

# $\begin{array}{c} \text{ACGME} \\ \text{WORKSHOPS and COURSES} \\ \begin{array}{c} 2023 \\ \end{array} \end{array}$

## LEADERSHIP SKILLS TRAINING PROGRAM FOR CHIEF RESIDENTS EIGHT WORKSHOPS IN TWO LOCATIONS AND DATES

## 2023 SPRING DATES

#### Chicago, Illinois

ACGME Offices 401 North Michigan Avenue Suite 2000 The ACGME offices are near to the hotel reserved for the course.

March 2-4, 2023 Registration Deadline February 1 March 6-8, 2023 Registration Deadline February 1 March 29-31, 2023 Registration Deadline: February 28 May 10-12, 2023 Registration Deadline: April 8 May 22-24, 2023 Registration Deadline: April 21 May 31-June 2, 2023

#### Philadelphia, Pennsylvania

**Registration Deadline: April 29** 

Course will be held in hotel reserved for the course.

#### April 24-26, 2023

Registration Deadline: March 22 June 12-14, 2023 Registration Deadline: May 11

#### Workshop Overview

The Leadership Skills Training Program introduces models of leadership that provide a transitional experience into the role of chief resident. The experiential workshops consist of smallgroup sessions and exercises offering incoming chief residents the tools, skills, and learning environment to enhance their understanding of interpersonal communication and group dynamics, including skills critical to success and satisfaction as both a clinician and leader. **Dress during the course is casual.** 

#### **Workshop Faculty Members**

#### Maureen G. Leffler, DO, MPH

Course Director, ACGME Leadership Skills Training Program for Chief Residents Chief Wellness Officer, Nemours Health System

#### Rita Lee, MD

Professor, Division of General Internal Medicine, University of Colorado School of Medicine (UCSM)Director, Health Systems Science and Health Equity, UCSMDirector, Health Equity Education and Training, Anschutz Medical Campus

#### Matthew R. G. Taylor MD, PhD

Director, Adult Clinical Genetics, Department of Medicine Director, BA/BS-MD Program to promote diversity of medical professionals practicing medicine in Colorado University of Colorado Anschutz Medical Campus

#### Jason S. Williams, PsyD

Clinical Director Director of Training, Children's Hospital Colorado Anschutz Medical Campus, School of Medicine, Psychiatry

#### Nichole G. Zehnder, MD

Associate Professor, Department of Medicine and Associate Dean, Educational Strategy, Washington University School of Medicine



## **Daily Agenda**

## 7:30-8:30 a.m. - Registration sign-in and breakfast

\*\*breaks and lunches provided\*\*

## DAY 1, 8:30 a.m.-5:00 p.m.

#### **Orientation to the Diverse Leadership Roles and Challenges of Chief Residency**

**Objective:** Recognize the unique challenges faced by chief residents and identify the ideal skill sets useful for success in this role

#### **Discovering your Personal Leadership Strengths and Weaknesses**

**Objective:** Increase individual and group awareness of one's own and others' personalities and diversity and learn to manage oneself more effectively in a leadership role.

## DAY 2, 8:30 a.m.-5:00 p.m.

#### **Diversity, Equity, and Inclusion**

**Objective:** Understand how our own backgrounds affect us as leaders and develop skills to manage the complexity of the issue at both the individual and group levels.

#### **Dynamics of Group Function**

**Objective:** Learn how group dynamics play a major role in the effectiveness of a group at maintaining cohesion to achieve its goals.

### DAY 3, 8:30 a.m.-3:00 p.m.

#### **Conflict and Power Dynamics in Hierarchical Organizations**

**Objective:** Learn and practice different styles of conflict management and increase awareness of personal skills and weaknesses in this area; analyze your own experiences as a chief resident and how they relate to power dynamics and behaviors, optimizing your efficacy as a leader and ability to work with hospital administrators

#### **Individual and Programmatic Well-Being**

**Objective:** Increase ability to recognize patterns of emotional response to personal and professional rough spots, identify strategies to promote engagement and reduce potential for burnout, and build resilience within oneself and one's program.

#### **Change Project and Professional Support Network**

**Objective:** Through direct application of the material covered throughout the course, Chiefs will define a specific change project, analyze the complexity of the project, and draft an approach to implementing this change and define the specific support network needed to succeed in the role of Chief Resident.



# ACGME 2023 WORKSHOPS and COURSES

## **Registration Information**

**Registration is limited and must be completed online with payment.** The registration fee of **\$1,045** includes breakfast, lunch, and breaks for each conference day; a reception on the first conference day; and all workshop materials. **Credit card payment is required**, and registration confirmation will be sent via email immediately upon submission of payment.

NOTE: Pending registrations will be canceled if payment is not received by the registration deadline.

DO NOT MAKE TRAVEL OR HOTEL RESERVATIONS UNTIL CONFIRMATION OF ACCEPTANCE IS RECEIVED.

#### **Cancellation and Refund Policies**

A full refund will be given until 30 days prior to the program date. Cancellations requested less than 30 days before a scheduled workshop will incur a \$125 administrative fee. No refunds will be made for cancellations made seven days or less before a workshop. *If the ACGME cancels a program, registrants will receive a full refund of the registration fee.* **No refund for airfare or hotel costs will be provided by the ACGME.** 

Email **content questions** to ACGME Training Program Administrator Ann M. Riley: <u>ariley@acgme.org</u>.

Email registration questions to registration@acgme.org.



## ACGME 2023 WORKSHOPS and COURSES

### **Hotel Accommodations**

Hotel accommodations should be made **after** confirmation of acceptance to the program. **The ACGME has reserved a block of rooms at each hotel below for arrival the night prior to program start.** Rooms are available on a first-come, first-served basis. To receive the course rate, participants must indicate they are an ACGME program participant, as indicated below. Chicago hotel details are in blue; Philadelphia hotel details are in pink.

PROGRAM DATES	HOTEL INFORMATION
March 2-4, 2023 Chicago Reserve by February 1 Single/Double Rate: \$179++	The Intercontinental Hotel, 505 North Michigan Avenue Reserve a Room: Chief Residents Workshop Block Code SAS
March 6-8, 2023 Chicago Reserve by February 1 Single/Double Rate: \$179++	The Intercontinental Hotel, 505 N. Michigan Avenue Reserve a Room: <u>Chief Residents Workshop Block Code SAN</u>
March 29-31, 2023 Chicago Reserve by February 28 Single/Double Rate: \$179++	The Intercontinental Hotel, 505 North Michigan Avenue Reserve a Room: <u>Chief Residents Workshop Block Code SAO</u>
<b>April 24-26, 2023</b> Philadelphia Reserve by March 22 Single/Double Rate: \$ 199++	Hilton Philadelphia Penn's Landing, 201 South Columbus Boulevard Reserve a Room: <u>Chief Residents Workshop</u>
<b>May 10-12, 2023</b> Chicago Reserve by April 8 Single/Double Rate: \$259++	The Intercontinental Hotel, 505 North Michigan Avenue Reserve a Room: <u>Chief Residents Workshop Block Code SAP</u>
May 22-24, 2023 Chicago Reserve by April 21 Single/Double Rate: \$299++	The Intercontinental Hotel, 505 North Michigan Avenue Reserve a Room: <u>Chief Residents Workshop Block Code SAQ</u>
<b>May 31-June 2</b> Chicago Reserve by: April 29 Single/Double Rate \$299++	The Intercontinental Hotel, 505 North Michigan Avenue Reserve a Room: Chief Residents Workshop Block Code SAR
<b>June 12-14</b> Philadelphia Reserve by May 11 Single/Double Rate \$199++	Hilton Philadelphia Penn's Landing, 201 South Columbus Boulevard Reserve a Room: <u>Chief Residents Workshop</u>