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Milestones Supplemental Guide

This document provides additional guidance and examples for the Adult Congenital Heart Disease Milestones. This is not designed to indicate any specific requirements for each level, but to provide insight into the thinking of the Milestone Work Group.

Included in this document is the intent of each Milestone and examples of what a Clinical Competency Committee (CCC) might expect to be observed/assessed at each level. Also included are suggested assessment models and tools for each subcompetency, references, and other useful information.

Review this guide with the CCC and faculty members. As the program develops a shared mental model of the Milestones, consider creating an individualized guide (Supplemental Guide Template available) with institution/program-specific examples, assessment tools used by the program, and curricular components.

Additional tools and references, including the Milestones Guidebook, Clinical Competency Committee Guidebook, and Milestones Guidebook for Residents and Fellows, are available on the <u>Resources</u> page of the Milestones section of the ACGME website.

Patient Care 1: Inpatient Care	
Overall Intent: To understand the implications of cardiac complications in patients with congenital heart disease of various complexity and provide disease specific recommendations for patients hospitalized for acute cardiac issues or for elective procedures	
Milestones	Examples
Level 1 With indirect supervision, performs a history and exam, reviews data, and reports results for patients with adult congenital heart disease (ACHD) admitted with cardiac issues (e.g., acute coronary syndromes, cardiogenic shock, decompensated heart failure, and arrhythmias, pulmonary hypertension) or for cardiovascular procedures	Performs history and physical and reviews data for a patient with an atrial septal defect and atrial fibrillation without the attending in the room; presents to and receives guidance from the attending. Requires direct attending input to formulate the care plan.
With indirect supervision, performs inpatient consultation for patients with simple complexity ACHD admitted for non-cardiovascular procedures or diagnoses	Evaluates a patient with an unrepaired atrial septal defect undergoing a hip replacement without the attending in the room; presents to and receives guidance from the attending. Requires direct attending input to formulate a comprehensive care plan.
Level 2 With indirect supervision, manages inpatients with simple and moderate complexity ACHD admitted for active cardiac conditions or cardiovascular procedures	 Performs an accurate and complete history and exam in a patient with a sinus venosus defect and partial anomalous pulmonary venous return admitted with atrial fibrillation and manages recommendations such as diuresis without attending input; discusses recommendations with the primary team without the attending present but attending input is still required for more complex decisions, such as referral for electrophysiology study and ablation
With indirect supervision, performs inpatient consultation for patients with simple and moderate complexity ACHD admitted for non-cardiovascular procedures or diagnoses	Performs an adult congenital heart disease consultation and identifies possible periprocedural risks for a patient with a sinus venosus defect and partial anomalous pulmonary venous return undergoing a hip replacement, without the attending in the room; presents to and receives guidance from the attending, and discusses recommendations with the primary team without the attending present although attending input is still required for more complex procedures or anatomy
Level 3 With indirect supervision, manages inpatients with high complexity ACHD admitted for active cardiac conditions or cardiovascular procedures	Performs an accurate and complete history and exam in a patient with D-transposition of the great arteries and Mustard palliation admitted for heart failure, formulates recommendations such as diuresis and arrythmia management without the attending input, although attending input is still required for more complex decisions, like the need for surgical or transcatheter intervention

With indirect supervision, performs inpatient consultation for patients with high complexity ACHD admitted for non-cardiovascular procedures or diagnoses	Performs an adult congenital heart disease consultation and identifies possible peri- procedural risks for a patient with D-transposition of the great arteries and Mustard palliation undergoing bone marrow transplantation, without the attending in the room; presents to and receives guidance from the attending and discusses recommendations with the primary team without the attending present
Level 4 Independently manages inpatients with any level of ACHD complexity admitted with active cardiac conditions or for cardiovascular procedures	Performs an accurate and complete history and exam in a failing Fontan patient admitted with arrhythmias, and independently formulate recommendations such as cardioversion, referral for electrophysiology study and ablation, and anticoagulation management. Although the fellow still presents to the attending, little or no attending input is required
Independently performs inpatient consultation for patients with any level of ACHD complexity admitted for non-cardiovascular procedures or diagnoses	 Performs an adult congenital heart failure consultation and identifies possible peri- procedural risks for a patient with Eisenmenger syndrome and a hip fracture requiring surgery, including anesthesia and bleeding risks; formulates and communicates recommendations for management of risk factors, and while the fellow still presents to the attending, little or no attending input is required
Level 5 Presents and integrates comprehensive patient data and leads a multidisciplinary patient care conference for challenging inpatient cases	For a patient with failing Fontan physiology and severe atrioventricular regurgitation admitted with heart failure, the fellow synthesizes clinical data, imaging and catheterization findings, and presents the patient data in a multidisciplinary conference and lead the discussion
Assessment Models or Tools	Direct observation
	Medical record (chart) review
Cumia duna Manaina	Multisource feedback
Notes or Resources	 For level of AP classification: Simple = I A-B Moderate = I-C, IIA-C Complex = I-II D, III A-D Stout KK, Daniels CJ, Aboulhosn JA, et al. Correction to: 2018 AHA/ACC guideline for the management of adults with congenital heart disease: A report of the American College of Cardiology/American Heart Association Task Force on Clinical Practice Guidelines. Circulation. 2019;139(14):e833-e834. https://www.ahajournals.org/doi/10.1161/CIR.0000000000000083.

Patient Care 2: Outpatient Care Overall Intent: To synthesize an outpatient adult congenital heart disease-specific history, physical exam, and testing with the anatomy and hemodynamics in order to formulate a disease-specific, guideline directed assessment and plan for congenital heart disease patients	
Milestones	Examples
Level 1 With indirect supervision, performs a comprehensive ACHD-specific cardiac history and exam for patients with simple complexity ACHD	Performs a history and physical and reviews data for a patient with a secundum atrial septal defect and right ventricular volume overload without the attending in the room; presents to and receives guidance from the attending, who points out additional relevant physical exam findings.
With indirect supervision, reviews and interprets diagnostic tests for patients with simple complexity ACHD	For a patient with a secundum atrial septal defect and right ventricular volume overload, interprets the echocardiogram and identify pertinent findings. The fellow requires attending input for interpretation of Cardiopulmonary Exercise Testing (CPET), computerized tomography (CT), cardiac catheterization, and cardiac magnetic resonance imaging (MRI), and todetermine the pulmonary flow:systemic flow (Qp:Qs).
With indirect supervision, formulates a disease- specific, guideline-directed assessment and plan for patients with simply complexity ACHD	Formulates an assessment and plan for the patient with a secundum atrial septal defect and right ventricular volume overload, but requires attending input to formulate and implement a plan for atrial septal defect closure
Level 2 With indirect supervision, performs a comprehensive ACHD-specific history and physical exam for patients with simple and moderate complexity ACHD	Performs a history and exam in a patient with repaired tetralogy of Fallot and heart failure without the attending in the room, though requires some input from the attending
With indirect supervision, reviews and interprets diagnostic tests for patients with simple and moderate complexity ACHD	Reviews and interprets recent testing such as an echocardiogram, cardiopulmonary exercise testing, and cardiac magnetic resonance imaging and assesses the degree of pulmonary regurgitation, right ventricular function, and right ventricular dilation without the attending present, though requires some input from the attending
With indirect supervision, formulates an assessment and plan for a patient with simple and moderate complexity ACHD	Formulates a plan for pulmonary valve replacement in a patient with repaired tetralogy of Fallot without the attending present, though requires some input from the attending
Level 3 With indirect supervision, performs a comprehensive ACHD-specific history and physical exam for patients with high complexity ACHD	Performs a history and exam in a patient with a Fontan without the attending in the room, though requires some input from the attending

With indirect supervision, reviews and interprets diagnostic tests for patients with high complexity ACHD	Reviews and interprets recent testing such as an echocardiogram, cardiopulmonary exercise testing, and cardiac MRI and can assess the ventricular function, venous-venous collaterals, Fontan pathway patency, and atrial dilation without the attending present, though requires some input from the attending
With indirect supervision, formulates an assessment and plan for patients with high complexity ACHD	Formulates a plan for Fontan conversion without the attending present, though requires some input from the attending
Level 4 Independently performs a comprehensive ACHD-specific history and physical exam for patients with any level of ACHD complexity	Independently performs a history, physical, review testing, and formulates a treatment plan for a patient with single ventricle physiology (Fontan), and attending input is not required
Independently reviews and interprets diagnostic tests for patients with any level of ACHD complexity	
Independently formulates an assessment and plan for patients with any level of ACHD complexity	
Level 5 Presents and integrates comprehensive patient data and leads a multidisciplinary patient care conference for challenging outpatient cases	For a patient with D-transposition of the great arteries status post atrial switch operation, baffle leak, and tricuspid regurgitation, synthesizes clinical data, imaging, and catheterization findings, and presents the patient data in a multidisciplinary conference and lead the discussion
Assessment Models or Tools	 Direct observation Medical record (chart) review Multisource feedback
Curriculum Mapping	
Notes or Resources	 For level of AP classification: Simple = I A-B Moderate = I-C, IIA-C Complex = I-II D, III A-D Stout KK, Daniels CJ, Aboulhosn JA, et al. Correction to: 2018 AHA/ACC guideline for the management of adults with congenital heart disease: A report of the American College of Cardiology/American Heart Association Task Force on Clinical Practice Guidelines.
	Circulation. 2019;139(14):e833-e834. https://www.ahajournals.org/doi/10.1161/CIR.000000000000683. 2021.

Milestones Level 1 With indirect supervision, provides heart is inpatient and outpatient care for patients	Examples
with simple complexity ACHD, including clinical nistory taking, physical examination, and establishment of a treatment plan	Performs an accurate and complete history and exam in a patient with an atrial septal defect in heart failure and formulates an assessment and treatment plan without the presence of an attending ACHD physician; presents to and receives guidance from the attending, who then confirms the findings and plan with the patient
Level 2 With indirect supervision, provides heart ailure inpatient and outpatient care for patients with simple and moderate complexity ACHD, including clinical history taking, physical examination, and establishment of a treatment plan	Performs a history and exam in a patient with tetralogy of Fallot and heart failure, and formulates an assessment and plan without the attending in the room; presents to and receives guidance from the attending, who then confirms the findings and plan with the patient
Level 3 With indirect supervision, provides heart failure inpatient and outpatient care for patients with high complexity ACHD, including clinical history taking, physical examination, and establishment of a treatment plan	Performs a history and exam in a patient with a systemic right ventricle and heart failure, and formulates an assessment and plan without the attending in the room; presents to and receives guidance from the attending, who then confirms the findings and plan with the patient
Level 4 Independently provides heart failure inpatient and outpatient care for patients with any level of ACHD complexity, including clinical inistory taking, physical examination, and establishment of a treatment plan	Performs a history and exam in patients with any type of congenital heart disease and heart failure, and formulates an assessment and plan without the assistance of an attending in the room; attending gives minimal or no additional input for simple to moderate complexity patients (e.g., unrepaired partial anomalous pulmonary venous return with heart failure), but sometimes gives input on the most complex patients (e.g., failing Fontan patients)
Level 5 Presents and integrates comprehensive patient data and leads a multidisciplinary patient care conference for challenging heart patient cases	 Acts as a leader in multidisciplinary heart discussions involving patients with all types of congenital heart disease and advanced heart failure; provides vital input on the relevant anatomic and hemodynamic considerations and potential barriers to advanced therapies, offers solutions tailored for the patient's specific cardiac lesion
Assessment Models or Tools	Direct observation Medical record (chart) review Multisource feedback
Curriculum Mapping	•

	 Moderate = I-C, IIA-C Complex = I-II D, III A-D Stout KK, Daniels CJ, Aboulhosn JA, et al. Correction to: 2018 AHA/ACC guideline for the management of adults with congenital heart disease: A report of the American College of Cardiology/American Heart Association Task Force on Clinical Practice Guidelines. Circulation. 2019;139(14):e833-e834. https://www.ahajournals.org/doi/10.1161/CIR.0000000000000083. 2021.
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Overall Intent: To care for patients in need of mechanical support and heart transplantation, including assessment of anatomic and	
	ult congenital heart disease lesions on mechanical cardiac support
Milestones	Examples
Level 1 Recognizes clinical signs and symptoms associated with end-stage heart failure in various forms of congenital heart disease (e.g., Fontan circulation)	Recognizes volume overload state and the effects of longstanding high venous pressures on liver morphology and function in patients with a Fontan circulation
Recognizes the unique anatomic features of various congenital heart lesions and their applicability to advanced treatment options, including mechanical support and heart transplantation	Recognizes anatomic barriers associated with ventricular assist device implantation in patients with a systemic right ventricle
Level 2 With direct supervision, interprets imaging and laboratory studies and manages patients with ACHD and advanced heart failure in need of mechanical support and heart transplantation	Requires the attending to be present during review of imaging (e.g., echocardiograms, MRIs) to formulate an assessment of systemic right ventricular function, evaluate for baffle stenoses or leaks in patients with D-loop transposition of the great arteries who underwent an atrial switch operation
Participates in and provides anatomic and hemodynamic input for patients with complex ACHD lesions at multi-disciplinary heart failure meetings	Clearly describes the invasive hemodynamic data of patients with a failing Fontan system in multidisciplinary heart failure meetings
Level 3 With indirect supervision, interprets imaging and laboratory studies and manages the care of patients with ACHD and advanced heart failure in need of mechanical support and heart transplantation	For a patient with failing Fontan in an intensive care unit setting, the fellow performs a history and physical exam and reviews relevant imaging studies and lab results without the attending present, and manages inotropic and vasopressor support and mechanical ventilation settings with minimal attending input
With direct supervision, provides anatomic and hemodynamic input for patients with complex ACHD lesions on mechanical cardiac support	With the attending present, provides anatomic and hemodynamic input to the cardiomyopathy team for patients with adult congenital heart disease and right-sided ventricular assist devices due to right ventricular failure (e.g., patients with pulmonary atresia and intact ventricular septum and a biventricular physiology)
Level 4 Independently interprets imaging and laboratory studies and manages the care of patients with ACHD and advanced heart failure	 Independently interprets the laboratory results of patients with Eisenmenger syndrome waiting for combined heart and lung transplantation while correctly identifying relative anemia, coagulopathies, and chronic respiratory compensation for chronic hypoxemia

in need of mechanical support and heart transplantation With indirect supervision, provides anatomic and hemodynamic input for patients with complex ACHD lesions on mechanical cardiac support	Provides anatomic and hemodynamic input for adult congenital heart disease patients with a systemic right ventricle and cardiogenic shock placed on an extracorporeal membrane oxygenator (ECMO) machine without the attending present, though attending
Level 5 Independently provides anatomic and hemodynamic input for patients with complex ACHD lesions on mechanical cardiac support	 input is still required Provides anatomic and hemodynamic input for adult congenital heart disease patients with a systemic right ventricle and cardiogenic shock placed on an ECMO machine without attending input
Assessment Models or Tools	 Case log (for imaging studies) Direct observation Medical record (chart) review Multisource feedback
Curriculum Mapping	
Notes or Resources	 For level of AP classification:

Overall Intent: To provide disease-specific recommendations for pregnancy and contraception and to formulate management plans before, during, and after delivery	
Milestones	Examples
Level 1 Recognizes risks/benefits of different contraception methods, and provides general family planning and contraception education to patients with ACHD	 Recognizes which methods of contraception contain estrogen and the potential side effects of estrogen; provides general counseling about contraception and education at the level of an internist, but is not yet able to tailor counseling towards individual patients based on their adult congenital heart disease risks
Applies ACHD complexity and pregnancy risk- stratification models in evaluation of pregnancy risk	 Is familiar with the adult congenital heart disease anatomic and physiological classification, and applies Cardiac Disease in Pregnancy Study (i.e., CARPREG), Zwangerschap bij Aangeboren HARtAfwijking (ZAHARA), and/or modified World Health Organization (i.e., WHO) risk stratification models to a patient with Fontan palliation, but is not yet able to provide counseling to the patient
Formulates plans for surveillance of cardiac disease during pregnancy, formulates delivery plans, and participates in peri- and postpartum cardiovascular care, with guidance	Requires significant attending guidance to determine a cardiology-focused delivery plan for a pregnant patient with Fontan palliation
Level 2 With direct supervision, provides disease-specific counseling on methods of contraception, including discussion of risks/benefits for patients with simple complexity ACHD	Provides counseling on contraception and family planning for a patient with an isolated small atrial septal defect, with the attending present in the exam room
With direct supervision, provides individualized counseling about maternal risk and fetal outcomes to patients with ACHD	Provides individualized counseling about risk of pregnancy to a patient with repaired Tetralogy of Fallot, with the attending present in the exam room
With direct supervision, formulates care plans for low complexity pregnant patients with ACHD, formulates a delivery plan, and participates in peri- and postpartum cardiovascular care	Formulates a cardiology-focused delivery plan for a patient with an isolated small atrial septal defect, though requires input from the attending
Level 3 With indirect supervision, provides disease-specific counseling on methods of contraception, including discussion of	Provides counseling on contraception and family planning for a patient with repaired atrioventricular septal defect; the attending provides guidance to the fellow outside of the exam room and does not need to be in the exam room for counseling

risks/benefits for patients with moderate complexity ACHD	
With indirect supervision, provides individualized counseling about maternal risk and fetal outcomes to patients with ACHD	Provides counseling about risk of pregnancy and inheritability for a patient with repaired atrioventricular septal defect; the attending provides guidance to the fellow outside of the exam room and does not need to be in the exam room for counseling
With indirect supervision, formulates care plans for pregnant patients with moderate complexity ACHD, formulates a delivery plan, and participates in peri- and postpartum cardiovascular care	Determines a cardiology-focused delivery plan for a patient with repaired atrioventricular septal defect, with minimal input from the attending
Level 4 Independently provides disease-specific counseling on methods of contraception, including discussion of risks/benefits for patients with all levels of ACHD complexity	Provides counseling on contraception and family planning for a patient with Fontan without requiring additional input from the attending
Independently provides individualized counseling about maternal risk and fetal outcomes to patients with ACHD	Provides individualized counseling about risk of pregnancy for a patient with Fontan, including potential long-term risks such as the risk of sensitization, without requiring additional input from the attending
For pregnant patients with all levels of ACHD complexity, independently formulates care plans, formulates delivery plans, and participates in peri- and postpartum cardiovascular care	Creates an individualized care plan for a pregnant patient with Fontan throughout pregnancy, peripartum, and postpartum, with minimal additional input from the attending
Level 5 Leads patients in shared decision- making conversations about family planning and methods of contraception, including discussion of risks/benefits	Skillfully leads shared decision making conversations with patients with Marfan syndrome about family planning and pregnancy risk
Leads patients/families in shared decision- making conversations about pregnancy risk	Leads shared decision-making conversations about pregnancy risk with a patient with Marfan syndrome and a dilated aorta without requiring additional input from the attending
For all pregnant patients with ACHD, including high complexity patients, independently formulates care plans, formulates delivery plans,	Creates an individualized care plan for a pregnant patient with Marfan syndrome and a dilated aorta throughout pregnancy, peripartum, and postpartum, without additional input from the attending

and participates in peri- and postpartum cardiovascular care	
Assessment Models or Tools	Direct observation
	Medical record (chart) review
	Multisource feedback
Curriculum Mapping	•
Notes or Resources	 For level of AP classification: Simple = I A-B Moderate = I-C, IIA-C Complex = I-II D, III A-D
	 Canobbio MM, Warnes CA, Aboulhosn J, et al. Management of pregnancy in patients with complex congenital heart disease: A scientific statement for healthcare professionals from the American Heart Association. <i>Circulation</i>. 2017;135(8):e50-e87. https://www.ahajournals.org/doi/10.1161/CIR.00000000000000000458?url_ver=Z39.88-2003𝔯_id=ori:rid:crossref.org𝔯_dat=cr_pub%20%200pubmed. 2021.

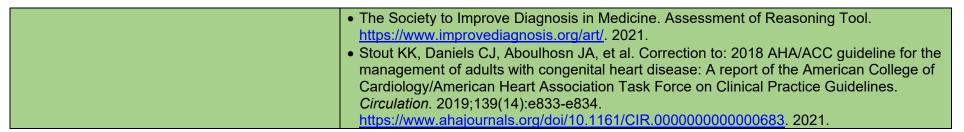
Medical Knowledge 1: Imaging	
Overall Intent: To understand the indications, limitations, appropriate guideline directed intervals, and results of echocardiogram, cardiac CT, and cardiac MRI in congenital heart disease patients with any level of complexity	
Examples	
 Knows when to get a CT versus MRI versus angiography versus transesophageal echocardiography Understands complications of contrast including renal failure Knows that time intervals of imaging studies are guided by AP classification 	
Identifies device position, residual shunt, right ventricular dilation, Qp:Qs in a patient with an atrial septal defect	
Identifies Fontan circulation patency, ventricular function, and venous-venous collaterals in a patient with single ventricle physiology	
Identifies right ventricular dilation, degree of PR, and right ventricular function of a patient with repaired tetralogy of Fallot	
Reviews and identifies systemic venous, pulmonary venous baffle patency, ventricular function, baffle leak on a dextro-transposition of the great arteries Mustard patient	
 Assessment of case-based discussion Case log Direct observation Multisource feedback 	
•	
For level of AP classification: Simple = I A-B Moderate = I-C, IIA-C Complex = I-II D, III A-D Sachdeva R, Valente AM, Armstrong AK, et al. ACC/AHA/ASE/HRS/ISACHD/SCAI/SCCT/SCMR/SOPE 2020 appropriate use criteria for multimodality imaging during the follow-up care of patients with congenital heart disease:	

Appropriate Use Criteria Task Force, American Heart Association, American Society of Echocardiography, Heart Rhythm Society, International Society for Adult Congenital Heart Disease, Society for Cardiovascular Angiography and Interventions, Society of Cardiovascular Computed Tomography, Society for Cardiovascular Magnetic Resonance, and Society of Pediatric Echocardiography. *J Am Coll Cardiol*. 2020;75(6):657-703. https://www.sciencedirect.com/science/article/pii/S073510971937812X?via%3Dihub. 2021.

 Stout KK, Daniels CJ, Aboulhosn JA, et al. Correction to: 2018 AHA/ACC guideline for the management of adults with congenital heart disease: A report of the American College of Cardiology/American Heart Association Task Force on Clinical Practice Guidelines. Circulation. 2019;139(14):e833-e834.

https://www.ahajournals.org/doi/10.1161/CIR.0000000000000083. 2021.

Medical Knowledge 2: Critical Thinking for Diagnosis and Therapy Overall Intent: To diagnose rare presentations and disorders and appropriately adapt treatment plans	
Milestones	Examples
Level 1 Identifies complexities of ACHD and implications on differential diagnosis, comorbidities, and diagnostic plan	Identifies some of the implications of an atrial septal defect on differential diagnosis of a patient with potential cardiac symptoms
Level 2 Diagnoses simple ACHD and creates a therapeutic plan based on comorbidities, patient data, and guidelines	Understands physiology and consequences of atrial septal defects and creates a diagnostic and therapeutic plan for a patient with an atrial septal defect
Level 3 Diagnoses moderate complexity ACHD and creates a therapeutic plan based on comorbidities, patient data, and guidelines	Understands physiology and consequences of repaired tetralogy of Fallot, and creates a diagnostic and therapeutic plan for a patient with repaired tetralogy of Fallot
Level 4 Diagnoses any ACHD complexity and creates a therapeutic plan based on comorbidities, patient data, and guidelines	Understands physiology and consequences of Fontan palliation and associated comorbidities (e.g., liver disease) and creates a diagnostic and therapeutic plan for a patient with a Fontan palliation
Level 5 Diagnoses, teaches, and presents knowledge of challenging presentations of patients with any level of ACHD complexity	Has a comprehensive understanding of the spectrum of adult congenital heart disease, and presents, manages, and teaches about any adult congenital heart disease topic
Assessment Models or Tools	 Assessment of case-based discussion Direct observation End-of-rotation evaluation Evaluation of conference participation Multisource feedback
Curriculum Mapping	
Notes or Resources	 For level of AP classification: Simple = I A-B Moderate = I-C, IIA-C Complex = I-II D, III A-D The Society to Improve Diagnosis in Medicine. Inter-Professional Consensus Curriculum on Diagnosis and Diagnostic Error. https://www.improvediagnosis.org/competency-summary-list/. 2021. The Society to Improve Diagnosis in Medicine. Driver Diagram. https://www.improvediagnosis.org/wp-content/uploads/2018/10/Driver_Diagram - July 31 - M.pdf. 2021.



Systems-Based Practice 1: Patient Safety and Quality Improvement (QI)		
Overall Intent: To engage in the analysis and management of patient safety events, including relevant communication with patients,		
families, and health care professionals; to cond Milestones	Examples	
Level 1 Demonstrates knowledge of common patient safety events	Describes an event in which a medication was not given as appropriate	
Demonstrates knowledge of how to report patient safety events	Demonstrates familiarity with the institutional reporting system	
Demonstrates knowledge of basic quality improvement methodologies and metrics	Discusses the steps of a QI protocol	
Level 2 Identifies system factors that lead to patient safety events	Identifies that computer order entry and team communication are factors for a missed medication	
Reports patient safety events through institutional reporting systems (simulated or actual)	Reports missed medication in the institutional reporting system	
Describes quality improvement initiatives at the institutional or departmental level	Describes an initiative to develop an order set to avoid medication error	
Level 3 Participates in analysis of patient safety events (simulated or actual)	Prepares for morbidity and mortality presentations	
Participates in disclosure of patient safety events to patients and families (simulated or actual)	Participates in communication with patients/families about an adverse event	
Participates in quality improvement initiatives at the institutional or departmental level	Participates in a QI project, but may not have designed a QI project yet	
Level 4 Conducts analysis of patient safety events and offers error prevention strategies (simulated or actual)	Collaborates with a team to lead the analysis of a patient safety event	
Discloses patient safety events to patients and families (simulated or actual)	Competently communicates with patients/families about an adverse event	

Demonstrates the skills required to identify, develop, implement, and analyze a quality improvement project	Initiates a QI project within the cardiology division or department
Level 5 Actively engages teams and processes to modify systems to prevent patient safety events	Competently assumes a leadership role at the institutional or community level for patient safety
Role models or mentors others in the disclosure of patient safety events	Leads a simulation exercise to disclose adverse events
Creates, implements, and assesses quality improvement initiatives at the institutional or community level	Completes a QI project and implements changes within the institution
Assessment Models or Tools	Chart or other system documentation by fellow
	Direct observation
	Documentation of QI or patient safety project processes or outcomes
	E-module multiple choice tests
	Multisource feedback
	QI or M and M conference evaluation
	Simulation
Curriculum Mapping	
Notes or Resources	• Institute for Healthcare Improvement. http://www.ihi.org/Pages/default.aspx . 2021.

Systems-Based	Practice 2: System Navigation for Patient-Centered Care
	h care system, including the interdisciplinary team and other care providers; to adapt care to
a specific patient population to ensure high-qua	lity patient outcomes
Milestones	Examples
Level 1 Demonstrates knowledge of care coordination	Identifies the various members of the health care team and defines their roles
Identifies key elements for effective transitions of care	Lists the essential components of an effective sign-out and care transition
Level 2 Coordinates care of patients in routine clinical situations, effectively using the roles of the interprofessional team members	Contacts health care team members for routine cases, but requires supervision to ensure all necessary referrals, testing, and care transitions are made
Performs effective transitions of care in routine clinical situations	Performs a routine case sign-out but still needs guidance and direct supervision to identify and appropriately triage cases or calls
Demonstrates general knowledge of financial, cultural, and social barriers to adherence to care	Identifies components of social determinants of health and how they impact the delivery of patient care
Level 3 Coordinates care of patients in complex clinical situations, effectively using the roles of the interprofessional team members	Uses care coordinators to help maintain target blood pressure values for patients with aortic coarctation and hypertension
Performs effective transitions of care in complex clinical situations	Performs safe and effective transitions of care with clinical service at shift change
Identifies financial, cultural, and social barriers to adherence to care for specific populations	Knows which patients are at high risk for specific health outcomes related to health literacy concerns, cost of testing or therapy, LGBTQ status, etc.
Level 4 Role models effective coordination of patient-centered care among different disciplines and specialties	Role models and educates students and junior team members regarding the engagement of appropriate interprofessional team members and ensures the necessary resources have been arranged
Role models and advocates for effective transitions of care within and across health care delivery systems	Mentors learners on effective transitions from the inpatient to outpatient setting
Adapts practice to address the financial, cultural, and social barriers to adherence to care	Ensures patients are prescribed medications that can be affordably obtained

Level 5 Analyzes the process of care coordination and leads in the design and implementation of improvements	Works with hospital or ambulatory site team members or leadership to analyze care coordination in that setting, and takes a leadership role in designing and implementing changes to improve the care coordination
Improves quality of transitions of care within and across health care delivery systems to optimize patient outcomes	Works with a QI mentor to identify better hand-off tools for on-call services
Leads innovations and advocates for populations with health care inequities	Designs a social determinants of health curriculum to help others learn to identify local resources and barriers to care and laboratory testing
	Helps develop telehealth program to ensure that patients in rural areas can be seen by electrophysiology specialists
Assessment Models or Tools	 Case management quality metrics and goals mined from electronic health records (EHRs) Direct observation Evaluation of interdisciplinary rounds for high-risk patients/cases Evaluation of lectures/workshops on social determinants of health or population health with identification of local resources Medical record (chart) review Multisource feedback
Curriculum Mapping	•
Notes or Resources	 Adams C. In pursuit of patient-centered care. <i>MLO</i>. 2016;48(4):48. https://tissuepathology.com/2016/03/29/in-pursuit-of-patient-centered-care/#axzz5e7nSsAns. 2021. CDC. Population Health Training in Place Program. https://www.cdc.gov/pophealthtraining/whatis.html. 2021. Skochelak SE, Hawkins RE, Lawson LE, Starr SR, Borkan JM, Gonzalo JD. <i>AMA Education Consortium: Health Systems Science</i>. 1st ed. Philadelphia, PA: Elsevier; 2016. https://commerce.ama-assn.org/store/ui/catalog/productDetail?product_id=prod2780003.

Systems-Based Practice 3: Physician Role in Health Care Systems		
Overall Intent: To understand the physician's role in the complex health care system and how to optimize the system to improve patient care and the health system's performance		
Milestones	Examples	
Level 1 Identifies key components of health care systems (e.g., hospitals, skilled nursing facility, finance, personnel, technology)	Recognizes that hospitals, skilled nursing facilities, and technology are components of the health care system and describes different payment systems, such as Medicare, Medicaid, Veterans Affairs (VA), and commercial third-party payers	
Describes basic health payment systems, (e.g., government, private, public, uninsured care) and practice models	Shows understanding of how the differences between payment models influences patient preferences and access	
Level 2 Describes how components of a complex health care system are interrelated, and how this impacts patient care	Describes how improving patient satisfaction improves patient care and disease management	
Delivers care with consideration of each patient's payment model (e.g., insurance type)	Selects anticoagulation medication taking into consideration the options within the specific patient's health insurance plan	
Demonstrates essential skills for documentation required for independent practice (e.g., electronic health record, documentation required for billing and coding)	Completes a note template following a routine patient encounter and applies appropriate coding in compliance with regulations	
Level 3 Discusses how individual practice affects the broader system (e.g., length of stay, readmission rates, clinical efficiency)	Works with the hospital system to coordinate the proper imaging studies for patients with various forms of congenital heart disease	
Engages with patients in shared decision making, informed by each patient's payment model	Forms a therapeutic plan taking into consideration the patient's out-of-pocket expenses	
Seeks knowledge of non-clinical topics needed for independent practice (e.g., malpractice insurance, government regulation, compliance)	Attends educational programs on accurate medical billing	
Level 4 Manages various components of the complex health care system to provide efficient and effective patient care and transition of care	Uses electronic communication tools for effective transition of care to another health care provider	

Advocates for patient care needs (e.g., community resources, patient assistance resources) with consideration of the limitations of each patient's payment model	Adopts use of patient assistance programs for drug prescriptions by pharmaceutical companies
Applies knowledge of non-clinical topics needed for independent practice (e.g., distinctions among adult, pediatric, and/or combined hospitals)	Identifies modifier codes to improve the accuracy of documentation for dedicated ACHD imaging studies
Level 5 Advocates for or leads systems change that enhances high-value, efficient, and effective patient care and transitions of care	Advocates for timely transition of adult congenital heart disease patients from pediatric to adult clinics
Participates in health policy advocacy activities	Participates in activities of the American Heart Association to support government interventions that promote health
Educates others in non-clinical topics to prepare them for independent practice	Lectures to division/department on topics such as medical billing/coding, ethics, and risk management
Assessment Models or Tools	Direct observation Medical record (chart) review QI project
Curriculum Mapping	•
Notes or Resources	 Agency for Healthcare Research and Quality (AHRQ). Major Physician Measurement Sets. https://www.ahrq.gov/professionals/quality-patient-safety/talkingquality/create/physician/challenges.html. 2021. American Board of Internal Medicine. QI/PI activities. https://www.abim.org/maintenance-of-certification/earning-points/practice-assessment.aspx. 2021. Dzau VJ, McClellan M, Burke S, et al. Vital directions for health and health care: priorities form a national academy of medicine initiative. https://nam.edu/vital-directions-for-health-health-care-priorities-from-a-national-academy-of-medicine-initiative/. 2021. The Kaiser Family Foundation. https://www.kff.org/topic/health-reform/. The Kaiser Family Foundation. Health Reform. https://www.kff.org/topic/health-reform/.

Practice-Based Learning and Improvement 1: Evidence-Based and Informed Practice Overall Intent: To incorporate evidence and patient values into clinical practice	
Milestones	Examples
Level 1 Demonstrates how to access and use available evidence to manage a patient with ACHD	Obtains evidence-based guidelines for management of a patient with Fontan palliation
Level 2 Articulates clinical questions and elicits patient preferences to guide evidence-based care	Asks symptom-driven and goals-of-care questions of a patient with Fontan palliation
Level 3 Locates and applies the best available evidence to the care of patients with ACHD while integrating patient preference	 Applies evidence in the care of a patient with Fontan palliation and heart failure symptoms Researches and evaluates relevant comorbidities in the evaluation of a patient with Fontan palliation
Level 4 Critically appraises and applies available, potentially conflicting evidence to guide care of an individual patient	 Researches and synthesizes available data for the role of catheter-based and surgical interventions, medication therapy, mechanical support, and transplant in a patient with Fontan palliation
Level 5 Develops initiatives to educate others to critically appraise and apply evidence for complex patients and/or participates in the development of guidelines	 Teaches others how to find and apply best practice Participates in the development of practice plans or clinical guidelines on the management of patient with Fontan palliation Helps write a multi-team policy for the institution to address care of the patient with Fontan palliation
Assessment Models or Tools	 Direct observation Electrophysiology in-service examination QI meetings Review of presentations/publications
Curriculum Mapping	•
Notes or Resources	 Burke AE, Benson B, Englander R, Carraccio C, Hicks PJ. Domain of competence: Practice-based learning and improvement. <i>Acad Pediatr</i>. 2014;14(2 Suppl):S38-S54. https://www.academicpedsjnl.net/article/S1876-2859(13)00333-1/fulltext. 2021. Harrington RA, Barac A, Brush JE Jr, et al. COCATS 4 Task Force 15: Training in cardiovascular research and scholarly activity. <i>J Am Coll Cardiol</i>. 2015;65(17):1899-1906. https://www.sciencedirect.com/science/article/pii/S0735109715008396?via%3Dihub. 2021. NEJM Knowledge. Exploring the ACGME Core Competencies: Practice-Based Learning and Improvement. https://knowledgeplus.nejm.org/blog/practice-based-learning-and-improvement/. 2021.

Practice-Based Learning and Improvement 2: Reflective Practice and Commitment to Personal Growth	
Overall Intent: To seek performance information with the intent to improve care; to reflect on all domains of practice and develop goals for improvement	
Milestones	Examples
Level 1 Accepts responsibility for personal and professional development by establishing goals	Sets goal to independently interpret hemodynamic catheterization results in a patient with Fontan palliation
Acknowledges limits and gaps between expectations and performance; demonstrates self-awareness	Acknowledges need to improve skills in cardiac catheterization
Level 2 Demonstrates openness to feedback and performance data to form goals	Incorporates attending physician suggestion for interpreting results of a cardiac catheterization
Analyzes the factors that contribute to limits and gaps; demonstrates appropriate help-seeking behaviors	Appreciates need to perform a high number of cardiac catheterizations to build troubleshooting skills
Level 3 Occasionally seeks feedback and performance data with adaptability and humility	Presents a case of a patient with failing Fontan physiology to faculty for discussion and feedback
Creates and implements a learning plan	Devises a learning plan to address need to improve cardiac catheterization skills
Level 4 Systematically seeks feedback and performance data with adaptability and humility	Routinely asks attending about performance and opportunities for improvement
Uses performance data to assess learning plan and improves it when necessary	Analyzes cardiac catheterization logs to determine need for tailored educational experience
Level 5 Coaches others to seek feedback and performance data	Mentors a cardiology fellow in preparation of an adult congenital heart disease clinical conference case presentation in how to successfully obtain feedback from attendings
Facilitates the design and implementation of learning plans for others	Develops a method that all fellows can use to document and implement a learning plan
Assessment Models or Tools	Direct observation
	End-of-rotation evaluations
Ourries de une Manaria a	Review of learning plan
Curriculum Mapping	
Notes or Resources	Burke AE, Benson B, Englander R, Carraccio C, Hicks PJ. Domain of competence: practice-based learning and improvement. <i>Acad Pediatr</i> . 2014;14(2 Suppl):S38-S54. https://www.academicpedsjnl.net/article/S1876-2859(13)00333-1/fulltext . 2021.



Professionalism 1: Professional Behavior and Ethical Principles Overall Intent: To recognize and address lapses as well as opportunities to improve ethical and professional behavior	
Milestones	Examples
Level 1 Identifies and describes potential triggers for professionalism lapses	Recognizes signs of fatigue and impact on appropriate and timely completion of responsibilities
Demonstrates knowledge of ethical principles (e.g., informed consent, advance directives, confidentiality, patient autonomy, equity)	Discusses the basic principles underlying ethics (beneficence, nonmaleficence, justice, autonomy) and professionalism (professional values and commitments), and how they apply in various situations (e.g., informed consent process)
Level 2 Demonstrates insight into professional behavior in routine situations	 Acknowledges a lapse without becoming defensive, making excuses, or blaming others Apologizes for the lapse when appropriate and takes steps to make amends if needed Articulates strategies for preventing similar lapses in the future
Applies knowledge of ethical principles to routine situations	Respects patient autonomy in discussion about decision making for a primary prevention implantable cardioverter defibrillator
Level 3 Demonstrates professional behavior in complex or stressful situations	Behaves respectfully and calmly during an interaction between the health care team and a distraught or angry family member
Recognizes need to seek help in managing and resolving complex ethical situations	Recognizes own limitations and seeks resources to help manage and resolve complex ethical situations such as cessation of implantable device therapy
Level 4 Recognizes situations that may trigger	Models respect for patients and expects the same from others
professionalism lapses and intervenes to prevent lapses in oneself and others	Successfully leads a difficult conversation between the health care team and a distraught or angry family member
Uses appropriate resources for managing and resolving ethical dilemmas (e.g., ethics	Outlines and responds to possible ethical issues when writing and submitting an Institutional Review Board proposal
consultations, risk management)	Anticipates the need to seek additional resources to prevent ethical dilemmas
Level 5 Coaches others when their behavior fails to meet professional expectations	Seeks opportunities to provide appropriate feedback on professionalism to other members of the health care team
Identifies and seeks to address system-level factors that induce or exacerbate ethical problems or impede their resolution	Engages in system-wide efforts to improve professionalism through participation in a work group, committee, or task force
Assessment Models or Tools	Direct observation
	Multisource feedback

	 Oral or written self-reflection (e.g., of a personal or observed lapse, ethical dilemma, or systems-level factors) Simulation
Curriculum Mapping	•
Notes or Resources	 ABIM Foundation, ACP-ASIM Foundation, European Federation of Internal Medicine. Medical professionalism in the new millennium: A physician charter. <i>Annals of Internal Medicine</i>. 2002;136(3):243-246. https://annals.org/aim/fullarticle/474090/medical-professionalism-new-millennium-physician-charter. 2021. American Medical Association. Ethics. https://www.ama-assn.org/delivering-care/ama-code-medical-ethics. 2021. Bynny RL, Paauw DS, Papadakis MA, Pfeil S, Alpha Omega Alpha. <i>Medical Professionalism Best Practices: Professionalism in the Modern Era</i>. Menlo Park, CA: Alpha Omega Alpha Honor Medical Society; 2017. http://alphaomegaalpha.org/pdfs/Monograph2018.pdf. 2021. Domen RE, Johnson K, Conran RM, et al. Professionalism in pathology: A case-based approach as a potential education tool. <i>Arch Pathol Lab Med</i>. 2017;141(2):215-219. https://www.archivesofpathology.org/doi/10.5858/arpa.2016-0217-CP?url ver=Z39.88-2003𝔯 id=ori:rid:crossref.org𝔯 dat=cr pub%3dpubmed. 2021. Levinson W, Ginsburg S, Hafferty FW, Lucey CR. <i>Understanding Medical Professionalism</i>. 1st ed. New York, NY: McGraw-Hill Education; 2014. https://accessmedicine.mhmedical.com/book.aspx?bookID=1058. 2021.

Professionalism 2: Accountability		
Overall Intent: To take responsibility for one's own actions and the impact on patients and other members of the health care team, as well		
as recognizes and manages potential conflicts of interest Milestones Examples		
Level 1 Takes responsibility for failure to complete tasks and responsibilities, identifies potential contributing factors, and describes strategies for ensuring timely task completion in the future	Responds promptly to reminders from program administrator to complete procedure and work hour logs, and sets calendar reminders to submit	
Recognizes the principles of conflict of interest in relationships with industry and other entities	Understands the potential conflict of interests in relationships with pharmaceutical and device companies	
Level 2 Performs tasks and responsibilities in a timely manner with appropriate attention to detail in routine situations	Completes procedure notes and post-procedure orders before leaving the catheterization lab	
Recognizes personal potential conflicts with industry	Understands that receiving books and other educational resources from pharmaceutical and device companies may lead to a conflict of interest	
Level 3 Performs tasks and responsibilities in a timely manner with appropriate attention to detail in complex or stressful situations	Appropriately communicates events and recommendations for care following an emergent procedure	
Seeks assistance in managing personal relationships with industry and other entities to minimize bias and undue influence in practice	 In collaboration with peers and supervisors, reviews and critiques promotional materials provided by pharmaceutical and device representatives Follows institutional policies regarding relationships with industry 	
Level 4 Recognizes situations that may impact others' ability to complete tasks and responsibilities in a timely manner	Takes responsibility for timely coordination of all parties involved in a complex catheterization procedure	
Identifies, discloses, and manages relationships with industry and other entities to minimize bias and undue influence in practice	Independently reviews and critiques promotional materials provided by pharmaceutical and device representatives	
Level 5 Engages with the system to improve outcomes	Identifies and addresses team/system issues that impede efficient completion of patient care tasks (e.g., setting up a meeting with the nurse manager to streamline patient discharges)	
Assessment Models or Tools	Compliance with deadlines and timelines	
	Direct observation	

	Multisource feedback Self-evaluations and reflective tools	
Curriculum Mapping	•	
Notes or Resources	 Code of conduct from fellow/resident institutional manual Expectations of residency program regarding accountability and professionalism O'Gara PT, Ness DL, Harold JG. Medical professionalism and the American College of Cardiology. <i>JACC CardioOncol</i>. 2015;65(5):503-506. https://www.onlinejacc.org/content/65/5/503. 2021. 	

Professionalism 3: Self-Awareness and Well-Being Overall Intent: To identify, use, manage, improve, and seek help for personal and professional well-being for self and others **Milestones Examples** Level 1 Recognizes the importance of personal · Schedules time for self-care and professional well-being Level 2 Independently recognizes status of • Identifies signs of burnout and recognizes that institutional resources are available personal and professional well-being Level 3 With assistance, proposes a plan to • Uses digital tools to address sources of burnout optimize personal and professional well-being. including identification of available resources Level 4 Independently develops a plan using • Independently uses institutional resources to develop action plans for continued personal available resources to optimize personal and and professional growth and limit stress and burnout professional well-being Level 5 Participates in a system change to • Mentors patients and colleagues in self-awareness and establishes health management improve well-being in oneself and others plans to limit stress and burnout Assessment Models or Tools Direct observation Group interview or discussions for team activities Individual interview Institutional online training modules • Participation in institutional well-being programs • Self-assessment and personal learning plan **Curriculum Mapping** Notes or Resources • This subcompetency is not intended to evaluate a fellow's well-being. Rather, the intent is to ensure that each fellow has the fundamental knowledge of factors that affect wellbeing, the mechanisms by which those factors affect well-being, and available resources and tools to improve well-being. • ACGME. Tools and Resources. https://www.acgme.org/What-We-Do/Initiatives/Physician-Well-Being/Resources. 2021. • Hicks PJ, Schumacher D, Guralnick S, Carraccio C, Burke AE. Domain of competence: Personal and professional development. Acad Pediatr. 2014;14(2 Suppl):S80-97. https://www.academicpedsjnl.net/article/S1876-2859(13)00332-X/fulltext. 2021. • Local resources, including Employee Assistance Plan (EAP)

· · · · · · · · · · · · · · · · · · ·	Interpersonal and Communication Skills 1: Patient- and Family-Centered Communication	
Overall Intent: To use language and behaviors to form constructive relationships with patients, identifies communication barriers including		
self-reflection on personal biases, and minimizes them in the doctor-patient relationships; to organize and lead communication around shared decision making		
Milestones	Examples	
Level 1 Demonstrates respect and establishes	Self-monitors and controls tone, non-verbal responses, and language	
rapport in patient encounters	Asks questions to invite patient/family participation	
Knows barriers to effective communication (e.g., language, disability, health literacy, cultural differences, personal bias)	Lists health literacy as a common communication barrier	
Identifies the need to adjust communication strategies to succeed in shared decision making	Avoids medical jargon when talking to patients	
Level 2 Establishes a therapeutic relationship in routine patient encounters	Develops a professional relationship with patients/families, with active listening and attention to communication barriers in patient and family encounters	
Identifies barriers to effective communication in patient encounters	Schedules interpreter to be present during patient and family meeting when English is not the patient's preferred language	
Organizes and initiates communication with patients and their families to facilitate shared decision making	Takes the lead in organizing a meeting time and agenda with the patient, family, and consulting teams; begins the meeting, reassessing patient and family understanding	
Level 3 With guidance, establishes a therapeutic relationship in challenging patient encounters	Identifies how personal biases may impact the patient-doctor relationship Defuses anger of unhappy patient with some attending assistance	
Attempts to minimize communication barriers, including reflection on any personal biases	Reflects on implicit biases when prompted	
With guidance, uses shared decision making to implement a personalized care plan	Elicits what is most important to the patient and family, and acknowledges uncertainty in the medical complexity and prognosis	
Level 4 Independently establishes a therapeutic relationship in challenging patient encounters	Navigates a challenging therapeutic relationship when patient and family have conflicting priorities	
Proactively minimizes communication barriers and independently manages personal biases	Identifies a bias against patients who do not address their modifiable risk factors	

Independently uses shared decision making to implement a personalized care plan	• Engages in shared decision making with the patient and family members of an elderly patient who declines a pacemaker	
Level 5 Mentors others in situational awareness and critical self-reflection to consistently develop positive therapeutic relationships	Develops a workshop for colleagues in self-awareness and reflection to improve therapeutic relationships with patients	
Role models self-awareness to minimize communication barriers	Role models proactive self-awareness and reflection around explicit and implicit biases with a context specific approach to mitigate communication barriers	
Role models shared decision making	Is an example to others of leading shared decision making to arrive at consensus	
Assessment Models or Tools	Direct observation	
	Multisource feedback	
	Self-assessment including self-reflection exercises	
	Standardized patients or structured case discussions	
Curriculum Mapping	•	
Notes or Resources	 Braddock CH III, Edwards KA, Hasenberg NM, Laidley TL, Levinson W. Informed decision making in outpatient practice: Time to get back to basics. <i>JAMA</i>. 1999;282(24):2313-2320. https://jamanetwork.com/journals/jama/fullarticle/192233. 2021. Laidlaw A, Hart J. Communication skills: an essential component of medical curricula. Part I: Assessment of clinical communication: AMEE Guide No. 51. <i>Med Teach</i>. 2011;33(1):6-8. https://www.researchgate.net/publication/49706184. Communication skills. An essential component of medical curricula Part I Assessment of clinical communication AMEE Guide No. 511. 2021. Lane JL, Gottlieb RP. Structured clinical observations: A method to teach clinical skills with limited time and financial resources. <i>Pediatrics</i>. 2000;105(4 Pt 2):973-977. https://www.ncbi.nlm.nih.gov/pubmed/10742358. 2021. Makoul G. Essential elements of communication in medical encounters: The Kalamazoo consensus statement. <i>Acad Med</i>. 2001;76(4):390-393. https://www.researchgate.net/publication/264544600 Essential elements of communication in medical encounters. The Kalamazoo Consensus Statement. 2021. Makoul G. The SEGUE Framework for teaching and assessing communication skills. <i>Patient Educ Couns</i>. 2001;45(1):23-34. https://www.researchgate.net/publication/11748796. The SEGUE Framework for teaching and assessing communication skills. 2021. 	

• Symons AB, Swanson A, McGuigan D, Orrange S, Akl EA. A tool for self-assessment of	
communication skills and professionalism in residents. <i>BMC Med Educ</i> . 2009;9:1.	
https://bmcmededuc.biomedcentral.com/articles/10.1186/1472-6920-9-1. 2021.	

Interpersonal and Communication Skills 2: Interprofessional and Team Communication Overall Intent: To effectively communicate with the health care team, including consultants, in both routine and complex situations **Milestones Examples** Level 1 Respectfully receives a consultation Shows respect through words and actions when receiving calls for assistance request Uses language that values all members of the • Uses respectful communication in all interactions health care team • Listens to and considers others' points of view, is nonjudgmental and actively engaged. and demonstrates humility • Communicates clearly and concisely in an organized and timely manner during consultant Level 2 With direct supervision, respectfully and thoroughly completes consultations with encounters, as well as with the health care team in general effective documentation and communication in common cases Communicates information effectively with all • Uses clear, concise, organized, and timely oral and written communication health care team members Participates in team-based discussions to Participates in multidisciplinary discussions to advance patient care plans optimize team performance Level 3 With indirect supervision, completes • Performs consult for a patient with Fontan palliation and communicates recommendations consultations with effective documentation and to the team with oversight communication in common cases Adapts communication style to fit team needs • Uses respectful strategies to assess understanding of the consultation question Initiates team-based discussions to optimize • Arranges and facilitates multidisciplinary discussions regarding treatment team performance Level 4 Completes consultations with effective Performs detailed consult and ensures management for a patient with failing Fontan in the documentation and communication in complex critical care unit cases Coordinates recommendations from different • Communicates recommendations effectively and in a timely manner with primary care and members of the health care team to optimize other referring or collaborating members of the health care team, coordinates with cardiac catheterization lab on procedural timing patient care

Facilitates team-based discussions to optimize team performance	Arranges and contributes to multidisciplinary discussions regarding treatment for complex cases	
Level 5 Role models flexible communication	Includes evidence-based references when completing consultation notes	
strategies that value input from all health care team members, resolving conflict when needed	Guides others in organizing effective team meetings to resolve conflict	
Facilitates regular health care team-based	Organizes debrief after an unexpected patient death	
feedback in complex situations	Respectfully provides feedback to more junior members of the medical team for the purposes of improvement or reinforcement of correct knowledge, skills, and attitude	
Assessment Models or Tools	Direct observation	
	Medical record (chart) review	
	Multisource feedback	
	Simulation	
Curriculum Mapping	•	
Notes or Resources	 Braddock CH III, Edwards KA, Hasenberg NM, Laidley TL, Levinson W. Informed decision making in outpatient practice: Time to get back to basics. <i>JAMA</i>. 1999;282(24):2313-2320. https://jamanetwork.com/journals/jama/fullarticle/192233. 2021. Dehon E, Simpson K, Fowler D, Jones A. Development of the faculty 360. <i>MedEdPORTAL</i>. 2015;11:10174. https://www.mededportal.org/publication/10174/. 2021. Fay D, Mazzone M, Douglas L, Ambuel B. A validated, behavior-based evaluation instrument for family medicine residents. <i>MedEdPORTAL</i>. 2007. https://www.mededportal.org/publication/622/. 2021. François J. Tool to assess the quality of consultation and referral request letters in family medicine. <i>Can Fam Physician</i>. 2011;57(5):574–575. https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3093595/. 2021. Green M, Parrott T, Cook G. Improving your communication skills. <i>BMJ</i>. 2012;344:e357. https://www.bmj.com/content/344/bmj.e357. 2021. Henry SG, Holmboe ES, Frankel RM. Evidence-based competencies for improving communication skills in graduate medical education: a review with suggestions for implementation. <i>Med Teach</i>. 2013;35(5):395-403. https://www.tandfonline.com/doi/full/10.3109/0142159X.2013.769677. 2021. Lane JL, Gottlieb RP. Structured clinical observations: A method to teach clinical skills with limited time and financial resources. <i>Pediatrics</i>. 2000;105(4 Pt 2):973-977. https://www.ncbi.nlm.nih.gov/pubmed/10742358. 2021. 	

Interpersonal and Communication Skills 3: Communication within Health Care Systems Overall Intent: To effectively communicate using a variety of methods		
C vorall ment. To one ouvery communicate using a variety of methods		
Milestones	Examples	
Level 1 Accurately records information in the patient record and safeguards patients' personal health information	 Notes are accurate but may lack organization and include extraneous information Shreds patient notes after rounding as one method of maintaining Health Insurance Portability and Accountability Act (HIPAA) compliance 	
Level 2 Demonstrates organized diagnostic and therapeutic reasoning through notes in the patient record	Notes are organized and accurate but may still contain extraneous information	
Identifies appropriate communication channels (e.g., cell phone/pager, medical record, email) as required by institutional policy	Identifies proper methods for sharing results needing urgent attention	
Level 3 Concisely reports diagnostic and therapeutic reasoning in the patient record	Documentation is accurate, organized, and concise, but may not consistently contain anticipatory guidance	
Respectfully communicates concerns about the system	Communicates opportunities for EHR interface improvement	
Level 4 Independently communicates timely information in a written format and verbally when	Writes a clear and concise note that includes anticipatory guidance and verbally transmits critical information to a colleague	
appropriate	Knows when to call the treating team about unexpected or critical findings of clinical significance	
Uses appropriate channels to offer clear and constructive suggestions to improve the system	Participates in house staff QI committee to update policy for anticoagulation for cardioversion	
	Recognizes when a communication breakdown has happened and respectfully brings the issue to the attention of the attending	
Level 5 Models written communication to improve others' performance	Leads a task force established by the hospital QI committee to develop a plan to improve house staff hand-offs	
Guides departmental or institutional communication around policies and procedures	Teaches colleagues how to improve discharge summaries	
Assessment Models or Tools	Direct observation	
	Medical record (chart) review	
	Multisource feedback	
Curriculum Mapping		

Notes or Resources	Bierman JA, Hufmeyer KK, Liss DT, Weaver AC, Heiman HL. Promoting responsible
	electronic documentation: validity evidence for a checklist to assess progress notes in the
	electronic health record. <i>Teach Learn Med.</i> 2017;29(4):420-432.
	https://www.tandfonline.com/doi/full/10.1080/10401334.2017.1303385. 2021.
	Haig KM, Sutton S, Whittington J. SBAR: A shared mental model for improving
	communication between clinicians. <i>Jt Comm J Qual Patient Saf.</i> 2006;32(3)167-175.
	https://www.ncbi.nlm.nih.gov/pubmed/16617948. 2021.
	• Starmer AJ, Spector ND, Srivastava R, et al. I-PASS, a mnemonic to standardize verbal
	handoffs. <i>Pediatrics</i> . 2012;129(2):201-204. https://ipassinstitute.com/wp-
	content/uploads/2016/06/I-PASS-mnemonic.pdf. 2021.

Interpersonal and Communication Skills 4: Complex Communication Around Serious Illness		
Overall Intent: To sensitively and effectively communicate about serious illness with patients and their families/caregivers, promoting shared		
decision making and assessing the evolving impact on all involved		
Milestones Level 1 Identifies communication about	Examples Description in the property of a communication p	
prognosis as a key element for shared decision making	Recognizes importance of communicating prognosis to permit shared decision making but unable to do so independently	
Identifies the need to assess the patient's/patient's family's expectations and understanding of their health status and treatment options	Values assessing patient/family understanding of health status and expectations but unable to consistently do so independently	
Level 2 Assesses the patient's family's/caregiver's prognostic awareness and identifies preferences for receiving prognostic information	Using open-ended questions, can determine a patient's/family's prognostic awareness and discuss patient/family preferences for how communication about prognosis should occur	
Facilitates communication with the patient/patient's family by introducing stakeholders, setting the agenda, clarifying expectations, and verifying an understanding of the clinical situation	Begins a family meeting for a patient with acute respiratory distress syndrome by asking the patient/family what they understand about their clinical condition	
Level 3 Delivers prognostic information and attends to emotional responses of patients and patients' families/caregivers	Consistently responds to emotion in conversations by using NURSE (Name, Understand, Respect, Support, Explore) statements and deliberate silence	
Sensitively and compassionately delivers medical information; elicits the patient's/patient's family's values, goals, and preferences; acknowledges uncertainty and conflict, with guidance	With a shared understanding of their medical condition, asks patients and families what is most important to them	
Level 4 Tailors communication of prognosis according to disease characteristics and trajectory, patient consent, patient's family's needs, and medical uncertainty, and addresses emotional response	 Adjusts communication with family/caregivers to address uncertainty and conflicting prognostic estimates after a cardiac event Run a family meeting with more complex emotions, family dynamics 	

Independently uses shared decision making to align the patient's/patient's family's values, goals, and preferences with treatment options to make a personalized care plan in situations with a high degree of uncertainty and conflict	Independently develops and provides a recommendation for a time-limited trial of ventilator support for a patient with acute cardiac decompensation, in the context of conflicting patient and family goals
Level 5 Coaches others in the communication of prognostic information	Develops a simulation module to teach communication of prognosis
Coaches shared decision making in communication with the patient's/patient's family	Develops a role play to teach shared decision making
Assessment Models or Tools	Direct observationObjective structured clinical examination
Curriculum Mapping	•
Notes or Resources	 Back A, Arnold R, Tulsky J. Mastering Communication with Seriously III Patients. Cambridge: Cambridge University Press, 2009. ISBN:978-0521706186. Back A, Arnold R, Baile W, Tulskey J, Fryer-Edwards K. Approaching difficult communication tasks in oncology. CA Cancer J Clin. 2005 May-Jun;55(3):164-77. https://acsjournals.onlinelibrary.wiley.com/doi/full/10.3322/canjclin.55.3.164?sid=nlm%3Apubmed. 2021. Childers J, Back A, Tulsky J, Arnold M. REMAP: A framework for goals of care conversations. J Oncol Pract. 2017 Oct;13(10):e844-e850. https://pubmed.ncbi.nlm.nih.gov/28445100/. 2021. Levetown M. Communicating with children and families: From everyday interactions to skill in conveying distressing information. Pediatrics. 2008; 121(5):e1441-60. https://pubmed.ncbi.nlm.nih.gov/18450887/. 2021. VitalTalk. www.vitaltalk.org. 2021.

To help programs transition to the new version of the Milestones, the ACGME has mapped the original Milestones 1.0 to the new Milestones 2.0. Indicated below are where the subcompetencies are similar between versions. These are not exact matches, but are areas that include similar elements. Not all subcompetencies map between versions. Inclusion or exclusion of any subcompetency does not change the educational value or impact on curriculum or assessment.

Milestones 1.0	Milestones 2.0
PC1: Gathers and synthesizes essential and accurate	PC1: Inpatient Care
information to define each patient's clinical problem(s).	PC2 Outpatient Care
	PC3: Heart Failure Management for Patients with ACHD
PC2: Develops and achieves comprehensive	PC1: Inpatient Care
management plan for each patient.	PC2: Outpatient Care
	PC3: Heart Failure Management for Patients with ACHD
	PC4: Transplant Mechanical Support Care
	PC5: Pregnancy/Contraception
PC3: Manages patients with progressive responsibility and	PC1: Inpatient Care
independence	PC2: Outpatient Care
	PC3: Heart Failure Management for Patients with ACHD
	PC4: Transplant Mechanical Support Care
	PC5: Pregnancy/Contraception
PC4a: Demonstrates skill in performing and interpreting	
invasive procedures	
PC4b; Demonstrates skill in performing and interpreting	PC2: Outpatient Care
non-invasive procedures and/or testing	PC4: Transplant Mechanical Support Care
PC5: Requests and provides consultative care	PC1: Inpatient Care
	PC5: Pregnancy/Contraception
	ICS2: Interprofessional and Team Communication
MICA D	ICS3: Communication within Health Care Systems
MK1: Possesses Clinical knowledge	MK2: Critical Thinking for Diagnosis and Therapy
MK2: Knowledge of diagnostic testing and procedures	MK1: Imaging
MK3: Scholarship	No match
SBP1: Works effectively within an interprofessional team	ICS2: Interprofessional and Team Communication
SBP2: Recognizes system error and advocates for system	SBP1: Patient Safety and Quality Improvement
improvement	
SBP3: Identifies forces that impact the cost of health care,	SBP2: System Navigation for Patient-Centered Care
and advocates for and practices cost-effective care	SBP3: Physician Role in Health Care Systems
SBP4: Transitions patients effectively within and across	SBP2: System Navigation for Patient-Centered Care
health delivery systems	

PBLI1: Monitors practice with a goal for improvement	PBLI2: Reflective Practice and Commitment to Personal Growth
PBLI2: Learns and improves via performance audit	PBLI2: Reflective Practice and Commitment to Personal Growth
PBLI3: Learns and improves via feedback	PBLI2: Reflective Practice and Commitment to Personal Growth
PBLI4: Learns and improves at the point of care	PBLI1: Evidence-Based and Informed Practice
PROF1: Has professional and respectful interactions with	PROF1: Professional Behavior and Ethical Principles
patients, caregivers, and members of the interprofessional	PROF3: Self-Awareness and Well-Being
team	ICS1: Patient- and Family-Centered Communication
	ICS2: Interprofessional and Team Communication
PROF2: Accepts responsibility and follows through on	PROF2: Accountability
tasks	
PROF3: Responds to each patient's unique characteristics	ICS1: Patient- and Family-Centered Communication
and needs	
PROF4: Exhibits integrity and ethical behavior in	PROF1: Professional Behavior and Ethical Principles
professional conduct	
ICS1: Communicates effectively with patients and	ICS1: Patient- and Family-Centered Communication
caregivers	ICS4: Complex Communication Around Serious Illness
ICS2: Communicates effectively in interprofessional teams	ICS2: Interprofessional and Team Communication
ICS3: Appropriate utilization and completion of health	ICS3: Communication within Health Care Systems
records	

Available Milestones Resources

Milestones 2.0: Assessment, Implementation, and Clinical Competency Committees Supplement, new 2021 - https://meridian.allenpress.com/jgme/issue/13/2s

Clinical Competency Committee Guidebook, updated 2020 -

https://www.acgme.org/Portals/0/ACGMEClinicalCompetencyCommitteeGuidebook.pdf?ver=2020-04-16-121941-380

Clinical Competency Committee Guidebook Executive Summaries, new 2020 - https://www.acgme.org/What-We-Do/Accreditation/Milestones/Resources - Guidebooks - Clinical Competency Committee Guidebook Executive Summaries

Milestones Guidebook, updated 2020 - https://www.acgme.org/Portals/0/MilestonesGuidebook.pdf?ver=2020-06-11-100958-330

Milestones Guidebook for Residents and Fellows, updated 2020 -

https://www.acgme.org/Portals/0/PDFs/Milestones/MilestonesGuidebookforResidentsFellows.pdf?ver=2020-05-08-150234-750

Milestones for Residents and Fellows PowerPoint, new 2020 - https://www.acgme.org/Residents-and-Fellows/The-ACGME-for-Residents-and-Fellows

Milestones for Residents and Fellows Flyer, new 2020 https://www.acgme.org/Portals/0/PDFs/Milestones/ResidentFlyer.pdf

Implementation Guidebook, new 2020 - https://www.acgme.org/Portals/0/Milestones%20Implementation%202020.pdf?ver=2020-05-20-152402-013

Assessment Guidebook, new 2020 -

https://www.acgme.org/Portals/0/PDFs/Milestones/Guidebooks/AssessmentGuidebook.pdf?ver=2020-11-18-155141-527

Milestones National Report, updated each Fall -

https://www.acgme.org/Portals/0/PDFs/Milestones/2019MilestonesNationalReportFinal.pdf?ver=2019-09-30-110837-587 (2019)

Milestones Bibliography, updated twice each year -

https://www.acgme.org/Portals/0/PDFs/Milestones/MilestonesBibliography.pdf?ver=2020-08-19-153536-447

Developing Faculty Competencies in Assessment courses - https://www.acgme.org/Meetings-and-Educational-Activities/Other-Educational-Activities/Courses-and-Workshops/Developing-Faculty-Competencies-in-Assessment

Assessment Tool: Direct Observation of Clinical Care (DOCC) - https://dl.acgme.org/pages/assessment

Assessment Tool: <u>Teamwork Effectiveness Assessment Module</u> (TEAM) - <u>https://dl.acgme.org/pages/assessment</u>

Learn at ACGME has several courses on Assessment and Milestones - https://dl.acgme.org/