Resources	 Glauser T, Ben-Menachem E, Bourgeois B, Cnaan A, et al. Updated ILAE evidence review of antiepileptic drug efficacy and effectiveness as initial monotherapy for epileptic seizures and syndromes. <i>Epilepsia</i>. 2013;54(3):551-563. <u>https://pubmed.ncbi.nlm.nih.gov/23350722/</u>. 2020. Patsalos PN, Berry DJ, Bourgeois BFD, et al. Antiepileptic drugs – best practice guidelines for therapeutic drug monitoring: A position paper by the subcommision on therapeutic drug monitoring, ILAE Commission on Therapeutic Strategies. <i>Epilepsia</i>. 2008;49(7):1239-1276. <u>https://pubmed.ncbi.nlm.nih.gov/18397299/</u>. 2020. Porter RL, Rogawski MA. Antiseizure Drugs. In: Katzung B. <i>Basic and Cllincal Pharmacology</i>. 14th edition. McGraw-Hill; 2017.

Patient Care 4: Surgical Management of the Inpatient Setting Overall Intent: To efficiently obtain, communicate, and document a developmentally appropriate knowledge and skill that addresses epilepsy surgical management	
Milestones	Examples
Level 1 Discusses the indications for and different types of surgical intervention and identifies appropriate epilepsy surgery candidates	 Understands and verbalizes the indications for temporal lobectomy, neocortical resection, corpus callosotomy Describes the risks and benefits of epilepsy surgery Understands and identifies appropriate epilepsy surgery candidate
Identifies all approved medical device therapies	 Understands and identifies vagus nerve stimulation, responsive neurostimulation, and deep brain stimulation for drug-resistant epilepsy
Educates patients and caregivers regarding epilepsy surgery indication and understands the role of the epilepsy surgery conference	 Educates and counsels patients and caregivers regarding epilepsy surgery indications and epilepsy surgery evaluation such as temporal lobectomy, medical devices, etc. Understands and verbalizes the role of the epilepsy surgery conference
Level 2 Identifies and interprets diagnostic modalities for epilepsy surgery evaluation (Phase I)	 Identifies and understands video-EEG monitoring in epilepsy monitoring unit, magnetic resonance imaging (MRI) for epilepsy protocol, fluorodeoxyglucose positron emission tomography (FDG PET), single-photon emission computed tomography (SPECT), magnetoencephalography (MEG), source localization/ dipole analysis, Wada, neuropsychology testing, psychosocial evaluation Interprets Phase I video-EEG monitoring and generates preliminary reports
Discusses age-dependent indications for and limitations of all approved device therapies	 Understands and discusses age-dependent indications for and limitations of vagus nerve stimulation, responsive neurostimulation, and deep brain stimulation
Educates patients and caregivers regarding overall epilepsy surgery risks and benefits and participates in epilepsy surgery conference	 Educates and counsels patients and caregivers regarding epilepsy surgery risks, benefits, and prognosis of proposed epilepsy surgery plan Attends epilepsy surgery conference and presents patient's data in a straightforward manner under direct supervision of faculty member(s)
Level 3 Plans all aspects of the Phase I surgical evaluation and recognizes and interprets common findings of diagnostic modalities (intracranial electroencephalogram (EEG), functional mapping with cortical stimulation, imaging merge and fusion)	 Plans when FDG PET, SPECT and/or MEG is needed Interprets common findings of and generates preliminary reports for electroencephalogram with intracranial electrode placement and/or post-resection, intracranial video-EEG monitoring, and functional mapping with cortical stimulation Understands and interprets imaging merge and fusion after radiology personnel completes the procedures

Interrogates medical device therapies with simple programming	 Interrogates medical devices and performs simple programming such as turning on/off and simple increase of current
Collaborates with the interdisciplinary team, including patient and family, in acute post- operative management and presents Phase I data as part of the epilepsy surgery conference	 Collaborates and coordinates care with patient, family members, and other medical staff members (nurse, EEG technologist, and neurology/ neurosurgery residents) in epilepsy monitoring unit and post-operative cases Presents complete Phase I data under indirect supervision of faculty member(s)
Level 4 Plans all aspects of the Phase II surgical evaluation including less common findings	 Plans when stereo electroencephalography (sEEG) versus subdural grid is needed for Phase II Interprets less common findings and generates full reports of EEG, intracranial video-EEG monitoring, and functional mapping with cortical stimulation
Interprets data and programs approved medical devices as well as troubleshoots technical issues	 Interprets data of detected event trends in medical device and programs the device with common recommended algorithm Troubleshoots technical issues and understands when the revision is needed in device therapy
Collaborates with the interdisciplinary team in long-term surgical management and presents Phase II data	 Coordinates care with interdisciplinary team (neurologist, neurosurgeon, primary care provider, etc.) in long-term epilepsy surgical management Presents complete Phase II data under indirect supervision of faculty member(s)
Level 5 Independently plans and manages Phase II surgical evaluation and engages in scholarly activity (e.g., conducts research,	 Independently plans the coverage of Phase II electrodes (either with sEEG or subdural grid) and directs Phase II surgical evaluation such as laser interstitial thermal therapy, open resection, or medical device therapy
publishes in peer-reviewed journal) related to surgical management of patients with refractory seizure disorder	 Engages in research, manuscript writing, or a regional or national conference related to surgical management of patients with refractory seizure disorder
Independently manages and programs all approved medical devices including complex programming	• Understands and performs complex programming such as group bipolar or low-frequency stimulation in responsive neurostimulation
Leads multidisciplinary epilepsy surgery team and epilepsy surgery conference	 Leads and coordinates projects in multidisciplinary epilepsy surgery team
Assessment Models or Tools	 Direct observation – clinical care environment Direct observation – epilepsy surgery multidisciplinary conference Written examination
Curriculum Mapping	•

Notes or Resources	 Engel J Jr. What can we do for people with drug-resistant epilepsy? The 2016 Wartenberg Lecture. <i>Neurology</i>. 2016;87(23):2483-2489. <u>https://pubmed.ncbi.nlm.nih.gov/27920283/</u>. 2020.
	 Engel J, McDermott MP, Wiebe S, et al. Early surgical therapy for drug-resistant temporal lobe epilepsy: A randomized trial. <i>JAMA</i>. 2012;307(9):922-930.
	 <u>https://pubmed.ncbi.nlm.nih.gov/22396514/</u>. 2020. Weibe S, Blume WT, Girvin JP, Eliasziw M. A randomized, controlled trial of surgery for temporal-lobe epilepsy. <i>N Engl J Med</i>. 2001;345(5):311-318.
	 <u>https://pubmed.ncbi.nlm.nih.gov/11484687/</u>. 2020. Wyllie E, Gidal BE, Goodkin HP, Loddenkemper T, Sirven JI. <i>Wyllie's Treatment of Epilepsy: Principles and Practice</i>. 7th edition. Philadelphia, PA: Wolters Kluwer; 2021.

Patient Care 5: Emergent and Critical Care Overall Intent: To understand the indication for critical care EEG monitoring, efficiently and accurately interpret continuous EEG findings,		
and manage critically ill patients in collaboration with critical care team		
Milestones	Examples	
Level 1 Recognizes the indications for continuous EEG monitoring in critically ill patients and identifies primary and secondary causes of status epilepticus	 Understands when continuous EEG monitoring is indicated for critically ill patients Identifies high-risk patients for status epilepticus Identifies primary and secondary cause of status epilepticus Communicates EEG findings with the patient care team 	
Performs and interprets a diagnostic evaluation for a patient with status epilepticus	Understands critical care EEG terminology and definition of status epilepticus	
Level 2 Recognizes and interprets continuous EEG monitoring data in patients with convulsive and non-convulsive status epilepticus and identifies common artifacts in intensive care unit (ICU) EEGs	 Writes continuous EEG reports using the standardized intensive care unit (ICU) EEG terminology Identifies eye movements, breach rhythms, EEG electrodes, and electrocardiogram (EKG) as artifacts in ICU EEGs 	
Recognizes common drug interactions and life- threatening complications of anti-seizure medications	 Understands common drug interactions between antiseizure medications and other drugs Identifies propofol infusion syndrome 	
Level 3 Recognizes and interprets continuous EEG monitoring data in patients with acute neurologic problems and identifies uncommon artifacts in ICU EEGs	 Applies EEG findings to patients' acute neurologic problems, and communicates with the primary team about EEG's clinical implications and formulate treatment plans accordingly 	
Identifies and manages critically ill patients with refractory and super refractory status epilepticus	 Actively manages or engages in management of critically ill patients with refractory and super refractory status epilepticus Identifies bed percussion artifacts, ventilator artifacts, water in the tube artifacts, and pulse artifacts 	
Level 4 Interprets and manages critically ill patients with continuous EEG monitoring, including quantitative EEG	 Applies quantitative EEG for long-term trends, quantifies burden of seizures/status epilepticus, and monitors therapeutic effects of medications 	
Collaborates with the interdisciplinary team and manages neurological complications in critically ill patients including refractory and super refractory status epilepticus	 Leads the interdisciplinary team in joint ICU-EEG conferences and discusses EEG findings, diagnosis, and treatments for critically ill patients Teaches residents, nurses, and technicians about continuous EEG findings and quantitative EEGs and their implications in clinical care 	

Level 5 Engages in scholarly activity (e.g., publishes in peer-reviewed journal) related to emergent management of patients with cluster of seizures or status epilepticus Assessment Models or Tools	 Applies evidence-based medicine with self-initiated literature search in critical care EEG monitoring and management Engages in research projects, presents poster, or publishes in peer-reviewed journal related to critical care EEG or management of critically ill patients Assessment during case conferences Direct observation Medical record (chart) audit Written examination
Curriculum Mapping	•
Notes or Resources	 Hirsch LJ, LaRoche SM, Gaspard N, et al. American Clinical Neurophysiology Society's Standardized Critical Care EEG Terminology: 2012 version. <i>J Clin Neurophysiol</i>. 2013:30(1):1-27. <u>https://pubmed.ncbi.nlm.nih.gov/23377439/</u>. 2020. LaRoche S, Haider HA. <i>Handbook of ICU EEG monitoring</i>. 2nd edition. New York, NY: Springer Publishing Company; 2018. Nelson SE, Varelas PN. Status epilepticus, refractory status epilepticus, and super-refractory status epilepticus. <i>Continuum (Minneap Minn)</i>. 2018;24(6):1683-1707. <u>https://pubmed.ncbi.nlm.nih.gov/30516601/</u>. 2020. Young GB, Mantia J. Continuous EEG monitoring in the intensive care unit. <i>Handb Clin Neurol</i>. 2017;140:107-116. <u>https://pubmed.ncbi.nlm.nih.gov/28187794/</u>. 2020.

Patient Care 6: Cognitive, Behavioral, and Psychiatric Disorders Associated with Epilepsy

Overall Intent: To recognize cognitive, behavioral, and psychiatric disorders associated with epilepsy and determine effective therapies

Milestones	Examples
Level 1 Identifies cognitive, behavioral, and psychiatric disorders in patients with epilepsy or psychogenic non-epileptic seizures	 Recognizes depression, memory disorders, cognitive impairment, and psychiatric disorders may co-exist in patients with either epilepsy or psychogenic non-epileptic seizures Recognizes that some medications used to treat either epilepsy or psychogenic non-epileptic seizures may contribute to cognitive and behavior disorders in these patients Communicates with patient and family the type and degree of comorbidities
Level 2 Discusses the contribution of seizures, epilepsy etiology, treatment (e.g., anti-seizure medications, surgery), and other factors (e.g., sleep disorder) to cognitive, behavioral, and psychiatric disorders in patients with epilepsy or psychogenic non-epileptic seizures	 Recognizes the consequences of frequent seizures and different seizure types on cognition and memory Understand the association of epilepsy and antiseizure medications with suicidal ideations and suicide attempts Recognizes risk factors for suicide in adults and children
Level 3 Diagnoses and manages common cognitive, behavioral, and psychiatric disorders medically and refers for neuropsychological testing and psychological or psychiatric treatment, as appropriate	 Screens for depression in patients with epilepsy Refers patients with potential for memory impairment for appropriate neuropsychological testing Recognizes that psychogenic non-epileptic seizures may be exacerbated by underlying psychiatric conditions requiring medical management Refers patients with psychogenic non-epileptic seizures for cognitive behavioral therapy Selects antidepressant medications for uncomplicated depression Identifies antidepressant, antianxiety, and antipsychotic medications that may exacerbate seizures
Level 4 Uses community resources and collaborates with other mental health providers and families to manage cognitive, behavioral, and psychiatric disorders in patients with epilepsy or psychogenic non-epileptic seizures	 Refers patients with cognitive, behavioral, and psychiatric disorders associated with seizures to appropriate practitioners in the community with focused expertise in the specific comorbidity Knows local private, non-profit, and government resources to refer patients with psychosocial needs Develops methods to jointly follow patients with epilepsy or psychogenic non-epileptic disorders with psychologists or psychiatrists
Level 5 Engages in scholarly activity (e.g., teaching, research, authorship) in cognitive, behavioral, or psychiatric disorders Assessment Models or Tools	 Engage in multidisciplinary review of evidence-based treatment with neuropsychology and psychiatry colleagues to establish local, national, or international assessment and treatment guidelines Assessment during case conferences Chart audit

	Direct observation
Curriculum Mapping	•
Notes or Resources	 Baslet G, Bajestan SN, Aybek S, et al. Evidence-based practice for the clinical assessment of psychogenic nonepileptic seizures: A report from the American Neuropsychiatric Association Committee on Research. <i>J Neuropsychiatry Clin Neurosci</i>. 2020. <u>https://pubmed.ncbi.nlm.nih.gov/32778006/</u>. 2020. Leeman-Markowski BA, Schachter SC. Psychiatric comorbidity of epilepsy. In: Wyllie E. <i>Treatment of Epilepsy: Principles and Practice</i>. 7th ed. Philadelphia, PA: Wolters Kluwer, 2021: 1064-1084.

Patient Care 7: Read and Interpret Electroencephalogram (EEG) Overall Intent: To demonstrate the ability to interpret and report EEG findings in the context of clinical care across the age spectrum	
Milestones	Examples
Level 1 Identifies normal EEG as a function of age	Identifies normal features of wakefulness and sleep while reading a routine EEG
Verbally describes the findings of an EEG study	 Provides a verbal summary of the findings of a normal routine EEG
Level 2 Identifies features of the normal EEG at all developmental stages, as well as artifacts	Correctly identifies periods of wakefulness, active sleep, and quiet sleep in a full-term infant
Writes a complete report of a routine EEG study	Completes the preliminary report for an inpatient routine EEG
Level 3 Recognizes interictal epileptiform abnormalities, benign non-epileptiform transients, and ictal patterns, and correlates these patterns with observed semiology on video	 Provides a complete description of a focal seizure beginning with left temporal rhythmic theta frequency activity evolving to broader left hemispheric delta frequency activity and then ceasing and correlates that with a semiology of oral automatisms and speech/behavioral arrest
Writes a complete daily report for a continuous video-EEG study including (when applicable) a detailed semiologic description	 Completes the preliminary report for a day of continuous video-EEG monitoring
Level 4 Teaches others to identify normal and abnormal features of an EEG	 Leads a lecture to one or more residents describing epileptiform abnormalities using examples from EEGs or video-EEGs recorded during that rotation
Teaches others to report EEG findings in verbal and written formats	• Reviews and provides feedback on a written report of a routine EEG study from a resident
Level 5 Engages in scholarly activity focusing on the interpretation of EEG	 Develops a project investigating the utility of a novel quantitative approach to EEG screening
Assessment Models or Tools	 Assessment during case conferences Direct observation Medical record (chart) audit Written examination
Curriculum Mapping	•
Notes or Resources	 Fisch BJ, Spehlmann R. <i>Fisch and Spehlmann's EEG primer: Basic Principles of Digital and Analog EEG.</i> 3rd ed. Amsterdam: Elsevier; 1999. Libenson MH. <i>Practical Approach to Electroencephalography.</i> 1st ed. Philadelphia, PA: Saunders/Elsevier; 2010.

	ess; 2018.
St. Louis EK Text and Atl Chicago, IL:	Frey LC, Britton JW, et al. <i>Electroencephalography (EEG): An Introductory</i> as of Normal and Abnormal Findings in Adults, Children, and Infants. American Epilepsy Society; 2016. http://www.action.com/page/200354/. 2020.

Medical Knowledge 1: Epilepsy Localization Overall Intent: To precisely localize focal seizure onset and network using the history, physical exam, EEG, imaging, and neuropsychological testing	
Milestones	Examples
Level 1 Describes typical semiology of seizures originating in each lobe and the potential neurological deficits based on lobe of origin	 Recognizes characteristics of temporal lobe seizures including psychic sensations, epigastric sensations, motor automatisms, and impaired awareness Recognizes characteristics of frontal lobe seizures including hypermotor activity, short duration, and occurrence during sleep
Level 2 Predicts lobar location of the seizure focus based on history (e.g., seizure semiology), exam findings, interictal EEG, and anatomical magnetic resonance imaging (MRI)	 Understands that hypermotor seizures in association with a normal exam, normal EEG, and normal MRI are consistent with frontal lobe seizures Recognizes that insular seizures can have overlapping semiology with frontal and temporal lobe seizures
Level 3 Uses detailed knowledge of neuroanatomy and neurophysiology along with clinical data (e.g., seizure semiology, neuropsychological testing, positron emission tomography (PET) scans) to determine the location of the seizure focus within a lobe	 Uses seizure semiology and ictal EEG to distinguish between mesial and neocortical temporal lobe epilepsy Understands the use of FDG PET or ictal SPECT in localizing frontal lobe epilepsy
Level 4 Uses detailed knowledge of neuroanatomy, neural networks, and neurophysiology along with incongruent clinical data (e.g., seizure semiology, neuropsychological testing, PET scans) to develop a plan for intracranial recording and potential surgical options	 Devises a stereo-EEG plan to determine the contribution of medial and lateral temporal area, anterior cingulate, orbitofrontal cortex, and insula in a patient with mesial temporal sclerosis but with a seizure semiology and EEG findings suggesting an extrahippocampal onset Develops a stereo-EEG plan to investigate the frontoparietal network in a non-lesional patient having a seizure semiology consistent with a frontal onset and an FDG PET scan showing hypometabolism in the parietal area
Level 5 Participates in scholarly activity (e.g., teaching, research, authorship) related to localization of epileptic focus Assessment Models or Tools	 Teaches medical students, residents, physician extenders, and non-neurologists how to localize seizures Gives lectures at conferences on how to plan a stereo-EEG study Case conference Direct observation
Curriculum Mapping	Written examination
Notes or Resources	Alomar S, Jones J, Maldonado A, Gonzalez-Martinez J. The stereo- electroencephalography methodology. <i>Neurosurg Clin N Am.</i> 2016,27:83-95. https://pubmed.ncbi.nlm.nih.gov/26615111/ . 2020.

• Bonini F, McGonigal A, Trébuchon A, et al. Frontal lobe seizures: From clinical semiology
to localization. <i>Epilepsia</i> . 2014,55:264-277. https://pubmed.ncbi.nlm.nih.gov/24372328/.
2020.
• Kennedy JD, Schuele SU. Neocortical temporal lobe epilepsy. <i>J Clin Neurophysiol</i> .
2012,29:366-370. https://pubmed.ncbi.nlm.nih.gov/23027092/. 2020.
• Kalamangalam GP, Tandon N. Stereo-EEG implantation strategy. <i>J Clin Neurophysiol</i> .
2016,33:483-489. https://pubmed.ncbi.nlm.nih.gov/27918343/. 2020.
Skidmore CT. Adult focal epilepsies. Continuum. 2016,22:94-115.
https://pubmed.ncbi.nlm.nih.gov/26844732/. 2020.

Medical Knowledge 2: Diagnostic Evaluation Overall Intent: To demonstrate understanding of the indications for, as well as risk and benefits of, invasive and non-invasive diagnostic testing in epilepsy **Milestones Examples** Level 1 Demonstrates knowledge of and Recognizes appropriate times to order genetic and autoimmune testing for children and indications for ordering routine tests and their adults Understands when to order ambulatory versus inpatient video-EEG monitoring costs Level 2 Demonstrates knowledge of, risks, and Understands when patients should be recommended to undergo non-invasive presurgical benefits, and indications for ordering advanced testing • Understands the role of PET, fMRI, and neuropsychological testing in pre-surgical diagnostic tests evaluation • Understands the appropriate setting in which anesthesia should be used to obtain these tests and the risks involved • Understands the role of MEG, guantitative image analysis, and intracranial EEG in the Level 3 Recognizes indications, implications, and limitations of less common testing (e.g., evaluation of non-lesional epilepsy • Understands the specific clinical scenarios when Wada is indicated magnetoencephalography (MEG), ictal single photon emission computed tomography (SPECT), Wada) Level 4 Demonstrates knowledge of, risks and • Understands the appropriate setting to recommend an intracranial study benefits, and indications for ordering invasive Understands when to recommend stereo EEGs versus subdural electrodes for intracranial diagnostic tests evaluation Level 5 Participates in scholarly activity (e.g., Coauthors manuscript comparing diagnostic modalities in drug resistant epilepsy publication in peer-reviewed literature) related to diagnostic investigation Assessment Models or Tools • Case conference Direct observation • Medical record (chart) audit **Curriculum Mapping** • • Bagic A, Funke ME, Kirsch HE, et al. The 10 common evidence-supported indications of Notes or Resources MEG in epilepsy surgery: An illustrated compendium. J Clin Neurophysiology. 2020;37(6):483-497. https://europepmc.org/article/med/33165222. 2020. • Jayakar P, Gaillard WD, Tripathi M, et al. Diagnostic test utilization in evaluation for resective epilepsy surgery in children. Epilepsia. 2014;55(4):507-518. https://pubmed.ncbi.nlm.nih.gov/24512473/. 2020. • Ream MA, Pael AD. Obtaining genetic testing in pediatric epilepsy. Epilepsia. 2015;56(10):1505-1514. https://pubmed.ncbi.nlm.nih.gov/26345167/. 2020.

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Medical Knowledge 3: Seizure and Epilepsy Classification

Overall Intent: To demonstrate understanding of seizure and epilepsy classification and clinical and therapeutic implications

Milestones	Examples
Level 1 Demonstrates basic knowledge of common types of seizures and epilepsy, including epilepsy syndromes and epilepsy classification	 Understands the basic differences between focal and generalized seizures Knows the clinical features of focal and generalized seizures Knows the differences between basic seizure semiology of temporal and extratemporal epilepsy
Level 2 Demonstrates detailed knowledge of clinical and diagnostic findings in common epilepsy syndromes in children and adults	 Knows clinical features and EEG findings of idiopathic and genetic epilepsies Knows typical and atypical presentations of common epilepsy syndromes
Level 3 Demonstrates detailed knowledge of clinical and diagnostic findings in uncommon or rare epilepsy syndromes and epilepsies	 Knows differences in semiology between mesial temporal and neocortical epilepsies Knows clinical, EEG and imaging findings of rare genetic, infantile encephalopathies and metabolic syndromes
Level 4 Demonstrates advanced knowledge of epilepsies based on age, genetics, and other variables, and their potential impact on management	 Knows the features of specific channelopathies Knows to avoid certain medications in autistic spectrum disorders and dietary therapies in metabolic disorders
Level 5 Engages in scholarly activity related to clinical and diagnostic findings in seizures and epilepsy	 Presents abstract at national meeting related to rare epilepsy syndrome
Assessment Models or Tools	 Direct observation Medical record (chart) audit Written examination
Curriculum Mapping	
Notes or Resources	 Nocacher S, Peters A. Semiology of epileptic seizures: A critical review. Epilepsy and Behavior. 2012;15(1):2-9. <u>https://pubmed.ncbi.nlm.nih.gov/19236941/</u>. 2020. Scheffer et al. ILAE classification of epilepsies: Positions pater of the ILAE commission for classification and terminology. <i>Epilepsia</i>. 2017;58(4):512-521. <u>https://pubmed.ncbi.nlm.nih.gov/28276062/</u>. 2020. Wyllie E. <i>Treatment of Epilepsy: Principles and Practice</i>. 7th ed. Philadelphia, PA: Wolters Kluwer, 2021: 1064-1084.

Systems-Based Practice 1: Patient Safety	
Overall Intent: To engage in the analysis and management of patient safety events, including relevant communication with patients,	
families, and health care professionals	
Milestones	Examples
Level 1 Demonstrates knowledge of commonly reported patient safety events	 Has basic knowledge about the definition of patient safety events and reporting pathways
Demonstrates knowledge of how to report patient safety events	Describes institutional seizure precautions
Level 2 Identifies system factors that lead to patient safety events	 Identifies and reports a medication error caused by inadequate hand-off
Reports patient safety events through institutional reporting systems	 Describes efforts to reduce or eliminate falls in the epilepsy monitoring unit
Level 3 Participates in analysis of patient safety events	 Participates in a root cause analysis for a medication error
Participates in disclosure of patient safety events to patients and families	 Attends a family meeting to disclose
Level 4 Leads analysis of patient safety events and offers error prevention strategies	 Collaborates in the analysis of a medication error to improve the hand-off process
Leads team disclosing patient safety events to patients and families	 Discloses a medication error to patients/families
Level 5 Actively engages teams and processes to modify systems to prevent patient safety	 Engages appropriate stakeholders to improve awareness of seizure safety and first aid in the community
events	 Creates a staff education module around appropriate seizure precautions
Role models or mentors others in the disclosure of patient safety events	 Leads a simulation for more junior residents in error disclosure
Assessment Models or Tools	 Direct observation Documentation of patient safety project E-module multiple choice tests Multisource feedback Portfolio Simulation
Curriculum Mapping	•

Notes or Resources	Institute of Healthcare Improvement. <u>http://www.ihi.org/Pages/default.aspx</u> . 2020.
	 Labiner DM, Bagic AI, Herman ST, et al. Essential services, personnel, and facilities in specialized epilepsy centers – Revised 2010 guidelines. <i>Epilepsia</i>. 2010;51(11):2322-
	2333. https://pubmed.ncbi.nlm.nih.gov/20561026/. 2020.

Systems-Based Practice 2: Quality Improvement (QI)

Overall Intent: To conduct a QI project

Milestones	Examples
Level 1 Demonstrates knowledge of basic	 Has basic knowledge about the definition of QI strategies
quality improvement methodologies and metrics	
Level 2 Describes local quality improvement	 Describes efforts to reduce or eliminate falls in the epilepsy monitoring unit
initiatives (e.g., community vaccination rate,	
infection rate, smoking cessation)	
Level 3 Participates in local quality improvement	 Participates in a QI project, though may not have yet designed a QI project
initiatives	
Level 4 Demonstrates the skills required to	• Designs a QI project that will allow for urgent referrals to be seen in a timely fashion
identify, develop, implement, and analyze a quality improvement project	
Level 5 Creates, implements, and assesses	 Analyzes and publishes the findings of a QI project to improve awareness of
quality improvement initiatives at the institutional	 seizure symptoms within the community
or community level	
Assessment Models or Tools	Direct observation
	Documentation of a QI project
	E-module multiple choice tests
	Multisource feedback
	Portfolio
	Simulation
Curriculum Mapping	
Notes or Resources	• Institute of Healthcare Improvement. <u>http://www.ihi.org/Pages/default.aspx</u> . 2020.
	• Labiner DM, Bagic AI, Herman ST, et al. Essential services, personnel, and facilities in
	specialized epilepsy centers – Revised 2010 guidelines. <i>Epilepsia</i> . 2010;51(11):2322-
	2333. https://pubmed.ncbi.nlm.nih.gov/20561026/. 2020.

Systems-Based Practice 3: System Navigation for Patient-Centered Care	
Overall Intent: To effectively navigate the health care system, including the interdisciplinary team and other care providers, to adapt care to a specific patient population to ensure high-quality patient outcomes	
Milestones	Examples
Level 1 Demonstrates knowledge of care coordination	Identifies the members of the interprofessional team
Performs safe and effective transitions of care/hand-offs in routine clinical situations	• Lists the essential components of an effective sign-out and care transition, including sharing information necessary for successful transitions
Demonstrates knowledge of population and community health needs and disparities	• Identifies components of social determinants of health and how they impact the delivery of patient care
Level 2 Coordinates care of patients in routine clinical situations effectively using the roles of	 Contacts social worker and pharmacist to get assistance for obtaining antiseizure medication begun in the hospital
the interprofessional teams	 Understands the need for transition of care between the pediatric and adult epilepsy care teams
Performs safe and effective transitions of care/hand-offs in complex clinical situations	• Provides anticipatory guidance to night float team about a patient admitted for pre-surgical evaluation on reduced antiseizure medications with a history of status epilepticus
Identifies specific population and community health needs and inequities for their local population and community	Identifies patients at risk for specific health outcomes related to health literacy concerns
Level 3 Coordinates care of patients in complex clinical situations effectively using the roles of their interprofessional teams	 Coordinates care of an epilepsy surgery patient with other health care professionals
Supervises transitions of care by other team members	 Supervises more junior residents when patients are transitioned from ICU
Effectively uses local resources to meet the needs of a patient population and community	Works with local leaders to facilitate support group participation for patients
Level 4 Role models effective coordination of patient-centered care among different disciplines and specialties	 Leads the multidisciplinary epilepsy surgery conference

Role models safe and effective transitions of care/hand-offs within and across health care delivery systems including outpatient settings	• Leads a multidisciplinary discharge conference for the transition of a patient from the hospital to a long-term facility
Adapts practice to provide for the needs of specific populations	 Works with program director to develop a multidisciplinary clinic for patients requiring epilepsy and comorbid psychiatric treatment
Level 5 Improves quality of transitions of care within and across health care delivery systems to optimize patient outcomes	 Designs a transitional clinic from pediatric to adult care for patients with neurologic disorders
Leads innovations in adapting practice and systems for populations and communities with health care disparities	 Designs a curriculum on social determinants of health Develops a telehealth program for outlying clinics
Assessment Models or Tools	 Direct observation Medical record (chart) audit Multisource feedback Simulation
Curriculum Mapping	
Notes or Resources	 Brown LW, Camfield PC, Capers M, et al. The neurologist's role in supporting transition to adult care: A consensus statement. <i>Neurology</i>. 2016;(87)3:835-840. https://pubmed.ncbi.nlm.nih.gov/27466477/. 2020. Centers for Disease Control and Prevention. Population Health Training. https://www.cdc.gov/pophealthtraining/whatis.html. 2020. Skochelak SE, Hawkins RE, Lawson LE, Starr SR, Borkan JM, Gonzalo JD. <i>AMA Education Consortium: Health Systems Science</i>. 1st ed. Philadelphia, PA: Elsevier; 2016. https://commerce.ama-assn.org/store/ui/catalog/productDetail?product_id=prod2780003. 2020.

Systems-Based Practice 4: Physician Role in Health Care Systems

Overall Intent: To understand own role in the complex health care system and how to optimize the system to improve patient care and the	
health system's performance	
Milestones	Examples
Level 1 Describes basic health care payment systems (e.g., government, private, public, uninsured care) and practice models	 Recognizes the multiple, often competing, forces in the health care system
Identifies basic knowledge domains for effective transition to practice (e.g., information technology, legal, billing and coding, financial, personnel)	 Recognizes there are different payment systems, such as Medicare, Medicaid, Veterans Affairs (the VA), and commercial third-party payers Understands the impact of health plan features, including formularies Understands proper documentation is required for billing and coding
Level 2 Delivers patient-centered care, considering patient's payment model	 Identifies that late discharges impact bed availability
Demonstrates use of information technology required for medical practice (e.g., electronic health record, documentation required for billing and coding)	 Understands documentation to obtain approval for prior authorization Recognizes the impact on epilepsy care on uninsured or underinsured statuses Applies appropriate coding, with supervision, in compliance with regulations
Level 3 Engages with patients in shared decision making, informed by each patient's payment models	 Understands, accesses, and analyzes own performance data
Consistently demonstrates timely and accurate documentation, including coding and billing	Uses shared decision making and adapts choice of testing depending on the relevant clinical needs Completes notes for national encounters within timeframe established by the institution
requirements Level 4 Uses available resources to promote optimal patient care (e.g., community resources, patient assistance resources) considering each patient's payment model	 Completes notes for patient encounters within timeframe established by the institution Collaborates with the institution to improve patient assistance resources
Implements changes in individual practice patterns in response to professional requirements and in preparation for practice	 Reviews patient's formulary and chooses an appropriate medication that will be covered by insurance or identifies programs to provide financial support for medication coverage Develops a post-residency plan for individual practice or additional education
Level 5 Advocates for systems change that enhances high-value, efficient, and effective patient care	 Participates in the development of an epilepsy clinic for uninsured or underinsured patients in the community

Educates others to prepare them for transition to practice	 Improves informed consent process for non-English-speaking patients requiring interpreter services Works with state medical association to advocate for access to neurologic care
Assessment Models or Tools	 Direct observation Medical record (chart) audit Multisource feedback
Curriculum Mapping	
Notes or Resources	 Agency for Healthcare Research and Quality. Major Physician Measurement Sets. <u>https://www.ahrq.gov/professionals/quality-patient-safety/talkingquality/create/physician/measurementsets.html</u>. 2020. Dzau VJ, McClellan MB, McGinnis JM, et al. Vital directions for health and health care: Priorities from a National Academy of Medicine initiative. <i>JAMA</i>. 2017;317(14):1461-1470. <u>https://nam.edu/vital-directions-for-health-health-care-priorities-from-a-national-academy-of-medicine-initiative/</u>. 2020. The Kaiser Family Foundation. <u>www.kff.org</u>. 2020.

Practice-Based Learning	and Improvement 1: Evidence-Based and Informed Practic	е

Overall Intent: To incorporate evidence from varied sources to optimize patient care, and to critically appraise the sources and analyze conflicting evidence

Milestones	Examples
Level 1 Demonstrates how to access and use available evidence, and to incorporate patient preferences and values in order to take care of a routine patient	 Searches for appropriate evidence-based guidelines for a patient with new onset epilepsy
Level 2 Articulates clinical questions and elicits patient preferences and values in order to guide evidence-based care	 Asks about patient preferences for medical versus surgical treatment and searches literature for available options
Level 3 Locates and applies the best available evidence, integrated with patient preference, to the care of complex patients	 Applies evidence for alternate treatment options for a patient with treatment resistant epilepsy
Level 4 <i>Critically appraises and applies</i> <i>evidence, even in the face of uncertainty, and</i> <i>interprets conflicting evidence to guide care,</i> <i>tailored to the individual patient</i>	 Accesses the primary literature to address a unique clinical situation when the evidence is unclear or emerging Identifies new evidence that challenges current practice and appropriately applies
Level 5 Coaches others to critically appraise and apply evidence for complex patients; and/or participates in the development of guidelines	 Teaches an evidence-based medicine course
Assessment Models or Tools	 Direct observation Journal club assessment Multisource feedback Presentation
Curriculum Mapping	
Notes or Resources	 U.S. National Library of Medicine. PubMed Tutorial. <u>https://www.nlm.nih.gov/bsd/disted/pubmedtutorial/cover.html</u>. 2020.

Practice-Based Learning and Improvement 2: Reflective Practice and Commitment to Personal Growth

Overall Intent: To seek clinical performance information with the intent to improve care; to reflect on all domains of practice, personal interactions, and behaviors, and their impact on colleagues and patients (reflective mindfulness); to develop clear objectives and goals for improvement in some form of a learning plan

improvement in some form of a learning plan	
Milestones	Examples
Level 1 Accepts responsibility for personal and professional development by establishing goals	Creates personal learning goals
<i>Identifies the factors that contribute to gap(s)</i> <i>between expectations and actual performance</i>	 Identifies that too much time is spent on notes
Actively seeks opportunities to improve	Asks attending for tips on efficient note writing
Level 2 Demonstrates openness to performance data (feedback and other input)	 Asks follow-up questions regarding how to improve after receiving feedback
Analyzes and reflects on the factors that contribute to gap(s) between expectations and actual performance	 Identifies that too much time spent on notes impacts other aspects of patient care
Designs and implements a learning plan, with prompting	• At the suggestion of the attending, creates a note template
Level 3 Seeks performance data episodically, with adaptability and humility	 Seeks feedback during and following rotations based upon own perceptions of personal performance
Analyzes, reflects on, and institutes behavioral change(s) to narrow the gap(s) between expectations and actual performance	 Tracks the time spent on notes to recognize improved efficiency
Independently creates and implements a learning plan	 Independently creates a note template to improve efficiency of documentation
Level 4 Intentionally seeks performance data consistently with adaptability and humility	 At the end of all rotations, seeks out and uses feedback on performance
Addresses assumptions and considers alternatives in narrowing the gap(s) between expectations and actual performance	 Works with information technology (IT) to improve note template after recognizing that documentation is still inefficient

Analyze and edit/modify learning plans regularly	Gets quality monitoring reports from IT to review the learning plan
Level 5 Role models consistently seeking performance data with adaptability and humility	 Asks more junior learners for feedback about the quality of educational experiences
Coaches others on reflective practice	• Encourages other learners on the team to consider how their behavior affects the rest of the team
Role models creation, implementation, analysis, and modification of learning plans	Implements "Feedback Fridays" with modification of learning plans following each session
Assessment Models or Tools	 Direct observation Multisource feedback Portfolio review Review of learning plan Semiannual review
Curriculum Mapping	•
Notes or Resources	 Burke AE, Benson B, Englander R, Carraccio C, Hicks PJ. Domain of competence: practice-based learning and improvement. <i>Academic Pediatrics</i>. 2014;14(2 Suppl):S38-S54. https://www.academicpedsinl.net/article/S1876-2859(13)00333-1/pdf. 2020. Hojat M, Veloski JJ, Gonnella JS. Measurement and correlates of physicians' lifelong learning. <i>Academic Medicine</i>. 2009;84(8):1066-1074. https://journals.lww.com/academicmedicine/fulltext/2009/08000/Measurement_and_Correates of Physicians_Lifelong.21.aspx. 2020. Lockspeiser TM, Schmitter PA, Lane JL, Hanson JL, Rosenberg AA, Park YS. Assessing residents' written learning goals and goal writing skill: validity evidence for the learning goal scoring rubric. <i>Academic Medicine</i>. 2013;88(10):1558-1563. https://journals.lww.com/academicmedicine/fulltext/2013/10000/Assessing Residents_Written Learning Goals and.39.aspx. 2020.

Professionalism 1: Professional Behavior and Ethical Principles

Overall Intent: To demonstrate ethical/professional behaviors and use resources to address ethical/professional conflicts

Milestones	Examples
Level 1 Identifies and describes potential triggers for professionalism lapses and how to report	 Understands that sleep deprivation can be a trigger for a lapse in professionalism Demonstrates knowledge of system to report breaches of professionalism in own institution
Demonstrates knowledge of ethical principles related to patient care	 Discusses the basic principles underlying ethics and professionalism and how they apply in various situations Understands institutional code of conduct
Level 2 Demonstrates insight into professional behavior in routine situations and takes responsibility	 Acts professionally in daily interactions Acknowledges lapses without becoming defensive, making excuses, or blaming others Monitors and responds to fatigue, hunger, and stress in self and team members
Analyzes straightforward situations using ethical principles	 Applies ethical principles to straightforward informed consent
Level 3 Demonstrates professional behavior in complex or stressful situations	 Navigates situations while under stress or when there are system barriers
Analyzes complex situations using ethical principles	Applies ethical principles to end-of-life situations
Level 4 Intervenes to prevent professionalism lapses in self and others	 Assumes positive intent in evaluating others' perspective Seeks assistance for a colleague who is showing signs of physician impairment
Recognizes and uses appropriate resources for managing and resolving ethical dilemmas as needed	 Requests ethics consult for patients who are unable to make their own decisions
Level 5 Coaches others when their behavior fails to meet professional expectations	 Serves as peer advisor about professional expectations and behavior Serves as the fellow member of the Institutional Review Board (IRB), Ethics, or Peer- Review Committee
Identifies and seeks to address system-level factors that induce or exacerbate ethical problems or impede their resolution	Identifies and works to resolve institutional policies that contribute to clinician stress
Assessment Models or Tools	Case-based assessment Direct observation

	 Multisource feedback Simulation
Curriculum Mapping	
Notes or Resources	 American Academy of Neurology (AAN). Code of Professional Conduct 2009. <u>https://www.aan.com/globals/axon/assets/7708.pdf</u>. 2020. American Medical Association. Ethics. <u>https://www.ama-assn.org/delivering-care/ama-code-medical-ethics</u>. 2020. Bernat JL. <i>Ethical Issues in Neurology</i>. 3rd ed. Philadelphia, PA: Lippincott Williams & Wilkins; 2008. Bynny RL, Paauw DS, Papadakis MA, Pfeil S. <i>Medical Professionalism Best Practices: Professionalism in the Modern Era</i>. Aurora, CO: Alpha Omega Alpha Medical Society; 2017. <u>http://alphaomegaalpha.org/pdfs/Monograph2018.pdf</u>. 2020. Levinson W, Ginsburg S, Hafferty FW, Lucey CR. <i>Understanding Medical Professionalism</i>. 1st ed. New York, NY: McGraw-Hill Education; 2014.

Professionalism 2: Accountability/Conscientiousness

Overall Intent: To take responsibility for one's own actions and the impact on patients and other members of the health care team

Milestones	Examples
Level 1 Takes responsibility for failure to	• Takes responsibility for consistently coming late to rounds and identifies sleep issues with
complete tasks and responsibilities, identifies	newborn at home as contributing to tardiness
potential contributing factors, and describes	When sleep deprived, sets multiple alarms
strategies for ensuring timely task completion in	
the future	
Responds promptly to requests or reminders to	• Responds promptly to reminders from program administrator to complete work hour logs
complete tasks and responsibilities	e responde prempty to remindere nom program deminiorator to complete work hour loge
Level 2 Performs tasks and responsibilities in a	Performs follow-up on results to outpatients
timely manner with appropriate attention to	Addresses inbox before leaving for vacation
detail in routine situations	
Recognizes situations that may impact own	 Asks colleague to cover their inbox the week before board exams
ability to complete tasks and responsibilities in a	
timely manner Level 3 Performs tasks and responsibilities in a	 Appropriately notifies fellow on day service about overnight call events during transition of
timely manner with appropriate attention to	care or hand-off
detail in complex or stressful situations	 Notifies attending of multiple competing demands on call, appropriately triages tasks, and
···· <i>p</i> ·····	asks for assistance from other fellows or faculty members, if needed
Proactively implements strategies to ensure that	 When post call or on vacation, creates an away message
the needs of patients, teams, and systems are	
met Level 4 Recognizes situations in which own	 Advises residents and more junior fellows how to manage their time in completing patient
behavior may impact others' ability to complete	care tasks
tasks and responsibilities in a timely manner	 Communicates with program director if a problem requires a system-based approach and
	needs addressing at a higher administrative level
	• Takes responsibility for potential adverse outcomes and professionally discusses with the
	interprofessional team
Level 5 Develops or implements strategies to	Sets up a meeting with the nurse manager to streamline patient discharges
improve system-wide problems to improve	 Coaches more junior fellows to do a QI project to improve epilepsy monitoring unit safety
ability for self and others to complete tasks and	
responsibilities in a timely fashion	

Assessment Models or Tools	 Compliance with deadlines and timelines Direct observation Multisource feedback Self-evaluations and reflective tools Simulation
Curriculum Mapping	•
Notes or Resources	 AMA. GME Competency Education Program: Modules on Professionalism. <u>https://edhub.ama-assn.org/gcep</u>. 2020. Bynny RL, Paauw DS, Papadakis MA, Pfeil S, Alpha Omega Alpha. <i>Medical Professionalism Best Practices: Professionalism in the Modern Era</i>. Menlo Park, CA: Alpha Omega Alpha Honor Medical Society; 2017. <u>http://alphaomegaalpha.org/pdfs/Monograph2018.pdf</u>. 2020. Code of conduct from fellow/resident institutional manual Expectations of fellowship program regarding accountability and professionalism Levinson W, Ginsburg S, Hafferty FW, Lucey CR. <i>Understanding Medical Professionalism</i>. New York, NY: McGraw-Hill Education; 2014. <u>https://accessmedicine.mhmedical.com/book.aspx?bookID=1058</u>. 2020.

Professionalism 3: Self-Awareness and Well-Being

Overall Intent: To identify, use, manage, improve, and seek help for personal and professional well-being for self and others

Milestones	Examples
Level 1 Recognizes status of personal and professional well-being, with assistance	 Accepts feedback and exhibits positive responses to constructive criticism or suggestions for change
Recognizes limits in knowledge/skills, with assistance	
Level 2 Independently recognizes status of personal and professional well-being	 Recognizes one's own sleep deprivation
Independently recognizes limits in knowledge/skills	 Admits to the attending that they are not sure how to determine if an EEG shows focal slowing
Level 3 With assistance, proposes a plan to promote personal and professional well-being	 With guidance from the program director, makes room in daily schedule for personal time and hobbies
With assistance, proposes a plan to remediate or improve limits in knowledge/skills	 With guidance from the program director, arranges for faculty members to review their approach for evaluating an EEG for focal slowing
Level 4 Independently develops a plan to promote personal and professional well-being	 Arranges for team-building activities to help reduce stress
Independently develops a plan to remediate or improve limits in knowledge/skills	 Identifies EEG reporting guidelines for focal slowing and implements own strategy
Level 5 Coaches others when emotional responses or limitations in knowledge/ skills do not meet professional expectations	 Mentors colleagues in self-awareness and establishes plans to mitigate stress and burnout
Assessment Models or Tools	 Direct observation Group interview or discussions for team activities Individual interview Institutional online training modules Participation in institutional well-being programs Personal learning plan Self-assessment Self-reflection
Curriculum Mapping	

Notes or Resources	• This subcompetency is not intended to evaluate a fellow's well-being, but to ensure each fellow has the fundamental knowledge of factors that impact well-being, the mechanisms
	by which those factors impact well-being, and available resources and tools to improve well-being.
	• ACGME. Tools and Resources. https://www.acgme.org/What-We-Do/Initiatives/Physician-
	Well-Being/Resources. 2020.
	• AAN. Residency Program Wellness. <u>https://www.aan.com/tools-and-resources/academic-</u>
	neurologists-researchers/program-and-fellowship-director-resources/residency-program-
	wellness/. 2020.
	• Hicks PJ, Schumacher D, Guralnick S, Carraccio C, Burke AE. Domain of competence:
	personal and professional development. Acad Pediatr. 2014;14(2 Suppl):S80-97.
	https://www.academicpedsjnl.net/article/S1876-2859(13)00332-X/fulltext. 2020.
	Local resources, including Employee Assistance
	National Academy of Medicine. Action Collaborative on Clinical Well-Being and
	Resilience. https://nam.edu/initiatives/clinician-resilience-and-well-being/. 2020.

Interpersonal and Communication Skills 1: Patient- and Family-Centered Communication

Overall Intent: To deliberately use language and behaviors to form constructive relationships with patients

Milestones	Examples
Level 1 Uses language and nonverbal behavior to demonstrate respect and establish rapport	 Monitors and controls tone, non-verbal responses, and language to encourage dialogue Accurately communicates role in the health care system to patients/families
Identifies the need to individualize communication strategies based on patient/family expectations and understanding	 Ensures communication is at the appropriate level for non-medical personnel Uses a culturally sensitive and inclusive approach to communication
Level 2 Establishes a therapeutic relationship in straightforward encounters using active listening and clear language	 Restates patient perspective when discussing diagnosis and management Counsels patient with new onset epilepsy about driving restrictions
Communicates compassionately with patient/family to clarify expectations and verify understanding of the clinical situation	 Participates in a family meeting to discuss patient care goals
Level 3 Establishes a therapeutic relationship in challenging patient encounters	 Effectively counsels a patient regarding addiction potential of some antiseizure medications
Communicates medical information in the context of patient/family values, uncertainty and conflict	 Organizes a family meeting to address caregiver expectations for an epilepsy patient to reassesses patient and family understanding and expectations of treatment and management of their epilepsy
Level 4 Easily establishes therapeutic relationships, with attention to patient/family concerns and context, regardless of complexity	 Continues to engage family members in goals of care discussions
Uses shared decision making to align patient/family values, goals, and preferences with treatment options	 Engages family members in surgical decision making
Level 5 <i>Mentors others in situational awareness</i> <i>and critical self-reflection to consistently develop</i> <i>positive therapeutic relationships</i>	 Leads debriefing after a difficult family meeting
Role models shared decision making in the context of patient/family values, uncertainty and conflict	 Leads teaching session on conflict resolution Maintains an appropriate therapeutic relationship with the family after an unexpected outcome

Assessment Models or Tools	 Direct observation Self-assessment including self-reflection exercises Structured case discussions
Curriculum Mapping	
Notes or Resources	 Laidlaw A, Hart J. Communication skills: an essential component of medical curricula. Part I: Assessment of clinical communication: AMEE Guide No. 51. <i>Med Teach</i>. 2011;33(1):6-8. <u>https://www.tandfonline.com/doi/full/10.3109/0142159X.2011.531170</u>. 2020. Symons AB, Swanson A, McGuigan D, Orrange S, Akl EA. A tool for self-assessment of communication skills and professionalism in residents. <i>BMC Med Educ</i>. 2009;9:1. <u>https://bmcmededuc.biomedcentral.com/articles/10.1186/1472-6920-9-1</u>. 2020.

Interpersonal and Communication Skills 2: Barrier and Bias Mitigation

Overall Intent: To recognize barriers and biases in communication and develop approaches to mitigate them

Milestones	Examples
Level 1 Identifies common barriers to effective	 Appropriately uses interpretation services
patient care (e.g., language, disability)	 Recognizes unconscious bias as a common barrier that can impact treatment decisions
Level 2 Identifies complex barriers to effective	 Demonstrates respect for different cultural practices
patient care (e.g., health literacy, cultural)	 Provides alternate patient education materials for patients with low health literacy
Level 3 Recognizes personal biases and	 Reflects on assumptions about a patient's sexuality or gender identity
mitigates barriers to optimize patient care, when	
prompted	
Level 4 Recognizes personal biases and	 Identifies how social determinants of health may impact compliance and health care
proactively mitigates barriers to optimize patient	utilization
care	
Level 5 Mentors others on recognition of bias	 Models self-awareness and reflection around explicit and implicit biases
and mitigation of barriers to optimize patient	 Develops programs that mitigate barriers to patient education
care	
Assessment Models or Tools	Direct observation
	Self-assessment
	Structured case discussions
Curriculum Mapping	
Notes or Resources	• Laidlaw A, Hart J. Communication skills: an essential component of medical curricula.
	Part I: Assessment of clinical communication: AMEE Guide No. 51. <i>Med Teach</i> .
	2011;33(1):6-8. https://www.tandfonline.com/doi/full/10.3109/0142159X.2011.531170.
	2020.
	• Symons AB, Swanson A, McGuigan D, Orrange S, Akl EA. A tool for self-assessment of
	communication skills and professionalism in residents. BMC Med Educ. 2009;9:1.
	https://bmcmededuc.biomedcentral.com/articles/10.1186/1472-6920-9-1. 2020.

Interpersonal and Communication Skills 3: Patient and Family Education

Overall Intent: To effectively educate patients and use shared decision making to improve outcomes

Milestones	Examples
Level 1 Recognizes link between patient outcomes and education	 Recognizes that the patient should understand the diagnosis of epilepsy and the importance of taking medication and adhering to treatment plan to prevent seizures
Identifies the need to adjust communication strategies based on patient/family expectations and understanding of their health status and treatment options	 Knows when to provide information to family members in their native language about seizures to better inform them about their child's epilepsy
Level 2 Describes methods for effective patient education	 Identifies online resources that are appropriate to the patient's condition Effectively uses a drawn diagram to explain focal seizures and their impact on the brain
Organizes and initiates communication with patient/family by introducing stakeholders, setting the agenda, clarifying expectations, and verifying understanding of the clinical situation	 Coordinates additional teaching opportunities for families, such as a nursing teaching session about rescue medication for a patient with newly diagnosed epilepsy
Level 3 Educates patients effectively in straightforward situations, including eliciting understanding of information provided	 Provides succinct, relevant, helpful, and understandable family education on rounds
Compassionately delivers medical information, elicits patient/family values, goals and preferences, and acknowledges uncertainty and conflict	 Compassionately conveys education in a conversational manner without lecturing, and regularly checks in (verbally or non-verbally) to confirm patient and families' understanding
Level 4 Educates patients effectively in complex situations	 For a patient with Ohtahara Syndrome, educates the family about what is known and the limits of treatment In circumstances where information is not known by the fellow or epilepsy community, says "I don't know" when that is the case and follows up appropriately Educates patient and family about SUDEP in a supportive way
Independently uses shared decision making to align patient/family values, goals, and preferences with treatment options to make a personalized care plan	 Elicits family preferences and formulates an appropriate treatment plan taking these preferences into consideration

Level 5 Educates patients in self-advocacy, community outreach, and activism	• Goes to local schools to educate students and staff members about epilepsy and seizure first aid
Role models shared decision making in patient/family communication, including those with a high degree of uncertainty/conflict	 Leads an interdisciplinary family meeting attended by more junior learners
Assessment Models or Tools	 Direct observation Multisource feedback Self-assessment Structured case discussions
Curriculum Mapping	
Notes or Resources	 Jotterand F, Amodio A, Elger BS. Patient education as empowerment and self-rebiasing. <i>Med Health Care Philos</i>. 2016;19(4):553-561. <u>https://link.springer.com/article/10.1007%2Fs11019-016-9702-9</u>. 2020. Lindeman CA. Patient education. <i>Annu Rev Nur Res</i>. 1988;6:29-60. <u>https://pubmed.ncbi.nlm.nih.gov/3291915/</u>. 2020. Parent K, Jones K, Phillips L, Stojan JN, House JB. Teaching patient and family-centered care: Integrating shared humanity into medical education curricula. <i>AMA J Ethics</i>. 2016;18(1):24-32. <u>https://journalofethics.ama-assn.org/sites/journalofethics.ama-assn.org/files/2018-06/medu1-1601.pdf</u>. 2020.

Interpersonal and Communication Skills 4: Interprofessional and Team Communication

Overall Intent: To effectively communicate with the health care team, including consultants, in both straightforward and complex situations

Examples
 Shows respect in health care team communications through words and actions
Uses respectful communication to all staff members
• Actively listens to and considers others' points of view in a nonjudgmental way
 Communicates specific recommendations to the referring provider following consultation
• When transferring a patient to a different service, communicates change to all members of the team
Asks nurses for feedback after a rotation
• Verifies understanding of own communications by restating critical values and unexpected diagnoses using closed loop communication
 Demonstrates active listening by fully focusing on all members of the team Recognizes nonverbal cues in a colleague and adjusts communication accordingly
• Respectfully and regularly provides feedback to more junior members of the medical team
 Incorporates recommendations from nurses to adjust medication schedule so as not to interfere with patient sleep schedule
Assists in resolving conflicts between heath care team members
 Informs medical team leaders of nursing concerns regarding patient management
• Is sought out by more junior learners for advice on how to resolve conflict within the health care team

feedback in complex situationsa plan ofAssessment Models or Tools• Direct ob• Medical	servation ecord (chart) audit ce feedback ssment
making in https://ja Dehon E MedEdP Fay D, M instrume https://w Green M https://w Henry SC commun impleme https://w E Lane JL, with limit https://w Roth CG	 CH III, Edwards KA, Hasenberg NM, Laidley TL, Levinson W. Informed decision outpatient practice: time to get back to basics. <i>JAMA</i>. 1999;282(24):2313-2320. Simpson K, Fowler D, Jones A. Development of the faculty 360. DRTAL. 2015;11:10174. <u>https://www.mededportal.org/publication/10174/</u>. 2020. azzone M, Douglas L, Ambuel B. A validated, behavior-based evaluation of for family medicine residents. <i>MedEdPORTAL</i>. 2007. ww.mededportal.org/publication/622/. 2020. Parrott T, Cook G. Improving your communication skills. <i>BMJ</i>. 2012; 344:e357. ww.bmj.com/content/344/bmj.e357. 2020. G, Holmboe ES, Frankel RM. Evidence-based competencies for improving cation skills in graduate medical education: a review with suggestions for thation. <i>Med Teach</i>. 2013;35(5):395-403. ww.tandfonline.com/doi/full/10.3109/0142159X.2013.769677. 2020. Gottlieb RP. Structured clinical observations: a method to teach clinical skills ed time and financial resources. <i>Pediatrics</i>. 2000;105(4 Pt 2):973-977. ww.ncbi.nlm.nih.gov/pubmed/10742358. 2020. Eldin KW, Padmanabhan V, Freidman EM. Twelve tips for the introduction of 1 intelligence in medical education. <i>Med Teach</i>. 2018:1-4.

Interpersonal and Communication Skills 5: Communication within Health Care Systems Overall Intent: To communicate effectively using a variety of methods	
Milestones	Examples
Level 1 Accurately records information in the patient record as required by institutional policy	Notes are accurate but may include extraneous information
Describes appropriate use of documentation shortcuts as required by institutional policy	 Identifies shortcuts in the electronic health record for clinic note writing
Level 2 Demonstrates organized diagnostic and therapeutic reasoning through notes in the patient record	 Creates organized and accurate notes
Accurate, timely, and appropriate use of documentation shortcuts in formats specified by institutional policy	 Uses shortcuts and templates appropriately
Level 3 Concisely reports diagnostic and therapeutic reasoning in the patient record	 Documentation is accurate, organized, and concise, but may not consistently contain contingency planning for change in condition (i.e., anticipatory guidance)
Appropriately selects direct (e.g., telephone, in- person) and indirect (e.g., progress notes, text messages) forms of communication based on	 Knows when to direct concerns locally, departmentally, or institutionally, i.e., appropriate escalation Uses appropriate method when sharing results needing urgent attention
context	
Level 4 <i>Communicates clearly, concisely, timely, and in an organized written form, including anticipatory guidance</i>	 Documentation is accurate, organized, and concise and includes anticipatory guidance
Achieves written or verbal communication	 Others turn to this fellow for examples of note template
(patient notes, email, etc.) that serves as an example for others to follow	 Notes are completed in a timely manner
Level 5 Models feedback to improve others' written communication	 Teaches colleagues how to improve discharge instructions
Guides departmental or institutional communication around policies and procedures	 Leads a QI initiative to improve house staff hand-offs
Assessment Models or Tools	 Direct observation Medical record (chart) audit

	Multisource feedback Portfolio review
Curriculum Mapping	
Notes or Resources	 Bierman JA, Hufmeyer KK, Liss DT, Weaver AC, Heiman HL. Promoting responsible electronic documentation: Validity evidence for a checklist to assess progress notes in the electronic health record. <i>Teach Learn Med.</i> 2017;29(4):420-432. https://www.tandfonline.com/doi/full/10.1080/10401334.2017.1303385. 2020. Haig KM, Sutton S, Whittington J. SBAR: A shared mental model for improving communication between clinicians. <i>Jt Comm J Qual Patient Saf.</i> 2006;32(3)167-175. https://www.ncbi.nlm.nih.gov/pubmed/16617948. 2020. Starmer AJ, Spector ND, Srivastava R, et al. I-PASS, a mnemonic to standardize verbal handoffs. <i>Pediatrics.</i> 2012;129(2):201-204. https://ipassinstitute.com/wp-content/uploads/2016/06/I-PASS-mnemonic.pdf. 2020.

To help programs transition to the new version of the Milestones, the original Milestones 1.0 have been mapped to the new Milestones 2.0; it is indicated if subcompetencies are similar between versions. These are not exact matches but include some of the same elements. Not all subcompetencies map between versions. Inclusion or exclusion of any subcompetency does not change the educational value or impact on curriculum or assessment.

Milestones 1.0	Milestones 2.0
PC1: History	PC1: History
PC2: Neurological Examination	PC2: Neurologic Examination
PC3: Medical Management	PC3: Medical Management
PC4: Surgical Management	PC4: Surgical Management
PC5: Emergent and Critical Care Management	PC5: Emergent and Critical Care PC7: Read and Interpret Electroencephalogram (EEG)
PC6: Cognitive, Behavioral, and Psychiatric Disorders Associated with Seizure Disorders	PC6: Cognitive, Behavioral, and Psychiatric Disorder Associated with Seizure Disorders
MK1: Epilepsy Localization	MK1: Epilepsy Localization PC7: Read and Interpret Electroencephalogram (EEG)
MK2: Diagnostic Investigation	MK2: Diagnostic Investigation
MK3: Seizure and Epilepsy Classification	MK3: Seizure and Epilepsy Classification
SBP1: Work in Interprofessional Teams to Enhance Patient Safety	SBP1: Patient Safety
SBP2: Systems Thinking, including Cost- and Risk-Effective	SBP2: Quality Improvement
Practice	SBP4: Physician Role in Health Care Systems
SBP3: Advocacy, Continuum of Care, and Community Resources	SBP3: System Navigation for Patient-Centered Care
PBLI1: Self-directed learning	PBLI2: Reflective Practice and Commitment to Personal Growth
PBLI2: Locate, Appraise, and Assimilate Evidence from Scientific Studies Related to Patient's Health Problems	PBLI1: Evidence-Based and Informed Practice
PROF1: Compassion, Integrity, Accountability, and Respect	PROF2: Accountability/Conscientiousness
for Self and Others	PROF3: Self-Awareness and Well-Being
PROF2: Knowledge about, Respect for, and Adherence to the Ethical Principles Relevant to the Practice of Medicine,	PROF1: Professional Behavior and Ethical Principles
remember in particular that responsiveness to patients that supersedes self-interest is an essential aspect of medical practice	
practice	

ICS1: Relationship Development, Teamwork, and Managing	ICS1: Patient- and Family-Centered Communication
Conflict	ICS3: Patient and Family Education
	ICS4: Interprofessional and Team Communication
ICS2: Information Sharing, Gathering, and Technology	ICS5: Communication within the Health Care Systems
	ICS2: Barrier and Bias Mitigation

Available Milestones Resources

Milestones 2.0: Assessment, Implementation, and Clinical Competency Committees Supplement, new 2021 - <u>https://meridian.allenpress.com/jgme/issue/13/2s</u>

Clinical Competency Committee Guidebook, updated 2020 - <u>https://www.acgme.org/Portals/0/ACGMEClinicalCompetencyCommitteeGuidebook.pdf?ver=2020-04-16-121941-380</u>

Clinical Competency Committee Guidebook Executive Summaries, new 2020 - <u>https://www.acgme.org/What-We-</u> <u>Do/Accreditation/Milestones/Resources</u> - Guidebooks - Clinical Competency Committee Guidebook Executive Summaries

Milestones Guidebook, updated 2020 - https://www.acgme.org/Portals/0/MilestonesGuidebook.pdf?ver=2020-06-11-100958-330

Milestones Guidebook for Residents and Fellows, updated 2020 - <u>https://www.acgme.org/Portals/0/PDFs/Milestones/MilestonesGuidebookforResidentsFellows.pdf?ver=2020-05-08-150234-750</u>

Milestones for Residents and Fellows PowerPoint, new 2020 -<u>https://www.acgme.org/Residents-and-Fellows/The-ACGME-for-Residents-and-Fellows</u>

Milestones for Residents and Fellows Flyer, new 2020 https://www.acgme.org/Portals/0/PDFs/Milestones/ResidentFlyer.pdf

Implementation Guidebook, new 2020 - <u>https://www.acgme.org/Portals/0/Milestones%20Implementation%202020.pdf?ver=2020-05-20-152402-013</u>

Assessment Guidebook, new 2020 -

https://www.acgme.org/Portals/0/PDFs/Milestones/Guidebooks/AssessmentGuidebook.pdf?ver=2020-11-18-155141-527

Milestones National Report, updated each Fall - <u>https://www.acgme.org/Portals/0/PDFs/Milestones/2019MilestonesNationalReportFinal.pdf?ver=2019-09-30-110837-587</u> (2019)

Milestones Bibliography, updated twice each year https://www.acgme.org/Portals/0/PDFs/Milestones/MilestonesBibliography.pdf?ver=2020-08-19-153536-447

Developing Faculty Competencies in Assessment courses - <u>https://www.acgme.org/Meetings-and-Educational-Activities/Other-Educational-Activities/Courses-and-Workshops/Developing-Faculty-Competencies-in-Assessment</u>

Assessment Tool: Direct Observation of Clinical Care (DOCC) - https://dl.acgme.org/pages/assessment

Assessment Tool: Teamwork Effectiveness Assessment Module (TEAM) - https://dl.acgme.org/pages/assessment

Learn at ACGME has several courses on Assessment and Milestones - https://dl.acgme.org/